

# 2024 - 2025 HCMS Scope and Sequence

Mrs. Shelby Hoover

	1st Quarter	2nd Quarter	3rd Quarter	4th Quarter
<b>Classroom Theme</b>	<p><b>Mindset and Goals</b> Students will learn the importance of a growth mindset and use that mindset to set personal goals. <i>ASCA Standards:</i> B.SMS.1, B.SMS.4, B.SMS.6, B.LS.4, B.LS.1, B.LS.3, B.LS.7 <i>TN Standards:</i> AA1, AA4, AS6, SA1, SS8, SS9</p>	<p><b>Bullying and Harassment</b> Students will learn to distinguish between bullying and harassment and effectively handle each situation. <i>ASCA Standards:</i> B.SS.4, B.SS.5, B.SS.2, B.SS.9 <i>TN Standards:</i> SA3, SK3, SS3, SS5, SS7</p> <p><b>Family Life Curriculum</b> Students will compare and contrast healthy versus unhealthy behaviors. <i>ASCA Standards:</i> B-SMS.1, B-SMS.2B-SS.5 <i>TN Standards:</i> SS9, SS2, CS3, SK2, SS1, SK3, AS7, SS6</p>	<p><b>Managing Relationships and Social Conflict</b> Students learn strategies for developing and maintaining healthy relationships, perspective-taking, and dealing with conflict. <i>ASCA Standards:</i> B.SMS.2, B.SMS.7, B.SS.1, B.SS.2, B.SS.7, B.SS.9 <i>TN Standards:</i> SA2, SA3, SA4, SS2, SS4, SE4</p>	<p><b>6th &amp; 7th - Gear Up for Next Year/Transitions</b> Students will prepare to transition to the next grade level and set goals to be successful.</p> <p><b>8th Grade - High School Readiness</b> Students will prepare to transition to high school and become familiar with new terms and expectations. <i>ASCA Standards:</i> B.LS.2, B.LS.3, B.LS.7, B.LS.9, B.LS.10, B.LS.1 <i>TN Standards:</i> CA1, CA3, CK2, CK3, CS2, CE4</p>

<p><b>Classroom Lesson Topics</b></p>	<ul style="list-style-type: none"> <li>-Who is Mrs. Hoover and Why Guidance?</li> <li>- Who Am I? My Identity</li> <li>- My Interests and Strengths</li> <li>- Pursuing Interests</li> <li>- Creating Goals My Future Self</li> </ul>	<ul style="list-style-type: none"> <li>- Bullying vs. Harassment</li> <li>- What Contributes to Bullying?</li> <li>- Speaking Up Against Bullying</li> <li>- Handling Bullying and Harassment Safely</li> <li>-Suicide Awareness</li> <li>-Anxiety and Stress Management</li> </ul>	<ul style="list-style-type: none"> <li>- Identifying My Values</li> <li>- Values and Relationships</li> <li>- Recognizing Other's Perspective</li> <li>- Finding the Best Solution</li> <li>- Unhealthy Relationships</li> </ul>	<ul style="list-style-type: none"> <li>-Gear up for 7th/8th Grade</li> <li>-How to be successful next year?</li> <li>-Goals for 7th/8th Grade</li> <li>- High School 101</li> <li>- Class Schedules</li> <li>- Credits and Graduation</li> <li>- Career Exploration</li> <li>- High School Challenges</li> <li>- Balancing It All</li> </ul>
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