

APRIL 2024 STARK COUNTY JUNIOR HIGH/HIGH SCHOOL MENU

<p>8 Monday WG Cereal, WG Breakfast Pizza 44g, Fruit, Juice</p> <p>WG Bun 28g, Tenderloin 14g, WG Pepperoni Panini 30g, Salad 30g, Deli Sandwich, Yogurt Meal Corn 16g, Peaches 14g, Fresh Fruit and Veggies</p>	<p>9 Tuesday WG Cereal, WG Toast 12g, Jelly 9g, Cheese Omelet 2g, Fruit, Juice</p> <p>WG Roll 15g, WG Popcorn Chicken, Sweet and Sour Sauce, Deli Sandwich, Salad, Yogurt Meal, WG Chicken Rice, Broccoli w/Cheese, Mandarin Oranges 17g, Fresh Fruit and Veggies</p>	<p>10 Wednesday WG Cereal, Cinnamon Roll 42g, Fruit, Juice</p> <p>WG Bun, 28g BBQ Rib 8g Smoothie Meal, Yogurt Meal, Salad, Deli Sandwich, Green Beans 4g, Tropical Fruit 22g, Fresh Fruit and Veggies</p>	<p>11 Thursday WG Pancakes 37g, Syrup 20g, WG Cereal, Fruit, Juice</p> <p>WG Bun 28g Sloppy Joe 35.64 g Salad, Yogurt Meal, Deli Sandwich, Cheese or Chicken Quesadilla 38g, Romaine 1.5g, Baked Beans 26g, Strawberries and Bananas 15.5g, Fresh Fruit and Veggies</p>	<p>12 Friday WG Cereal, Biscuit 26g, Sausage & Gravy 6g, Fruit or Juice</p> <p>WG Pretzel 72g, Baked Potato 37 g with Ham and Cheese 4g Deli Sandwich, Salad, Yogurt Meal, Carrots 6g, Rosy Applesauce 22g, Sidekick 23g, Fresh Fruit and Veggies</p>
<p>15 Monday WG Poptart, WG Cereal, Fruit, Juice</p> <p>WG Bun 28g, Bacon Cheeseburger 5g, WG Pepperoni Panini 30g, Salad 30g, Deli Sandwich, Yogurt Meal Green Beans 4g, Pears 16g, Fresh Fruit and Veggies</p>	<p>16 Tuesday WG Cereal, WG French Toast 57g, Syrup 20g, Juice, Fruit</p> <p>WG Pizza 32g, Salad, Deli Sandwich, Yogurt Meal, Carrots 6g, Peas 11g, Cinnamon Applesauce 26 g, Fresh Fruit and Veggies</p>	<p>17 Wednesday WG Cereal, Muffin 44 g, Fruit, Juice</p> <p>WG Bun 28g, WG Chicken Patty 16g, Smoothie Meal, Deli Sandwich, Salad, Yogurt Meal, Broccoli w/Cheese 10g, Mandarin Oranges 17g, Fresh Fruit and Veggies</p>	<p>18 Thursday WG Cereal, Biscuit 26g, Sausage 1g, Egg Patty 1g, Cheese Slice 2g, Fruit, Juice</p> <p>WG Bun 28g, Fish Patty 16g, Salad, Deli Sandwich, Yogurt Meal, Sweet Potato Fries 23g, Corn 16g, Peaches 14g, Fresh Fruit and Veggies</p>	<p>19 Friday WG Donut 33g, WG Cereal, Fruit, Juice</p> <p>Totchos (Tater Tot Nachos 23 g with WG Raspberry Churros 28 g), Deli Sandwich, Yogurt Meal, Salad, Refried Beans 24g, Romaine 1.5g, Pineapple 17g, Bavarian Creme Dessert 10g, Fresh Fruit and Veggies</p>

<p>22 Monday WG Pancake on a Stick 17g, Syrup 20g, , WG Cereal, Fruit, Juice</p> <p>WG Bun22g, Hot Dog 1g or Chili Dog 5g WG Pepperoni Panini 30g, Salad, Deli Sandwich, Yogurt Meal, Oven Potatoes 22g, Mixed Fruit 17g, Fresh Fruit and Veggies</p>	<p>23 Tuesday WG Bagel 38g, Cream Cheese 1g, WG Cereal, Fruit, Juice</p> <p>WG Roll 15g, Pasta Dinner, Deli Sandwich, Salad, Yogurt Meal, Romaine 1.5g, Carrots 6g, Pears 16g, Fresh Fruit and Veggies</p>	<p>24 Wednesday WG English Muffin 21g, Egg Patty 1g, Cheese Slice 2g, WG Cereal, Fruit, Juice</p> <p>Early Dismissal at 11:00 am Sack lunch- WG PB&J, WG Chips, Fresh Fruit and Veggie</p>	<p>25 Thursday WG Cereal, WG Waffle 24 g, Syrup 20g, Fruit, Juice</p> <p>WG Pizza Crunchers 8=82g, Deli Sandwich, Yogurt Meal, Salad, Cheese or Chicken Quesadilla 38g, Green Beans 4g, Marinara Sauce 7g, Rosy Applesauce 22g, Fresh Fruit and Veggies</p>	<p>26 Friday WG Cereal, WG Breakfast Pizza 44g, Fruit, Juice</p> <p>WG Chili Crispito 23g ea, Deli Sandwich, Salad, Yogurt Meal, Romaine 1.5g, Refried Beans 24g, Tropical Fruit 21g, Jello w/Whip Topping, Fresh Fruit and Veggies</p>
<p>29 Monday WG Breakfast Bar, WG Cereal, Fruit, Juice</p> <p>WG Bosco Sticks 14g each, Beef Ravioli 36g, WG Pepperoni Panini 30g, Salad, Deli Sandwich, Yogurt Meal, Green Beans 4g, Pineapple 17g, Fresh Fruit and Veggies</p>	<p>30 Tuesday WG Cereal, WG Bagel, Cream Cheese, Fruit, Juice</p> <p>WG Pretzel 72g, Cheese Sauce 4 gm WG Chicken Strips 22g, Deli Sandwich, Salad, Yogurt Meal, Corn 16g, Rosy Applesauce 22g, Fresh Fruit and Veggies</p>	<p>Cereal- Marsh Matey-22g, Cinnamon Toasters 24g, Honey Graham 22g Juice- Apple 13 g, Fruit Punch 14 g, OF 13 g, Grape 19g Poptart- Strawberry- 75g, Cinnamon 73 g, Blueberry 72 g</p>	<p>Ranch Dressing, French Dressing, Ketchup. Mustard and BBQ Sauce are offered at Lunch</p>	
<p>Breakfast starts at 7:30-8:00 a.m. Everyday</p>	<p>Breakfast is offer vs serve. Students must take 3 of 4 items served. Lunch is also offer vs serve. students must take 3 of 5 items served and 1 item must be ½ cup of fruit of veggies</p>	<p>#ALLIN</p> <p><i>Stark County District 100 Home of Pride and Excellence</i></p> <p>“Can’t Stop, Won’t Stop”</p>	<p>Menu are Subject to Change</p> <p>Mashed Potatoes contain sulfates and can cause allergic reactions.</p> <p>MILK -1% White, 1% Chocolate, 1% Strawberry are offered at all meals.</p>	<p>A Plant Based Meal is offered everyday.</p>

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