




# NOVEMBER | 2021

## WC Primary Breakfast and Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> BREAKFAST: Poptart Kit LUNCH: Quesadilla - Refried Bean - Corn - Fruit	<b>2</b> BREAKFAST: Mini Bagels LUNCH: Mac & Cheese - Green Beans - Steam Carrots - Roll - Fruit	<b>3</b> BREAKFAST: Sausage & Biscuit LUNCH: Cheeseburger w/Bun - French Fries - Lettuce - Tomato - Pickles - Fruit	<b>4</b> BREAKFAST: Cocoa Puff Kit LUNCH: Chicken Spaghetti - Salad - Lima Beans - Garlic Bread - Fruit	<b>5</b> BREAKFAST: Banana Bread LUNCH: Pizza Roll Up w/Marinara - Tater Tots - Celery & Carrots w/dip - Fruit
<b>8</b> BREAKFAST: Cinnamon Toast Cereal Kit LUNCH: BBQ Chicken w/Bun - French Fries - Bake Beans - Fruit	<b>9</b> BREAKFAST: Mini Bagels LUNCH: Meatballs - Cream Potatoes - Green Peas - Roll - Fruit	<b>10</b> BREAKFAST: Breakfast Pizza LUNCH: Pork Choppette - Steam Brocoli - Blackeye Pea - Biscuit - Fruit	<b>11</b> BREAKFAST: Lucky Charm Kit LUNCH: Popcorn Chicken - Potato Wedges - Green Beans - Roll - Fruit	<b>12</b> BREAKFAST: Donuts LUNCH: Pizza - Romaine Salad - Fruit
<b>15</b> BREAKFAST: Blueberry Muffins LUNCH: Chili - French Fries - Carrots w/dip - Cheese Stick - Fruit	<b>16</b> BREAKFAST: Fruit Loop Cereal Kit LUNCH: Chicken Cheese Rice - Black Beans - Corn - Queso - Tortilla Chips - Fruit	<b>17</b> BREAKFAST: Cinnamon Bun LUNCH: Goulash - 1/2 Bake Potato - Lima Beans - Corn - Bread - Fruit	<b>18</b> BREAKFAST: Chicken & Biscuit LUNCH: Corn Dogs - Tater Tots - Bake Beans - Fruit	<b>19</b> BREAKFAST: Mini Pancake Wrap LUNCH: Turkey & Dressing - Cream Potato - Green Beans - Fruit
<b>22</b> BREAKFAST: Lucky Charm Cereal Kit LUNCH: Chicken Tenders - Cheesy Potatoes - Green Beans - Roll - Fruit	<b>23</b> BREAKFAST: Mini Waffles LUNCH: Pizza - Corn - Carrots w/Dip - Fruit	<b>24</b> 	<b>25</b> 	<b>26</b> 
<b>29</b> BREAKFAST: Poptart Kit LUNCH: Hot Dog w/Bun - Tater Tots - Bake Beans - Fruit	<b>30</b> BREAKFAST: Mini Bagels LUNCH: Poppy Seed Chicken - Steam Broccoli - Corn - Fruit	<b>1</b>	<b>2</b>	<b>3</b>

### Choice of Milk Served

#### Daily

*FF Chocolate*  
*1% Low Fat White*  
*FF Skim*

#### Offered Daily

BREAKFAST: Cereal,  
Fruit & Juice

### Condiments Served upon request

Ketchup, Mustard,  
Mayo, Honey Mustard  
& Ranch



*This institution is an equal opportunity provider.*