



**GHOLSON ISD**  
**MARCH 2023 - BREAKFAST MENU**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> Cereal & Toast French Toast Sticks Fruit Milk Juice	<b>2</b> Cereal & Toast Breakfast Pizza Fruit Milk Juice	<b>3</b> Cereal & Toast Sausage, Egg & Cheese Biscuit Fruit Milk Juice
<b>6</b> Cereal & Toast Pancakes Fruit Milk Juice	<b>7</b> Cereal & Toast Pigs-n-Blanket Fruit Milk Juice	<b>8</b> Cereal & Toast Breakfast Bar Fruit Milk Juice	<b>9</b> Cereal & Toast Breakfast on a Stick Fruit Milk Juice	<b>10</b> Cereal & Toast Muffins Fruit Milk Juice
<b>13</b>  No School  Spring Break	<b>14</b>  No School  Spring Break	<b>15</b>  No School  Spring Break	<b>16</b>  No School  Spring Break	<b>17</b>  No School  Spring Break
<b>20</b> Cereal & Toast Poptarts Fruit Milk Juice	<b>21</b> Cereal & Toast Scrambled Eggs w/Ham Fruit Milk Juice	<b>22</b> Cereal & Toast Waffles Fruit Milk Juice	<b>23</b> Cereal & Toast Cinnamon Toast Fruit Milk Juice	<b>24</b> Cereal & Toast Honey Bun Fruit Milk Juice
<b>27</b> Cereal & Toast Donut Holes Fruit Milk Juice	<b>28</b> Cereal & Toast Ham, Egg & Cheese Biscuit Fruit Milk Juice	<b>29</b> Cereal & Toast Muffin Fruit Milk Juice	<b>30</b> Cereal & Toast Breakfast Pizza Fruit Milk Juice	<b>31</b> Cereal & Toast Cinnamon Roll Fruit Milk Juice

**\*MENU IS SUBJECT TO CHANGE\***

Offer versus Serve Regulation is implemented in this school. For a complete MEAL, select at least 3 different items and one item must be a fruit or vegetable... In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discrimination based on race, color, nation origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by the USDA. Persons with disabilities who require alternative means of communication for programs information (e.g. Braille, large print, audiotape, American Sign Language, etc.) should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing, or have a speech disability may contact the USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of decimation, complete the USDA Program Decimation Complaint Form, (AD-3027). Found online Click this link File Program Discrimination Complaint as a USDA Customer, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: 1. Mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; 2. Fax: (202) 690-7442; or 3. Email: program.intake@usda.gov. This institution is an equal opportunity provider.