

Name : April 2023 Cornerstone Elementary K-8 Grades Lunch Menu	Options Provided : Hot & Hot Vegetarian Meals
Age Group : K-8 Grades	Meal : Lunch Meal Pattern : NSLP

Chef Spotlight - Jim Leahy, Client Relations Manager

CHEESY, SHRIMPY AND BACON-Y HEAVENLY PASTA

This is a family favorite that my mom used to make and I now make it for my girls and it has become one of their favorites! Normally when my mom would cook I wouldn't hover around the kitchen. However, this recipe had BACON and I would sneak whatever I could when she wasn't looking. My girls tried to do the same when they were little - I was on to them. However, knowing how bacon takes over one's mind, I would let them have a little here and there.

- Jim Leahy

'THIN LINGUINI OR SPAGHETTI WITH AVOCADO, BACON AND SHRIMP' RECIPE IS ON PAGE 2

Week VI	Monday, April 3, 2023	Tuesday, April 4, 2023	Wednesday, April 5, 2023	Thursday, April 6, 2023	Friday, April 7, 2023
	Brunch Lunch	Macaroni & Meatsauce	Cheeseburger	Chicken Fritters w/ Ranch Dip	Cheese Hot Pocket
	Pancake & Fruit Compote (No Sugar)	Baby Carrots & Dip	Fresh Bakery Bun & Ketchup	Bakery Roll	Red Sauce
Hot Meal	Scrambled Eggs w/ Cheese	Chilled Pears	Steamed Seasoned Corn	Seasoned Black Beans	Mixed Salad w/Dressing
	Fresh Broccoli & Dip	Milk	Banana	Fresh Orange	Crisp Apple
	Applesauce Cup & Milk		Choice Milk	Choice Milk	Choice Milk
Hot Veg	Pizza Crunchers & Italian Dip	Mozzarella Pinwheel	Garden Cheeseburger	Cheese Quesadilla	Cheese Hot Pocket w/ Sauce

Week I	Monday, April 10, 2023	Tuesday, April 11, 2023	Wednesday, April 12, 2023	Thursday, April 13, 2023	Friday, April 14, 2023
	Creamy Mac & Cheese	All Beef Hot Dog	Fresh Hot Pizza	Crunchy Chicken Fritter Wrap	Sweet & Sour Chicken
	Soft Dinner Roll	WG Bun, Ketchup & Mustard	Baby Carrots & Dip	Chicken Fritters, WG Tortilla	Steamed Seasoned Brown Rice
Hot Meal	Steamed Mixed Veggies	CKC Baked Beans	Banana	Shred Lettuce, Boom Sauce, Cheese	Fresh Broccoli & Dip
	Variety Applesauce	Chilled Pears	Milk	Steamed Seasoned Corn	Crisp Apple Wedges
	Choice Milk	Cheddar Crisps & Choice Milk		Fresh Orange & Choice Milk	Milk
Hot Veg	Stuffed Breadsticks w/ Sauce	Grilled Cheese Sandwich	Fresh Hot Pizza	Smothered Garden Patty w/ WG Roll	Creamy Mac & Cheese & WG Roll

Week II	Monday, April 17, 2023	Tuesday, April 18, 2023	Wednesday, April 19, 2023	Thursday, April 20, 2023	Friday, April 21, 2023
	BBQ Beef Sandwich	Grilled Cheese Sandwich	Burrito Bowl	Brunch Lunch	Beef Fried Rice
	Sunchips	Crisp Broccoli & Dip	Brown Rice topped w/Seasoned Beef	Buttermilk Pancakes & No Sugar Fruit Compote	Steamed Carrots
Hot Meal	CKC Baked Beans	Chilled Pears	Shred Chz, Youza Sauce, Lettuce	Scrambled Eggs w/ Cheese	Crisp Apple
	Variety Applesauce	Choice Milk	Steamed Seasoned Corn	Sliced Cucumbers	Choice Milk
	Choice Milk		Banana & Choice Milk	Fresh Orange & Choice Milk	
Hot Veg	BBQ Garden Burger	Grilled Cheese Sandwich	Pancakes w/ Fruit Compote (No Sugar) & Scrambled Eggs	Egg Fried Rice & WG Roll	Cheese Quesadilla

Week III	Monday, April 24, 2023	Tuesday, April 25, 2023	Wednesday, April 26, 2023	Thursday, April 27, 2023	Friday, April 28, 2023
	Premium Chicken Nuggets	Mandarin Orange Chicken	Good Ole Fashioned Hamburger	Chicken Fritters w/ Dip	Chicken Enchilada
	Ketchup	Steamed Brown Rice	w/ Pickle Rounds & Ketchup	Mixed Salad & Dressing	WG Tortilla, Shred Cheese
Hot Meal	Fresh Bakery Roll	Fresh Broccoli & Ranch	Steamed Seasoned Corn	Fresh Orange	Seasoned Black Beans
	Baby Carrots & Dip	Chilled Pears	Veggie Crisps	WG Roll	Crisp Apple
	Variety Applesauce & Choice Milk	Choice Milk	Banana & Choice Milk	Choice Milk	Choice Milk
Hot Veg	Cheese Hot Pocket w/ Italian Dip	Cheese Quesadilla	Grilled Cheese Sandwich	Mozzarella Pinwheel	Stuffed Breadsticks w/ Sauce

*** Hot Vegetarian meals are served with vegetables, fruit of the day & milk.

* Skim and 1% milk choices offered daily.
* All Bread/Bread Products/Chips/Tortillas listed in the menu are Whole-grain products.
* All Rice/Rice Products listed in the menu are Whole-grain brown rice products.

Thin Linguini		
Ingredients:	Steps	Serves 4-5
<ul style="list-style-type: none"> • 4 slices of bacon, diced • ¼ cup extra virgin olive oil • 1 garlic clove, crushed • 8 ounces peeled baby shrimp, finely chopped • 1 large avocado cut into thin wedges • 1 lb. thin linguini • ¼ cup grated Parmigiano- Reggiano cheese 	<ol style="list-style-type: none"> 1. Fry bacon in skillet until crisp. 2. Combine olive oil and garlic in large skillet and heat until garlic sizzles. 3. Add shrimp, toss to coat and heat through for about 2 minutes. 4. Add reserved bacon and avocado. 5. Let stand off heat until linguini is cooked. 6. Cook linguini in salted water until firm to the bite. 7. Combine with shrimp mixture. 8. Add cheese to toss! 	

May 2023 Menu (Subject to Change)

Week IV	Monday, May 1, 2023	Tuesday, May 2, 2023	Wednesday, May 3, 2023	Thursday, May 4, 2023	Friday, May 5, 2023
	Mongolian Meatballs	Breaded Chicken Patty & Cheese Sandwich	Greek Nachos ****(Student Favorite)****	Brunch Lunch	Sheet Pan Chicken
	Steamed Rice	Bakery Bun & Ketchup	Seasoned Meat, Corn Tortilla Chips	French Toast Sticks w/ No Sugar Fruit Compote	Dinner Rolls
Hot Meal	Steamed Seasoned Corn	Baby Carrots & Dip	Tatziki Sauce	Fresh Greens Salad & Dressing	Steamed Green Beans
	Variety Applesauce	Chilled Pears	Bean Salsa	Fresh Orange	Crisp Apple
	Choice Milk	Choice Milk	Banana & Choice Milk	Choice Milk	Choice Milk
Hot Veg	Garden Cheeseburger	Cheese Quesadilla	Warm Cheesy Nachos	French Toast Sticks w/ No Sugar Fruit Compote	Grilled Cheese Sandwich

Week V	Monday, May 8, 2023	Tuesday, May 9, 2023	Wednesday, May 10, 2023	Thursday, May 11, 2023	Friday, May 12, 2023
	Mozzarella Burger	Pomodoro Meatballs	Creamy Mac & Cheese	Sesame Chicken	Cheesy Quesadilla
	WG Bakery Bun & Ketchup	WG Dinner Roll	Mixed Greens Salad & Dressing	Steamed Seasoned Rice	Cheesy Refried Beans
Hot Meal	Goldfish Pretzels	Mashed Potatoes	Banana	Sliced Cucumbers	Crisp Apple
	Baby Carrots	Chilled Pears	WG Roll	Fresh Orange	Choice Milk
	Variety Applesauce & Choice Milk	Choice Milk	Choice Milk	Choice Milk	
Hot Veg	Mozzarella Veggie Burger	Veggie Nuggets w/ Ketchup & Dinner Roll	Cheese Hot Pocket w/ Italian Dip	Bosco Sticks & Sauce	Cheese Quesadilla

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