

AUGUST | 2023

Ballard County Middle/Ballard Memorial High School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Our Kitchen
Has
Wings**



Donate to the Annette Account

1 If you boil a funny
bone, it becomes a
laughingstock.

That's Humerus!

2 **Introducing
Wrap Wednesdays!
Get over the Hump
with a Good Wrap**

↓
Hippie to the hip hip-hop and you don't stop...

3 **Introducing
Pac Man Pasta Days-
Load up the
Carbohydrates Athletes!**



4 **Introducing
Flashback Fridays
Enjoy the Classics!**



7 A guy just threw
milk at me.

How Dairy!

8 **Winners are
not people who
never fail, but
people who
never quit.**



Back To School

10 Breakfast Sandwich

Chicken Alfredo OR
Cheeseburger
Garden Salad, Tots
Fruit, Cookie

11 Breakfast Pizza

Vintage Square Pizza OR
Chicken Sandwich
French Fries, Corn
Fruit

14 Tornado

Bosco Cheese Sticks OR
Pizza
Cali Veggie Blend, Baby Bakers
Fruit

15 Pancake Wrap

Tacos OR
BBQ Nachos
Refried Beans/ Queso, Corn
Fruit

16 Chicken Minis

Hot Ham and Cheese OR
Chicken, Bacon, Ranch Wrap
Tater Tots, Veggie Boat
Fruit

17 Breakfast Sandwich

Spaghetti OR
Chicken Legs
Them Green Beans-!, Mashed
Taters, HOT roll
Fruit

18 Breakfast Pizza

Classic Fav- Salisbury Steak
OR
Chicken Sandwich
Mashed Taters
HOT roll,
Fruit

21 Tornado

Chimichanga OR Pizza
French Fries, Pinto Beans
Fruit

22 Pancake Wrap

Chicken N Waffles OR
BBQ Nachos
Tots, Annette's Broccoli Salad
Fruit

23 Chicken Minis

Buffalo Chicken Sliders OR
Chicken Ceasar Wrap
Assorted Chips, Veggie Boat,
Fruit

24 Breakfast Sandwich

Lasagna OR
Bomber Burger
Green Beans, Tots
Garlic Bread
Fruit

25 Breakfast Pizza

G.O.A.T. Breakfast for Lunch
OR
Chicken Sandwich
Hashbrown Casserole, Cherry
Tomatoes

28 Tornado

Parmesan Chicken Sandwich
OR Pizza
Green Beans, Ceasar Salad
Fruit

29 Pancake Wrap

Coach Zack's Chuckwagon
Cheese Sauce N Chips
BBQ Nachos
Corn,

30 Chicken Minis

Philly Cheese Steak Sub
Tex Mex Chicken Wrap
Fried Okra, Baked Potato
Salad
Fruit

31 Breakfast Sandwich

Build Your Own Mac Bowl
OR
Baked Potato Bar
Steamed Broccoli, Cherry
Tomatoes, Fruit
August Birthday Celebration!!!

1 Breakfast Pizza

Er Body's Fav- Chicken
Nuggets,
Them Green Beans-!, Mashed
Taters
That Sister's Roll
Or Pizza, Fruit

Alternate Breakfast Choices

M- Pop Tart/Ch Muffins
T- Assorted Danishes
W- Parfaits
TH- Assorted Cereal
F- Donuts

Don't forget-

- ✓ Put money into your account.
- ✓ Hey - You Gotta Grab a Fruit or Veggie.
- ✓ There are cold options too-
- ✓ Hug Lunch lady.
- ✓ Free Snack- M-TH, Closing Bell

Cold and Fresh Lunch Options

M- Boxed Salads
T- Cold Wraps
W-Cereal & Yogurt Combos
TH- Shar-Koo-Ter-ee Boards (boxes)
F- Cold Box- pimento, ch. Salad,
cottage cheese???

**MENU IS SUBJECT
TO CHANGE.**