

Cat Tracks NEWSLETTER



MOUNTAIN VISTA
K-8 School

August 2026

Welcome Back!

Dear Mt. Vista Students and Families,
Welcome to the 2026–2027 school year! This August edition of Cat Tracks includes all the information traditionally included in our Welcome Back letter, and more. We thank you for choosing Mt. Vista and can't wait to see you on the first day of school!

Mrs. Nehrmeyer

Check us out online!

You can find digital versions of our Cat Tracks newsletter, school bus stops, recommended school supply lists, our school phone directory, monthly breakfast and lunch menus, our 2026–2027 school calendar, employment opportunities, district policy manual, open enrollment availability, and more on our website at www.osd2.org.

Welcome, New Staff!

Join us in welcoming the following new members of the Mt. Vista team:

- Zachary Dougherty, Kindergarten Teacher
- Ruby Kubat, 2nd Grade Teacher
- Carrie Lu, 5th and 6th Grade Science Teacher
- Rebekah Messing, School Medical Assistant
- Valerie Nye, School Bus Driver
- Brittany Nuño, School Bus Driver
- Karen Belknap, Food Service Director

We are also excited to congratulate the following staff on their new roles:

- Lydia Smith, School Office Manager
- Lisa Vigil, School Office Clerk
- Chantel Sloan, Kindergarten Teacher
- Tiffani Webster, 5th and 6th Grade Social Studies Teacher
- Denise Fisher, Instructional Coach
- Mark Parrish, Instructional Coach

Important Events

- July 20: **School Office** re-opens for the new school year! We will be open from 8:00 AM to 3:00 PM to assist with school registration.
- August 4: **Back to School Night** from 5:00 PM to 7:00 PM. Come and meet your child's teachers, see their classrooms, and chat with your child's bus driver before the first day of school.
- August 6: **First Day of School** for Grades K–8! Gates open at 7:30 AM, school starts at 8:00 AM. Students are dismissed at 2:45 PM.

Contact Mrs. Nehrmeyer

Crystle Nehrmeyer, Superintendent

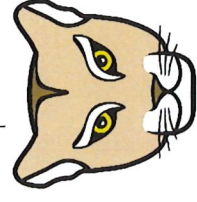
✉ cnehrmeyer@osd2.org

☎ 520 896 3070, Option 3

Small Town Roots, Global Expectations.

Mt. Vista K-8 School – August 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4 Back to School Night 5:00 PM to 7:00 PM	5	6 First Day of School for Grades K-8!	7	8
9	10 First Day of School for Preschool!	11 12:45 PM Dismissal Fall Athletic Coaches Meeting at 1:00 PM, Mrs. Soule's Room	12 Fall Sports Practice starts for Grades 6-8 Girls' Volleyball, Co- Ed Cross County, and Flag Football	13	14	15
16	17 Governing Board Meeting at 5:30 PM, Growth Room and Zoom	18 12:45 PM Dismissal	19	20	21	22
23	24	25 12:45 PM Dismissal PTO Meeting at 1:00 PM, Growth Room	26	27	28	29
30	31 September Cat Tracks sent home with students and online at www.osd2.org					



MOUNTAIN VISTA
K-8 School

AUGUST

Menu for Mt. Vista K-8 School

Fresh Fruit &
Vegetable Bar
Served Daily!

Monthly Promotion:

August 31 we are rolling out a new menu choice, the **COUGAR BOWL!** It comes with mashed potatoes, gravy, corn, chicken nuggets, and melted cheese.

ANNOUNCEMENTS

Did you know?

Water makes up about 60% of your body weight. It is important to stay hydrated during the hot Arizona summer months. Aim for 6-8 cups of water every day and even more if you are staying active.

Questions or Comments?

Karen Belknap, Food Service Director
520 896 3000, Ext. 3029 and kbelknap@osd2.org

This institution is an
equal opportunity provider.

Monday

Tuesday

Wednesday

Thursday

Friday



Menu is subject to change.



6

Breakfast

French Toast Sticks **OR**
Cereal

Lunch

Chicken Sandwich
Cheese Quesadilla
Green Beans

7

Breakfast

Breakfast Burrito **OR**
Cereal

Lunch

Cheeseburger
Chicken Nuggets
Tater Tots

10

Breakfast

Muffin **OR** Cereal

Lunch

Beefy Nachos
Chicken Quesadilla
Latin Black Beans

11

Breakfast

Breakfast Biscuit **OR**
Cereal

Lunch

Chicken Fajitas w/Tortilla
Bean & Cheese Burrito
Seasoned Corn

12

Breakfast

Pancake **OR** Cereal

Lunch

Spaghetti w/Meat Sauce
Grilled Cheese Sandwich
Steamed Broccoli

13

Breakfast

Waffle w/Sausage **OR**
Cereal

Lunch

Pizza
Chef Salad
Green Beans

14

Breakfast

Biscuit & Gravy **OR**
Cereal

Lunch

Corn Dog
Spicy Chicken Sandwich
Steamed Carrots

17

Breakfast

Frudel **OR** Cereal

Lunch

Boneless Wings
Hot Dog
Steamed Broccoli

18

Breakfast

Cheese Omelet **OR**
Cereal

Lunch

Chicken Nuggets
Chicken Parmesan Sandwich
Tater Tots

19

Breakfast

Yogurt w/Grahams **OR**
Cereal

Lunch

Macaroni & Cheese
Hamburger
Steamed Carrots

20

Breakfast

French Toast Sticks **OR**
Cereal

Lunch

Pizza
Chef Salad
Green Beans

21

Breakfast

Breakfast Burrito **OR**
Cereal

Lunch

Chicken Burrito
Cheese Quesadilla
Refried Beans

24

Breakfast

Muffin **OR** Cereal

Lunch

Chicken Fried Rice
Grilled Ham & Cheese
Steamed Broccoli

25

Breakfast

Breakfast Biscuit **OR**
Cereal

Lunch

Chicken Fajitas w/Tortilla
Bean Tostada
Latin Black Beans

26

Breakfast

Pancake **OR** Cereal

Lunch

Chicken Alfredo
Cheeseburger
Seasoned Corn

27

Breakfast

Waffle w/Sausage **OR**
Cereal

Lunch

Pizza
Chef Salad
Green Beans

28

Breakfast

Biscuit & Gravy **OR**
Cereal

Lunch

Chicken Quesadilla
Bean & Cheese Burrito
Steamed Carrots

31

Breakfast

Frudel **OR** Cereal

Lunch

Cougar Bowl!
Chicken Sandwich
Seasoned Corn



ARIZONA HEALTHY SCHOOLS ACT



The Basics of the Arizona Healthy Schools Act – Arizona Department of Education

Arizona Healthy Schools Act, or [House Bill 2164](#) (website), prohibits public schools participating in federally funded or assisted meal programs from serving, selling, or allowing a third party to sell ultra-processed food on the school campus during the regular school day. The new law takes effect at the start of the 2026–2027 school year.

The law defines ultra-processed foods as those with 1, or more, of the following 11 ingredients:

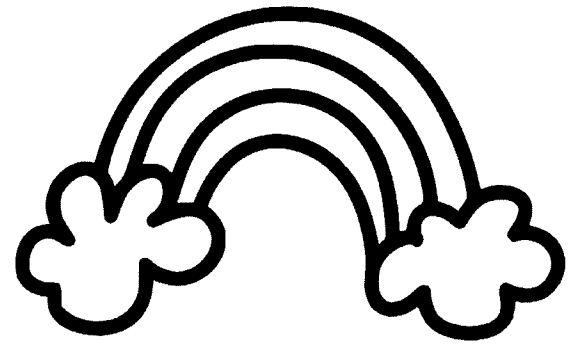
- potassium bromate
- propylparaben
- titanium dioxide
- brominated vegetable oil
- yellow dye 5 or 6
- blue dye 1 or 2
- green dye 3
- red dye 3 or 40

Here is what you need to know:

No Outside Food Containing 11 Banned Ingredients: Visitors or outside companies are not allowed to bring foods with banned ingredients to distribute or sell on campus during the normal school day. You cannot give out food that contains any of the 11 banned ingredients to any of the other students in your child's class.

What Can I Do, Or Bring? These new rules do not apply to parents packing their child's individual lunch or snacks. You can still pack any lunches, snacks, or treats for your individual child. You cannot give any food, containing any of the 11 banned ingredients, to any other students.

Questions? We know this is BIG change and we are here to help answer questions and maintain compliance with this new Arizona law. Crystle Nehrmeier, Superintendent at cnehrmeyer@osd2.org
Karen Belknap, Food Service Director at kbelknap@osd2.org



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MT. VISTA

PARENT/TEACHER

ORGANIZATION

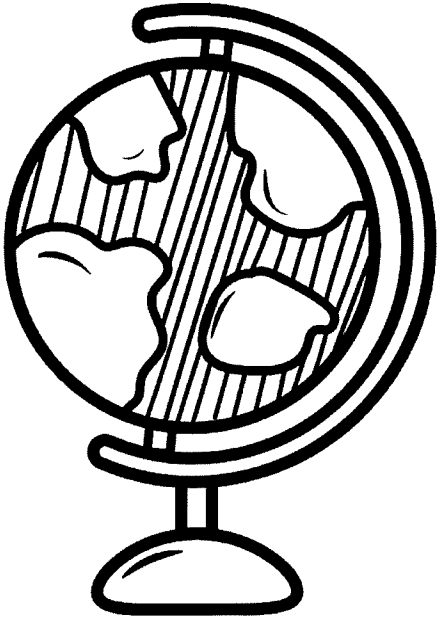
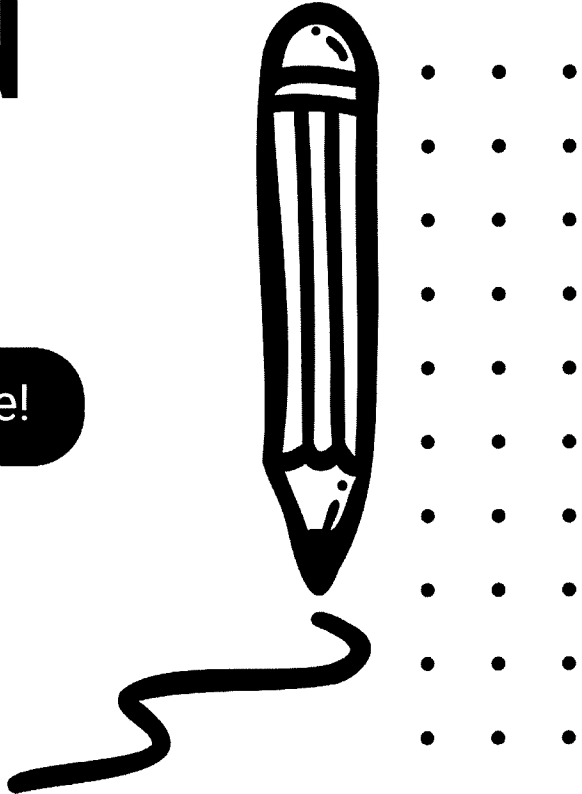
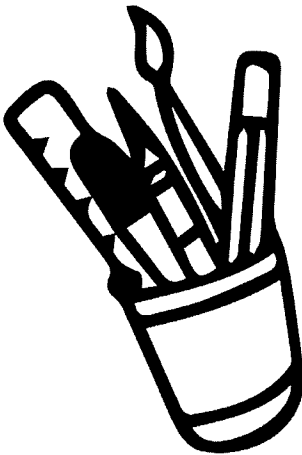
2026-2027

Be part of your child's Mt. Vista experience!

Meeting Dates:

- August 25
- September 29
- October 27
- November 24
- December 8
- January 19
- February 16
- March 23
- April 20

PTO Meetings are held at 1:00 PM
in the Mt. Vista Growth Room



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Welcome **BACK TO SCHOOL**

**ATTEND ORACLE SCHOOL BOARD
MEETINGS!**

AUGUST 17
SEPTEMBER 14
OCTOBER 14 (ZOOM ONLY)
NOVEMBER 9
DECEMBER 14
JANUARY 11
FEBRUARY 8
MARCH 22
APRIL 12
MAY 10

**DOORS OPEN AT 5:00 PM
MEETINGS START AT 5:30 PM
MT. VISTA GROWTH ROOM AND ZOOM**

**QUESTIONS?
DANIELLE MAESTAS, DISTRICT SECRETARY
DMAESTAS@OSD2.ORG
520 896 3070, OPTION 1
WWW.OSD2.ORG**

ORACLE SCHOOL DISTRICT PROUDLY ANNOUNCES OUR ANNUAL

"STUFF THE BUS" EVENT

THURSDAY, JULY 23, 2026

We are collecting new items to help the students at Mt. Vista K-8 School have a strong start to the new school year!

- ✓ Pencils, pens, markers, crayons, highlighters.
- ✓ Printer paper, lined paper, construction paper.
- ✓ Notebooks, composition books, folders, index cards, post-it notes, tape, and scissors.
- ✓ Paper towel, boxed tissue, disinfectant wipes.

Minit Market in
SaddleBrooke from
8:30 AM to 10:00 AM

SaddleBrooke Ranch
House Parking Lot
from 10:30 AM to
12:00 PM

