

Adult Meal Price - \$3.00

Milk Offered Daily:
 Fat Free or 1%



Monday

Tuesday

Wednesday

Thursday

Friday

No School **2**


Blueberry Waffle **3**
 Fresh Apple Slices
 Dried Apple Crips
 Mixed Dried Fruit
 Crasins
 100% Juice
 Choice of Milk

Pumpkin Roll **4**
 Fresh Apple Slices
 Dried Apple Crips
 Mixed Dried Fruit
 Crasins
 100% Juice
 Choice of Milk

Blueberry Donut Cup **5**
 Fresh Apple Slices
 Dried Apple Crips
 Mixed Dried Fruit
 Crasins
 100% Juice
 Choice of Milk

Chorizo Beef & Cheese Stick **6**
 Fresh Apple Slices
 Dried Apple Crips
 Mixed Dried Fruit
 Crasins
 100% Juice
 Choice of Milk

Breakfast Pizza **9**
 Fresh Apple Slices
 Dried Apple Crips
 Mixed Dried Fruit
 Crasins
 100% Juice
 Choice of Milk

Sweet Roll **10**
 Fresh Apple Slices
 Dried Apple Crips
 Mixed Dried Fruit
 Crasins
 100% Juice
 Choice of Milk

Funnel Cake **11**
 Fresh Apple Slices
 Dried Apple Crips
 Mixed Dried Fruit
 Crasins
 100% Juice
 Choice of Milk

Pancake & Sausage Stick **12**
 Fresh Apple Slices
 Dried Apple Crips
 Mixed Dried Fruit
 Crasins
 100% Juice
 Choice of Milk

Chorizo Beef & Cheese Stick **13**
 Fresh Apple Slices
 Dried Apple Crips
 Mixed Dried Fruit
 Crasins
 100% Juice
 Choice of Milk

Chocolate Chip Crumb Cake **16**
 Fresh Apple Slices
 Dried Apple Crips
 Mixed Dried Fruit
 Crasins
 100% Juice
 Choice of Milk

Blueberry Cinnamon Breadstick with Cheese **17**
 Fresh Apple Slices
 Dried Apple Crips
 Mixed Dried Fruit
 Crasins
 100% Juice
 Choice of Milk

Cinnamon Roll **18**
 Fresh Apple Slices
 Dried Apple Crips
 Mixed Dried Fruit
 Crasins
 100% Juice
 Choice of Milk

Peach Pancake Bowl **19**
 Fresh Apple Slices
 Dried Apple Crips
 Mixed Dried Fruit
 Crasins
 100% Juice
 Choice of Milk

Sausage, Egg & Cheese Pocket **20**
 Fresh Apple Slices
 Dried Apple Crips
 Mixed Dried Fruit
 Crasins
 100% Juice
 Choice of Milk

Breakfast Pizza **23**
 Fresh Apple Slices
 Dried Apple Crips
 Mixed Dried Fruit
 Crasins
 100% Juice
 Choice of Milk

Blueberry Waffle **24**
 Fresh Apple Slices
 Dried Apple Crips
 Mixed Dried Fruit
 Crasins
 100% Juice
 Choice of Milk

Pumpkin Roll **25**
 Fresh Apple Slices
 Dried Apple Crips
 Mixed Dried Fruit
 Crasins
 100% Juice
 Choice of Milk

Blueberry Donut Cup **26**
 Fresh Apple Slices
 Dried Apple Crips
 Mixed Dried Fruit
 Crasins
 100% Juice
 Choice of Milk

Chorizo Beef & Cheese Stick **27**
 Fresh Apple Slices
 Dried Apple Crips
 Mixed Dried Fruit
 Crasins
 100% Juice
 Choice of Milk

Breakfast Pizza **30**
 Fresh Apple Slices
 Dried Apple Crips
 Mixed Dried Fruit
 Crasins
 100% Juice
 Choice of Milk

To qualify as a free breakfast, **students must take 3 (minimum) components**, Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk, of which **1 must be a fruit or vegetable**. Students taking required meal components receive breakfast at no cost, otherwise per regulations, ala carte prices are in effect. Extra food/beverage items available for purchase by check or cash.

Our menus meet USDA Requirements
 Menu items are subject to change

A copy of the menu with the nutritional and allergy information is available at:
<https://www.schoolcafe.com/PortageASD>