




Mon	Tue	Wed	Thu	Fri
<p>This institution is an equal opportunity provider.</p> <p>All menus are subject to change.</p>		 <p>Cruciferous Vegetables (Cabbage, Broccoli, Cauliflower)</p>		<p>Choice Menus</p> <p>Breakfast: WG Cereal; 1% or FF Milk; Fruit Choices</p> <p>Lunch: WG PB&J /Cheese Stick/extra grain; Salads; 1% or FF Milk; Fruit & Juice choices</p>
			<p>Pre-K Registration February 6 & 7 8:30 - 3:00 BOE - old Pre-K cafeteria</p>	 <p>Sunday, 2/2</p>
<p>3 Breakfast WG Pop-tarts</p> <p>Lunch Pepperoni Pizza, WG or Cheese Pizza, WG Marinara Sauce Cup Whole Kernel Corn California Blend Vegetables</p>	<p>4 Breakfast WG Breakfast Honey Bun</p> <p>Lunch Fish Nuggets/Hushpuppies or WG Corn Dog Crinkle Cut Oven Fries Baked Beans Cole Slaw</p>	<p>5 Breakfast Breakfast Bowl (grits, eggs, cheese, sausage links)</p> <p>Lunch Lasagna WG Garlic Knot Green Beans Garden Salad</p>	<p>6 Breakfast Biscuit/Ham Patty/Jelly</p> <p>Lunch Chicken Breast Chunks WG Rolls Seasoned Rice Broccoli & Cheese Yam Patties</p>	<p>7 Breakfast WG Cinni Minis</p> <p>Lunch Beef Nachos/Tortilla Chips Salsa Cup / Sour Cream Refried Beans Fresh Veggies w/Dip WG Cookie</p>
<p>10 Breakfast WG Pop-tarts</p> <p>Lunch Chicken Nuggets WG Rolls Creamed Potatoes w/optional gravy Whole Kernel Corn</p>	<p>11 Breakfast WG Donut (pull-apart)</p> <p>Lunch Chicken & Rice WG Rolls Oven Fried Okra Yams Graham Crackers/ Peanut Butter</p>	<p>12 Breakfast Cheese Toast 2, Sausage link</p> <p>Lunch Hamburger / WG Bun or Chicken Filet/WG Bun Lettuce/Tomato/Pickles Crinkle Cut Oven Fries Baked Beans Cole Slaw</p>	<p>13 Breakfast Biscuit/Sausage Patty/Jelly</p> <p>Lunch Vegetable Beef Soup/ Crackers Grilled Cheese Sweet Potato Waffle Fries Garden Salad</p>	<p>14 Breakfast WG Cinnamon Roll </p> <p>Lunch Chicken Hot Wings WG Rolls Seasoned Yellow Rice Green Beans Fresh Veggies w/Dip Valentine Cupcake Happy Valentine's Day!</p>
<p>17</p> 	<p>18 Breakfast WG Pop-tarts</p> <p>Lunch Pepperoni Pizza, WG or Cheese Pizza, WG Marinara Sauce Cup Whole Kernel Corn Baked Chips</p>	<p>19 Breakfast Pancake Pup</p> <p>Lunch Beef Chili Bowl Crackers/Peanut Butter WG Garlic Knot Green Beans California Blend Vegetables</p>	<p>20 Breakfast Biscuit/Ham Patty/Jelly</p> <p>Lunch Oven Fried Chicken WG Rolls Seasoned Yellow Rice Turnip Greens Candied Yams</p>	<p>21 Breakfast WG Breakfast Honey Bun</p> <p>Lunch BBQ Pork / WG Bun or WG Corn Dog Crinkle Cut Oven Fries Baked Beans WG Cookie</p>
<p>24 Breakfast WG Powdered Donut Holes</p> <p>Lunch Pepperoni Pizza or Cheese Pizza Wedge Marinara Sauce Cup Whole Kernel Corn California Blend Vegetables</p>	<p>25 Breakfast Breakfast Bowl (grits, eggs, cheese, sausage links)</p> <p>Lunch Shepherd's Pie WG Rolls Green Beans Yam Patties</p>	<p>26 Breakfast WG Mini Pancakes, Syrup</p> <p>Lunch Vegetable Beef Soup/ Crackers Grilled Cheese Tater Tots Garden Salad</p>	<p>27 Breakfast Biscuit/Sausage Patty/Jelly</p> <p>Lunch Cheesy Chicken with Steamed Rice WG Rolls Baby Limas Garden Salad</p>	<p>28 Breakfast WG Cinni Minis</p> <p>Lunch Cheeseburger / WG Bun or Chicken Filet / WG Bun Lettuce/Tomato/Pickles Seasoned Curly Fries Baked Beans WG Cookie</p>