

MARCH 2022 Taylor-White Elementary

LUNCH

MENU IS SUBJECT TO CHANGE

All meals are served with 1% reduced fat white or chocolate milk. 100% fruit juice and fresh, canned, or frozen fruit are served daily.



March is National Nutrition Month! To celebrate, try eating at least one new food each week. Keep it interesting by picking out new foods you've never tried before, like mango, lentils, quinoa, kale, or salmon.

References: Academy of Nutrition & Dietetics, USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Chicken Fajita
Lettuce & Tomato
Spanish Rice
Fruit
Milk

7

Corndog
Salad
French Fries
Fruit
Milk

8

Chicken Sandwich
Pickles
Sweet Peas
French Fries
Fruit & Milk

9

Chicken Bites
Salad
Sweet Potatoes
Dutch Waffle
Fruit
Milk

3

Chicken
Turnip Greens
Corn
Roll
Fruit
Milk

4

Beef Steak Patty
Lettuce & Tomato
Tater Tots
Fruit
Milk

14

Chicken Nuggets
Green Beans
Squash
Cookie
Fruit & Milk

15

Gumbo
Broccoli
Carrots
Fruit
Milk

16

Bag Lunch
Turkey or Ham Sub.
Carrots
Chips
Fruit & Milk

17



Teacher
Work Day!
NO SCHOOL!!!

18

Quesadilla w/Cheese
Sweet Peas & Corn
Spanish Rice
Fruit
Milk

21

Pork Patty on a Bun
Beans
Cole Slaw
Fruit
Milk

22

Hamburger
Lettuce & Tomato
Pickles
Tater Tots
Fruit & Milk

23

Teriyaki Chicken
Stir Fry Vegetables
Fried Rice
Fruit
Milk

24

Chicken Sandwich
Salad
Broccoli
Sweet Potato
Fruit & Milk

25

Chicken
Beans
French Fries
Roll
Fruit & Milk

28

Spaghetti
Green Beans
Corn Nuggets
Breadstick
Fruit & Milk

29

Pizza Pocket
Carrots
Beans
Fruit
Milk

30

Sloppy Joe
Garden Salad
French Fries
Fruit
Milk

31

