

**Furlow Charter School Wellness Committee**  
**Agenda**  
**November 9, 2022**  
**4:00 PM**

**Review of September 2022 Wellness Committee Minutes**

**Review of Goals**

- **Nutrition Promotion Goals**

- Discuss the Athletic Program (Coach Skiles) and how the Wellness Committee can help.
- Update the Wellness Committee on the Fresh Fruit & Vegetable Program. Goals, Budget, Ideas for Student Involvement.
- Harvest of the Month resources utilized. Ideas to further classroom participation (Video Clips, Hand Outs, etc).

- **Nutrition Education Goals**

- FCS will solicit student feedback and input on menus to increase meal participation. Student Advisory Board updates. Classroom Handouts for K-5.