

OCTOBER 2025 JDPS



MONDAY

Daily Alternate Entrée Options: Grill/Favorites, Deli Sandwiches, & Entrée Salads TUESDAY WEDNESDAY

Chicken Tacos

1 serving

Chessy Beans ½ c

Nutrition Bar

Choice of Fruit ½ c

THURSDAY

Pizza

1 serving

Corn ½ c

½ c

Nutrition Bar

Choice of Fruit ½ c

FRIDAY

Corn Dogs

1 serving Green Beans ½ c **Nutrition Bar** Choice of Fruit ½ c

Chicken Nuggets & Dinner Roll

1 serving Seasoned Carrots ½ c **Nutrition Bar** Choice of Fruit ½ c

Chicken Patty

Sandwich 1 serving Corn ½c Baby Carrots ½ c **Nutrition Bar** Choice of Fruit ½ c

Pizza

1 serving Peas ½ c Cucumbers **Nutrition Bar** Choice of Fruit ½ c

Fall Break

Fall Break

Corn Dog

1 serving Broccoli ½ c Celery Stick ½ c ½ c **Nutrition Bar** Choice of Fruit ½ c

Chicken Patty Sandwich

1 serving Green Beans ½ c Baby Carrot ½ c **Nutrition Bar** Choice of Fruit ½ c

Pizza

1 serving Steak & Bake Green Beans Baby Carrot's ½ c **Nutrition Bar** Choice of Fruit ½ c



Spaghetti w/ meat sauce & Breadstick

1 serving Carrots & Peas ½ c Bell Peppers ½ c **Nutrition Bar** Choice of Fruit ½ c

Hot Dog

1 serving Broccoli ½ c Carrot Sticks ½ c **Nutrition Bar** Choice of Fruit ½ c

Beef Tacos

1 serving Pinto Beans ½ c Fresh Broccoli ½ c **Nutrition Bar** Choice of Fruit ½ c

Pizza

1 serving Waffle Fry's ½ c Cucumbers ½ c **Nutrition Bar** Choice of Fruit ½ c

Nacho's

1 serving Refried Beans ½ c **Nutrition Bar** Choice of Fruit ½ c

Corn Dog

1 serving Rice ½ c Tater Totes ½ c **Nutrition Bar** Choice of Fruit ½ c

Rotisserie Chicken w/ **Dinner Roll**

1 serving Green Beans ½ c **Nutrition Bar** Choice of Fruit ½ c

Cheese or Pepperoni Pizza

1 ea. Carrots ½ c **Nutrition Bar** Choice of Fruit ½ c



Choice of $\frac{1}{2}$ c fruit, nutrition bar, and $\frac{1}{2}$ pint milk included with your meal and offered daily. Nutrition Bar includes assorted fresh fruit and vegetables.











