

Benton County School District

HF October Lunch 9-12

Sep 24, 2024

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Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 30 Chicken Breast Tender Whole Wheat Roll Meat Lovers Pizza French Fries Italian Sliced Carrots Fruit Cocktail Fresh Plums Chocolate Milk Fat Free Milk Graham Crackers Choice of Strawberry & Raspberry Yogurts Barbecue Sauce	Oct - 1 BBQ Chicken Sandwic Corn Dog Baked Beans Classic Coleslaw Vegetable Juice Fresh Apples Fresh Pears Fruit Slushes Chocolate Milk Fat Free Milk Mustard Barbecue Sauce Snack Cookies	Oct - 2 Hamburger Steak w/ G Whole Wheat Roll Mexican Burrito Mashed Potatoes Steamed Broccoli Flore Fresh Apples Pineapple Tidbits Chocolate Milk Fat Free Milk Choice of Strawberry & Raspberry Yogurts Graham Crackers	Oct - 3 Hamburger w/ Trimmin Hot Dogs French Fries Baked Beans Baby Carrots Fresh Pears Chilled Mandarin Oranges Chocolate Milk Fat Free Milk Ketchup Mustard Pickle Spears	Oct - 4 Beef Taco with Soft Tortilla Corn Dog Mexicali Corn Tater Tots Assorted Fruit Juices Fruit Flavored Vegetable Juice Fresh Bananas Chocolate Milk Fat Free Milk Rice Treat Bar
Oct - 7 No School	Oct - 8 No School	Oct - 9 No School	Oct - 10 No School	Oct - 11 No School
Oct - 14 No School	Oct - 15 Spaghetti & Meat Sauc Whole Wheat Roll Corn Dog Mashed Potatoes Broccoli Salad Baby Carrots Vegetable Juice Fruit Slushes Fresh Apples Chocolate Milk Fat Free Milk Choice of Strawberry & Raspberry Yogurts Graham Crackers	Oct - 16 Chicken Nuggets Beef & Bean Burrito Tater Tots Green Peas Baked Beans Applesauce Chilled Diced Pears Chocolate Milk Fat Free Milk Variety of Dipping Sau Ketchup Graham Crackers Rice Treat Bar	Oct - 17 Grilled Chicken Sandwi Mexican Burrito Macaroni and Cheese Baked Beans Green Peas Fresh Pears Fresh Apples Chocolate Milk Fat Free Milk Snack Cookies Graham Crackers	Oct - 18 Hamburger w/ Trimmin Corn Dog French Fries Vegetable Juice Tropical Flavor Vegetable Juice Fresh Apples Fresh Pears Chocolate Milk Fat Free Milk Mustard Mayonnaise Ketchup Rice Treat Bar Graham Crackers
Oct - 21 Chicken Breast Tender Beef & Bean Burrito French Fries Seasoned Green Bean Assorted Fruit Juices Fruit Slushes Chocolate Milk Fat Free Milk Variety of Dipping Sau Ketchup Mustard Graham Crackers Banana Muffin	Oct - 22 Hamburger w/ Trimmin Hot Dogs Italian Sliced Carrots Baked Beans Classic Coleslaw Pineapple Tidbits Chilled Peach Slices Chocolate Milk Fat Free Milk Mustard Chocolate Toaster Pas	Oct - 23 Grilled Chicken Sandwi Sausage Pizza French Fries Vegetable Juice Fruit Cocktail Fresh Bananas Chocolate Milk Fat Free Milk Mayonnaise Ketchup Sugar Cookie Choice of Strawberry & Raspberry Yogurts	Oct - 24 Hamburger Steak w/ G Whole Wheat Roll Chicken Patty Sandwic Macaroni and Cheese Steamed Fresh Brocco Baby Carrots Fruit Flavored Vegetable Juice Fruit Slushes Applesauce Chocolate Milk Fat Free Milk Graham Crackers	Oct - 25 Cheeseburger Corn Dog French Fries Vegetable Juice Fruit Slushes Fresh Apples Fruit Flavored Vegetable Juice Chocolate Milk Fat Free Milk Rice Treat Bar

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 28	Oct - 29	Oct - 30	Oct - 31	
Chicken Fajitas Corn Dog Mexicali Corn Mashed Potatoes Fruit Flavored Vegetable Juice Fresh Bananas Fruit Slushes Chocolate Milk Fat Free Milk Graham Crackers Vanilla Pudding	Chicken Nuggets Whole Wheat Roll Pepperoni Pizza Cheesy Broccoli French Fries Fresh Bananas Fresh Pears Chocolate Milk Fat Free Milk Barbecue Sauce Blueberry Toaster Past	Hamburger Pie with Ta Tots Whole Wheat Roll Hot Dogs Classic Coleslaw Italian Sliced Carrots Seasoned Green Bean Fruit Slushes Fresh Bananas Chocolate Milk Fat Free Milk Cocoa Cereal Squares	Chicken Patty Sandwic Corn Dog Green Peas French Fries Pickle Spears Chilled Mandarin Oranges Tropical Fruit Chocolate Milk Fat Free Milk Snack Cookies	

In accordance with Federal Law and U.S. Department of Agriculture Policy, the Benton County School District does not discriminate on the basis of race, sex, age, religion, disability, or national origin. This institute is an equal opportunity provider.
 All menus are subject to change according to product availability.

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