# CONNECTING WITH THE SCHOOL COUNSELOR



## HAPPY, HEALTHY KIDS TIP:

Teaching your child body safety rules is a critical preventative measure against child abuse. Teach them the difference between safe and unsafe touch, safe and unsafe secrets, and who are trusted adults they can go to for help and support.

## Random Acts of Kindness Week

February 14-20, 2025



Tips on how to show random acts of kindness:

- Compliment at least 5 people.
- Let the person in line behind you go ahead of you.
- Do a favor without asking for anything in return.

### We are Learning!

The second part of Think First & Stay Safe.
Think First & Stay Safe is an age-appropriate,
non-frightening, and personal body safety
research-based program. Under Erin's Law,
schools are required to teach age appropriate
personal body safety in grades Pre-K -12. Erin's
Law has been passed in 38 states in the US.

### Let's CONNECT!

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