

# NOVEMBER 2021 Taylor-White Elementary

## BREAKFAST

### MENU IS SUBJECT TO CHANGE

All meals are served with 1% reduced fat white or chocolate milk. 100% fruit juice and fresh, canned, or frozen fruit are served daily.



November 25 is National Parfait Day! Enjoy a low-fat yogurt parfait for breakfast, snack or lunch. Top with fruit and whole grain cereal to get in two more food groups. Look for seasonal flavors of yogurt or a fruit that's in season to add variety throughout the year.



### MONDAY

Chicken Biscuit **1**  
Juice  
Milk

### TUESDAY

Apple Frudel **2**  
Yogurt  
Juice  
Milk

### WEDNESDAY

Pancake on a Stick **3**  
Juice  
Milk

### THURSDAY

Apple Fritter **4**  
Juice  
Milk

### FRIDAY

Pop Tart **5**  
Cereal  
Yogurt  
Juice and Milk

Muffin **8**  
Yogurt  
Juice  
Milk

Ham and Cheese **9**  
Croissant  
Juice  
Milk

Waffles **10**  
Sausage  
Yogurt  
Juice and Milk

Veterans Day **11**  
NO SCHOOL!!!



Breakfast Pizza **12**  
Yogurt  
Juice  
Milk

Ham and Cheese **15**  
Croissant  
Juice  
Milk

Breakfast Pizza **16**  
Juice  
Milk

Chicken Biscuit **17**  
Juice  
Milk

Cereal **18**  
Yogurt  
Juice  
Milk

Muffin **19**  
String Cheese Stick  
Juice  
Milk

**22** *Happy Thanksgiving* **23** **24** **26**



Cereal **29**  
Juice  
Milk

Sausage **30**  
Toast  
Juice  
Milk

