

BREAKFAST

SEPTEMBER 2022
Portage Area Elementary School

Cereals Offered Daily:
Trix
Apple Cinnamon Cheerios
Lucky Charms

Breakfast Kits Offered Daily:
Fudge Pop tart
Strawberry Pop tart
Cocoa Puff Bar

MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO PRODUCT AVAILABILITY

Monday

Tuesday

Wednesday

Thursday

Friday

No School 5



6
Egg, Sausage, & Cheese Muffin or
Mini Strawberry Filled Bagel
Assortment of Fruit
100% Juice
Choice of Milk

7
Mini Pancakes or
Mini Strawberry Filled Bagel
Assortment of Fruit
100% Juice
Choice of Milk

1
Raspberry Turnover or
Mini Strawberry Filled Bagel
Assortment of Fruit
100% Juice
Choice of Milk

2
Funnel Cake or
Mini Strawberry Filled Bagel
Assortment of Fruit
100% Juice
Choice of Milk

8
Chocolate Chip Crumb Cake or
Mini Strawberry Filled Bagel
Assortment of Fruit
100% Juice
Choice of Milk

9
Donut or
Mini Strawberry Filled Bagel
Assortment of Fruit
100% Juice
Choice of Milk

12
Breakfast Pizza or
Mini Strawberry Filled Bagel
Assortment of Fruit
100% Juice
Choice of Milk

13
Omelet w/Toast or
Mini Strawberry Filled Bagel
Assortment of Fruit
100% Juice
Choice of Milk

14
French Toast Squares or
Mini Strawberry Filled Bagel
Assortment of Fruit
100% Juice
Choice of Milk

15
Raspberry Turnover or
Mini Strawberry Filled Bagel
Assortment of Fruit
100% Juice
Choice of Milk

16
Funnel Cake or
Mini Strawberry Filled Bagel
Assortment of Fruit
100% Juice
Choice of Milk

19
Breakfast Pizza or
Mini Strawberry Filled Bagel
Assortment of Fruit
100% Juice
Choice of Milk

20
Egg, Sausage, & Cheese Muffin or
Mini Strawberry Filled Bagel
Assortment of Fruit
100% Juice
Choice of Milk

21
Mini Pancakes or
Mini Strawberry Filled Bagel
Assortment of Fruit
100% Juice
Choice of Milk

22
Chocolate Chip Crumb Cake or
Mini Strawberry Filled Bagel
Assortment of Fruit
100% Juice
Choice of Milk

23
Donut or
Mini Strawberry Filled Bagel
Assortment of Fruit
100% Juice
Choice of Milk

26
Breakfast Pizza or
Mini Strawberry Filled Bagel
Assortment of Fruit
100% Juice
Choice of Milk

27
Omelet w/Toast or
Mini Strawberry Filled Bagel
Assortment of Fruit
100% Juice
Choice of Milk

28
French Toast Squares or
Mini Strawberry Filled Bagel
Assortment of Fruit
100% Juice
Choice of Milk

29
Raspberry Turnover or
Mini Strawberry Filled Bagel
Assortment of Fruit
100% Juice
Choice of Milk

30
Funnel Cake or
Mini Strawberry Filled Bagel
Assortment of Fruit
100% Juice
Choice of Milk

What is CEP and what does it mean for me?

- CEP stands for Community Eligibility Provision.
- Under CEP, all students in Portage Area School District are eligible to receive (1) breakfast and (1) lunch at no cost.

The 5 food groups to a school breakfast are:

- Meat/Meat Alternative
- Grain
- Fruit
- Vegetable
- Milk

Choice at least 3 food groups.
Take at least ½ cup fruit and/or vegetable.



Meal Prices
2nd Breakfast - \$2.00 Adult Breakfast - \$3.00
Milk (2nd) - \$.50
Bottled Water (Large) - \$.50
Bottled Water (Small) - \$.30

A copy of the menu with the nutritional and allergy information is available at:
<https://www.schoolcafe.com/PortageASD>