



NEWSLETTER

SEASIDE MIDDLE SCHOOL
SEASIDE HIGH SCHOOL



FEBRUARY 2023

503-738-5586

IMPORTANT UPCOMING DATES

You can view the current school year calendar [HERE](#) and the activities calendar [HERE](#)

Progress 4 Ends

Friday, February 10th

SMS Dance

Friday, February 10th
4 – 5:30pm

President's Day – No School

Monday, February 20th

Term 2 Ends

Thursday, March 9th

In Service Day – No School

Friday, March 10th

Spring Break

March 25th – April 2nd

Pacifica Presentations

Wednesday, May 31st
5pm

Graduation Ceremony

Thursday, June 8th
7pm

SCHOOL CROSSWALKS

For safety, when picking up or dropping off your student please be sure you are not blocking the school crosswalks.

Thank you!



STUDENT PARKING PERMITS

SHS Student drivers who would like to park at SHS must register their vehicle with the school. Forms are available in the main office. There is no charge. Registered vehicles will receive a window cling to place in the lower left driver's window. The reason for vehicle registration is to make all vehicles easily identifiable for administration in the event we need to contact the owner. Registration forms were distributed to students who have not registered their vehicles last week. If your student is not driving yet but will in the future, just have them pick up the form in the office the first day they drive to school or print it from our school website [HERE](#).

FREE DENTAL SCREENING

Our friends from Healthy Smiles will be on-site at the Secondary School this month for free dental screenings and sealants for our students.

***Parent permission is required!**

When? February 27th – March 3rd

Who? All 6th - 12th Grade Students

How? Print and complete the Parent Permission form found at the end of this newsletter and send to school, or complete the online permission form [HERE](#), or forms will also be sent home with students closer to the date. Must complete one form for EACH student.



6th GRADE TO VISIT STARBASE

Seaside Middle School 6th grade students have been invited to attend the STARBASE Camp Rilea S.T.E.M. Academy during the spring. Students will be divided into 4 or 5 classes and travel to Camp Rilea for 5 days apiece throughout the spring.

The STARBASE Academy provides a total of 25-hours of hands-on, minds-on Science, Technology, Engineering, and Math (S.T.E.M.) curriculum. As we near our launch date around the first of April, please be on the lookout for emails from the school containing permission slips that are required to participate in this great opportunity for our students.



If you'd like to learn more about the STARBASE program you can visit their website at:

<https://www.starbaseoregon.com>

IMPORTANT PARKING INFO



Please note that parking in any designated Loading or Fire Zone is prohibited by law 24 hours a day, seven days a week. Loading Zones are marked with yellow curbs and Fire Zones are marked with red curbs throughout campus. Parking in those zones is subject to a \$360 fine in Seaside and citations may be issued by local authorities. Additionally, parking in undesignated areas on campus (medians, sidewalks, grass, etc.) is also prohibited and cars will be subject to tow and citations.

Overflow parking for events is available on the west side of the building in the lower lot, along the entire south side of the road leading up to the building, and at Pacific Ridge Elementary.

EXCLUSION DAY

Exclusion Day is **Wednesday, February 15th, 2023**. Three reminder letters have been sent home since November 1st, 2022 reminding parents that their students need one or more immunizations.

Exclusion orders were mailed by the Health Department last week. If your student has received their required immunization please return necessary documentation to the school office so we can update our records.

Students out of compliance will be sent home on February 15th until they are in compliance and these will be unexcused absences. Please do not wait until the last minute. Any questions, please contact the school.

VALENTINE'S DELIVERIES



As you know, Valentine's Day is Tuesday, February 14th. Please keep the below information in mind when planning your Valentine's celebration:

- Valentine's items will NOT be delivered to students in class. It causes too much disruption during class. Students will be notified to pick up their items at the end of the day in the Main Office
- Balloons (single or bouquets) are NOT allowed on the busses for safety reasons

STUDENTS OF THE MONTH

JANUARY

SEASIDE MIDDLE SCHOOL

Ronen Cowan
Zia Fisher
Isair Leon-Mejia
Reign Miller
Lily Morris
Camila Silva Ortega

SEASIDE HIGH SCHOOL

Adam Bilyeu
Aby Brien
Alexandra Flores-Reyes
Nola Gaboyer-Cosnier
Kysa Gilbert
Leilani Lopez Vasquez
Austin Palmer
Johny Peon
Estelle Reeves
Clayton Rose
Joset Sepulveda Cortes

COUNSELING DATES

February 16th

Clatsop CC Admissions
Preview Day

March 9th

OUS visit SHS
(Warrenton/Knapa HS
attending)

March 10th

Clatsop County Job Fair

March 31st

Local Scholarships
close @ Midnight

US COAST GUARD VISITS CAMPUS

Last month the US Coast Guard combined a training exercise with a career fair for our schools by landing on our field. It was a beautiful day and many of our students were able to get out and visit with our Coast Guard friends and learn more about what they do.



TO DO LIST FOR SENIORS

1. Visit the counseling office and **review your transcript and graduation progress report with Mr. Cave**. Know where you stand.
2. Fill out and submit your [FAFSA Free Application for Student Aid](#).
3. Finish applying to colleges or trade schools, or meeting with a recruiter or the ASPIRE Coordinator, Ms. Rislove, in the Career Center.
4. Register for the February Standardized Tests if needed for your college.
5. Focus on your 2nd term classes so you can finish strong.
6. Make sure you have a plan for your Pacifica project. Check in with Mr. Hawes if you have any questions.
7. Make sure you have a cap and gown for graduation. You can purchase one online from Josten's [HERE](#) or borrow one from SHS [HERE](#). Having a cap and gown is a requirement to participate in the graduation ceremony.

LOCAL SCHOLARSHIPS

SHS Local Scholarships are now open!

The electronic applications can be found on the Seaside High School Webpage [HERE!](#) Free money is a good thing. **All seniors should apply.**

Confused or have questions? Watch the below video:

[“SHS Local Scholarship Application How To Apply”](#).

Deadline for Applications is **midnight on March 31st!**

CHROMEBOOKS

High School Parents,

We need your help. Students are not bringing their school issued Chromebook to school to use in classrooms to do their school work. Would you please remind your student(s) to charge their Chromebook in the evening and to bring them to school each day? Chromebooks are an essential tool in school. We appreciate your assistance in helping your student(s) be successful!

SMS YEARBOOKS

SMS 2022-2023 YEARBOOK SALE



Order your yearbook today at:
ybpay.com

YEARBOOK ID CODE: 13472223

\$18

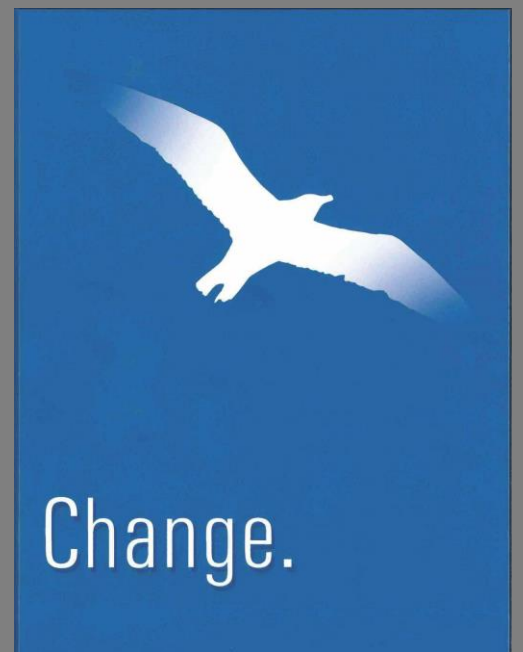
PACIFICA

Parents and seniors, Pacifica projects are in high gear. Presentations will be Wednesday, May 31st beginning at 5:00pm at the Seaside Civic and Convention Center. Students should now be on target with a project timeline as we head toward spring. If parents or students have concerns or questions, please feel free to email Mr. Hawes (mhawes@seasidek12.org) at the school. Time to support our students and have another awesome array of projects to share with our community!

2022-2023

SHS YEARBOOK

SHS yearbooks are on sale for \$55. Reserve yours with Mrs. Boutin (kboutin@seasidek12.org). You can pay \$20 now with cash/check/charge and pay the rest in June.



SHS ROBOTICS

Our students are hard at work making a competition legal bot, but we are always looking for more members! In Robotics your student will learn many skills, some of which are:

- Computer Animated Design / 3D Printing
- How to safely cut metals, plastics, and other materials
- Java programming language and HTML
- Soldering and low-voltage wiring skills
- Metal lathe and CNC basics

Every year we start from scratch, there is no kit. We are a student-led sport of the mind, meaning we give students leadership roles to grow their team-building and management skills. Robotics is the only sport that is free to participate for students.

If your student is interested in joining the robotics team please email the coaches, Greg Dotson at gdotson@seasidek12.org or Haley Wilding at hwilding@seasidek12.org. We welcome all students of all skill levels!



SMS BOOK CLUB

This school year, Ms. James has started a middle school book club. They meet every Wednesday during specific grade-level lunches. Recently her 7th grade book club went on a field trip to Beach Books in Seaside. 6th graders are currently completing their first assigned book – when they finish their book, they will plan an additional field trip. Ms. James is still looking for any 8th graders wanting to join a fun club. If anyone is interested, please email Ms. James at jjames@seasidek12.org.



CHOIR UPDATE

Lots of fun things happening in Choir this month! Honor Choir is coming up Feb 10th - 11th, middle and high school students will be attending. Senior Eva Bailey competed against some of the strongest high school musicians in the Northwest and is going to All-NW towards the end of the month (Feb 16th-19th). And the Spring Musical, *Alice @ Wonderland*, started rehearsals this week. We have a talented group of middle, high and even a few elementary students that will be performing.

FREE LAUNDRY

Laundry LOVE in February is February 11th from 10am to noon. This local non-profit would LOVE to help you and your family by paying for 2-4 loads of laundry per family unit (depending on size of machine) Laundromat located at 1223 S Roosevelt Dr., Seaside. For more information you can call Shirley, at 541-580-6734.

COOKING UP A STORM IN CULINARY



Culinary Arts is headed back to Competition in Salem on March 13th! They are excited to be gearing up for a hot battle in the kitchen, preparing an Appetizer, Entree and Dessert in the span of 1 hour with only 2 butane burners. This year they will also be taking a Management Team for the first time in many years! This team is challenged to prepare and outline the details, menu and all plans needed to open their own restaurant business. Good luck Seagulls!

Western Oregon University TRIO College Visit



TRIO SCHOLAR PROGRAMS

The TRIO Pre-College Programs would like to thank students for participating in the TRIO college visit. Here are pictures of some of our visits. If you would like your students to participate in the program or would like more information about the TRIO program please contact Claudia Mendez at cmendez@seasidek12.org or visit our Seaside High School website [Talent Search/Upward Bound - Seaside High School](#)

About Us:

TRIO Pre-College Programs is a free program designated to promote student retention and academic success. TRIO Programs provides participants with specific services tailored to meet their unique needs.

Services Offered:

- Academic Advising
- Mentoring
- Educational/Cultural/Social Activities
- College Visits
- ACT/SAT Waivers
- Academic/Skills Workshops and More



OFFICE FAQ'S

Q: My student needs to ride the bus home with another student today - what should I do?

A: We must have requests in writing, preferably no later than noon, and are unable to accept permission over the phone. Instead you may:

- Send your student with a note to give to the Main Office in the morning with the date, the name of the student your student will be riding with, and your contact information

OR

- Email SMS-Shana Giess sguess@seasidek12.org or SHS-Kelli Brenden kbrenden@seasidek12.org

Q: How can I find out what time an event starts, or what time to expect my student home from a sporting event?

A: It's easy! Check out the school websites for the up to date calendars of events and activities.

Seaside High School: <https://shs.seaside.k12.or.us/>

Seaside Middle School: <https://sms.seaside.k12.or.us/>



Estimados padres y estudiantes:

Arrow Dental ha entrado en sociedad con Providence Seaside Hospital para promover y llevar a cabo un programa escolar a nivel estatal para examinar la salud dental con certificación por parte de la Autoridad de Salud de Oregon (OHA). El servicio es **GRATUITO** para las escuelas y los estudiantes que participen del mismo.

¿Son seguros y eficaces estos exámenes? Los programas escolares de examen dental son basados en la evidencia y recomendados por los Centros para el Control y la Prevención de Enfermedades (CDC), así como Healthy People (gente sana) 2020. Casi todas las caries ocurren en los molares. Por tanto, los programas escolares de examen dental podrían disminuir a la mitad dichas caries.

¿Qué tipos de servicios se ofrecen? El personal del equipo dental examina al estudiante partícipe y le aplica el tratamiento de fluoruro según se clasifica a nivel de escuela preparatoria (*high school*). **CADA SERVICIO** lo facilita un técnico dental certificado y registrado. Se dará a cada estudiante un reporte de parte del higienista dental para llevar consigo a casa.

¿Para qué es el tratamiento de fluoruro? Los tratamientos de fluoruro pueden **fortalecer y proteger es esmalte de los dientes contra los daños de la placa**. Junto con posibles cambios en la alimentación, estos tratamientos pueden ayudar a que los dientes reparen daños menores debido a las caries. Los estudiantes de 15 años de edad o mayores pueden firmar ellos mismos la hoja de permiso.

Servicios médicos y dentales (ORS 109.640): jóvenes de 15 años de edad y mayores pueden consentir a los servicios médicos o dentales sin el consentimiento de sus padres, lo cual incluye diagnósticos y cuidados de hospital, así como atención médica, dental, optometría o cirugía. Los estudiantes menores de 15 años de edad que deseen participar en el programa necesitan que sus padres firmen el formulario para obtener el respectivo permiso.

¡Gracias!



School Preventive Dental Consent

Authorization for Dental Hygiene Services

During the school year we offer dental services at no cost to students or their families. If you would like to receive our services, please fill out all the sections below. If you would like to decline services, please fill out and highlighted box below and return.

***Medical and dental services (ORS 109.640): Minors who are 15 years or older can consent to medical and dental services without parental consent. This includes hospital care, as well as medical, dental, optometric and surgical diagnostic care.**

REQUIRED INFORMATION

Please fill out the section below even if you do NOT want to receive our services, THANK YOU!

Name: _____ Date of Birth: _____
Preferred Name: _____ School: _____ Grade: _____
Student Address: _____ City/State: _____ Zip: _____
Parent or Guardian's Name: _____ Today's date: _____
Home Ph.: _____ Gender: M F Non-Binary

Would you like to receive a dental screening? YES NO

Would you like to receive a fluoride treatment? YES NO

DENTAL HISTORY

Dentist: _____ Date of Last Exam: _____

Was Prescription Fluoride Applied? (check one): YES NO Are there any current dental problems we should be aware of? Please explain: _____

MEDICAL HISTORY

Please list any medications you are currently taking (please list): _____

Does you have or have they had any of the following? (please check):

Heart Surgery Heart Murmur Asthma High Blood Pressure Epilepsy/Seizures Diabetes (circle) I / II

Allergies (explain): _____

Behavioral Health Issues (explain): _____

Other (explain): _____

INFORMED CONSENT

I hereby give consent to receive the dental services I have approved on this form. I give consent for release and exchange of information between the school, community recourses such as Providence Seaside hospital and current dentist of record listed on this form. This consent will remain in effect for 12 months. **I consent that I am of legal age to sign and participate in this program.** My signature also acknowledges the receipt of privacy practice notice. **I recognize that serious oral health problems may be missed during the dental screening provided, and this screening does not take the place of a thorough examination by a dentist.**

Signature of Student or Parent

Date



Seaside High School
Cheer Team

Krispy Kreme

**DONUT
Sale!**

Starts Wednesday, 01
February

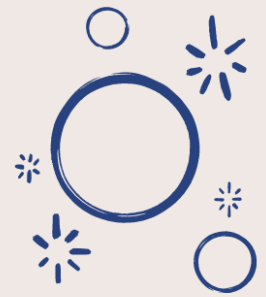
Find a Cheerleader
and put your orders in by
Wednesday, February 15th

ORDER NOW



SEASIDE SECONDARY SCHOOLS

GRADES 5TH - 12TH



JOIN US TUESDAY, FEBRUARY 28TH

COMMUNITY FAMILY NIGHT

**PARENTS!
FAMILY!
YOUTH!**

6:00 - 7:30pm - Seaside Secondary School

FREE dinner followed by a community resource fair, family activities, and educational workshops!

FREE childcare!

**Tendremos intérpretes para español.
Spanish interpretation will be provided**



Let us know if you plan on coming!



For more information, call (503) 738-5586

2023

Youth Cheer Camp Sign-Ups

Saturday, March 18th 9-11
and Sunday, March 19th 9-12

Open to Grades K-5

\$50 Registration



Space is Limited,
Register Early at
bit.ly/3DRR8q7

