

LoFat or Fat Free
Milk Choice is

ALA CARTE SALES (Will vary from one location to another. Check with
your SN Manager for what is being offered at your school. )
Extra Milk is $\$ 0.60$
WWW.carrollcountyschools.com
Fresh Fruit Bowl and water are available daily for Breakfast and Lunch.

| meal. | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Day | 4 | 5 | 6 | 7 | 8 |
| Breakfast | Biscuit Choice or Mini Pancakes / Juice / Fruit | Biscuit Choice / Yoplait Yogurt w/ Cereal / Juice / Fruit | Biscuit Choice or Pancake on a Stick / Juice / Fruit | Biscuit Choice or Muffin \& Yogurt / Juice / Fruit | Manager's Choice Juice / Fruit |
| Choose 1 Lunch Entrée or Salad Choice | Chicken Stir Fry w/ Egg Roll or Max Stix w/Marinara Sauce or Queso Cheese Sauce | Chili w/Hot Dog or Chili w/Grilled Cheese Sandwich | Hamburger or Deli Sandwich | Crispito (2) or Chicken Fajitas | Manager's Choice |
| Must Choose at Least 1: | Corn on Cob / Green Beans <br> Romaine Salad <br> Orange Wedges <br> Frozen Fruit Cup | Baked Potato w/Margarine \& Sour Cream / Broccoli w/ Cheese Sauce / Carrots w/ Dip / Grapes Cherry Applesauce | Lettuce, Tomato, Dill Slice Carrot \& Celery w/Dip Baked Fries / Juice Bar Pear Salad Chocolate Chip Cookie | Pinto Beans / Spanish Rice Lettuce-Tomato Cup Cherry Applesauce Fruit Cobbler | Please see individual schools for menu choices today. |
| or Salad | Yogurt Plate | Asian Chicken Salad | Yogurt Plate | Asian Chicken Salad | PBJ Sack |


| Day | 11 | 12 | 13 | 14 | 15 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast | Biscuit Choice or Mini Muffins w/ Cereal / Juice / Fruit | Biscuit Choice or Cereal w/Pop Tart / Juice / Fruit | Biscuit Choice or Breakfast Pizza / Juice / Fruit | Biscuit Choice or Honey Wheat Bun / Juice / Fruit | Professional Learning Day |
| Choose 1 Lunch Entrée or Salad Choice | Wild Mike's Pepperoni Pizza or BBQ Sandwich | Turkey Roast w/Gravy or Chicken Tenders | Sloppy Jo or Extreme Beans \& Cheese Burrito | Chicken Filet Sandwich or Ham \& Cheese Croissant |  |
| Must Choose at Least 1 : | Romaine Salad / Corn / California Blend Veggies / Applesauce / Dragon Punch Juice / Oatmeal Cookie | Cornbread / Creamed Potatoes Black-eye Peas / Green Beans Fruit Cocktail / Orange Wedges | Macaroni \& Cheese / Cafeteria Caviar w/Tortilla Chips Romaine Salad <br> Baked Cinnamon Apple Slices Ice Cream Cup | French Fries / Lettuce, Tomato, Dill Slice / Roasted Corn \& Black Bean Fiesta w/Tortilla Chips Jell-O w/Fruit / Glazed Apple Wedges / Spice Cake |  |
| Salad | Grilled Chicken Salad Plate | Chef Salad | Grilled Chicken Salad Plate | Chef Salad |  |
|  | Middue School |  | S M Mith Sa | ad B R |  |
| MS w/Salad Bar | Monday | Tuesday | Wednesday | Thursday | Friday |
|  | Grilled Chicken | Diced Ham w/Boiled Egg | Baked Potato Bar w/Chili, Sour Cream \& Steamed Broccoli | Pretzel w/Cheese Sauce | Pimento Cheese Sandwich or PBJ Sandwich |

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## www.carrollcountyschools.com

Menu Prices for Middle School

| Breakfast | Amount |
| :--- | :---: |
| Student | $\$ 1.50$ |
| Adult | $\$ 2.00$ |$\quad$| Lunch | Amount |
| :--- | :---: |
| Student | $\$ 2.75$ |
| Adult | $\$ 4.00$ |

Fresh Fruit Bowl and water are available daily for Breakfast and Lunch.

| LoFat or Fat Free Milk Choice is served with each meal | CHM, M14 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Day | 18 | 19 | 20 | 21 | 22 |
| Breakfast | Biscuit Choice or Breakfast Burrito / Juice / Fruit | Biscuit Choice or Pancake on a Stick / Juice / Fruit | Biscuit Choice or Mini Cinnis / Juice / Fruit | Biscuit Choice or <br> Mini French Toast / Juice / Fruit | Manager's Choice Juice / Fruit |
| Choose 1 Lunch Entrée or Salad Choice | Corndog or Crispitos (2) | Pepperoni Pizza or Beef \& Cheese Nachos | Chicken Tenders or Pork Roast | BBQ Pork Chops w/Roll or Chicken Alfredo w/Broccoli | Manager's Choice |
| Must Choose at Least 1: | Au Gratin Potatoes / Steamed Broccoli / Cole Slaw / Sherbet / Fresh Fruit Cup | Whole Kernel Corn / Romaine Salad / Pinto Beans / Juice Bar Sliced Peaches | Biscuit / Creamed Potatoes Brus- <br> sel Sprouts / Glazed Carrots / Strawberry-Banana Cup / Juice Cup | Oven Baked Okra / Baked Beans / Grape Cluster Rosy Pear Halves (2) Pudding w/Topping | Please see individual schools for menu choices today. |
| Salad | Yogurt Plate w/Fruit | Southwestern Plate | Yogurt Plate w/Fruit | Southwestern Plate | PBJ Sack |


| Day | 25 | 26 | 27 | 28 | 29 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast | Manager's Choice Juice / Fruit | Manager's Choice Juice / Fruit | Manager's Choice Juice / Fruit | Manager's Choice Juice / Fruit | Manager's Choice Juice / Fruit |
| Choose 1 Lunch Entrée or Salad Choice if offered | Manager's Choice | Manager's Choice | Manager's Choice | Manager's Choice | Manager's Choice |
| Must Choose at Least 1: | Please see individual schools for menu choices today. | Please see individual schools for menu choices today. | Please see individual schools for menu choices today. | Please see individual schools for menu choices today. | Please see individual schools for menu choices today. |
| Salad |  |  |  |  | PBJ Sack |
|  | $\mathbb{N}$ | dade Sch | (0)S Mitin | 5வ1® B ¢ |  |
| MS w/Salad Bar | Monday | Tuesday | Wednesday | Thursday | Friday |
|  | Grilled Chicken | Diced Ham w/Boiled Egg | Tuna Salad | Pretzel w/Cheese Sauce | Pimento Cheese Sandwich or PBJ Sandwich |

