

Course Description:

Intramural Sports is a course that teaches a variety of low-intensity recreational CO-ED competitive sport activities. Physical education standards are taught throughout the course and cover the following categories:

- Component 1: Motor Skills
 - Games, sports, lifetime activities
 - Fitness and lifetime activities
 - Dance, rhythms, and lifetime activities
- Component 2: Cognitive Concepts
 - Movement concepts and principles
 - Skill analysis
 - Game rules
 - Tactics and strategies
- Component 3: Fitness and Physical Activity
 - Health-related components
 - Skill-related components
 - Physical activity knowledge
 - Exercise prescription
 - Assessment
- Component 4: Personal and Social Responsibility
 - Personal behavior
 - Rules, etiquette, and sportsmanship
 - Cooperation
 - Safety
- Component 5: Values Physical Activity
 - Appreciation
 - Challenge

The standards for Physical Education grades 9 - 12 can be found at:

https://www.tn.gov/assets/entities/education/attachments/std_pe_gr_9-12.pdf

Materials required:

Athletic T-shirt (optional)

Athletic Shorts (optional)

Tennis Shoes (required)

Attendance: Class participation and attendance is highly encouraged for success in this class. Please refer to your student handbook for details on the attendance policy.

Dr. Note, injury & non-participation policy:

Students who bring a doctor's note, are experiencing an injury of some sort, or decide not to participate in physical education will be administered a writing report that is due at the end of class. Failure to turn in the written report will result in the student's grade dropping and further consequences will be discussed at teacher's discretion.

Grade Distribution:

Participation, individual work, teamwork: 75%

Assessment (written and skills based): 10%

Personal and social responsibility (sportsmanship, personal behavior, attitude, etc.): 15%

Class Participation: In order for classroom participation to be productive and to improve students' understanding of the intramural sport, the following "Norms for Active Participation" will be used as a guideline.

Norms for Active Participation in Class:

You have the right to:

- Make a contribution in a respectful, safe, and welcoming environment
- Ask questions that clarify and advance your understanding
- Be treated fairly and with proper sportsmanship
- Feel confident to learn new and challenging activities in a comfortable and safe learning environment

You are obligated to:

- Actively engage and participate in daily games and sports (unless noted otherwise)
- Try new sports and new activities with a non-judgmental, open mind
- Respect other classmates regardless of skill level
- Dress appropriately wearing the proper gym attire
- Critique other's skill-based performance, not other's athleticism
- Keep cell phone and any electronic device stored away in backpack

Physical Education Units:

- | | | |
|--------------------|-----------------|-----------------------|
| - Frisbee Softball | - Flag Football | - Ultimate Frisbee |
| - Frisbee Golf | - Badminton | - Ultimate Football |
| - Kan Jam | - Kickball | - Spikeball |
| - Volleyball | - Pickleball | - Handball |
| - Cornhole | - Table Tennis | - Wiffle Ball |
| - 9 Square | - Basketball | - Walking for Fitness |

Physical Education Syllabus
Dr. DeGenaro
juliedimick@bledsoecountyschools.org

Parents / Guardians,

Please read the syllabus for this class, complete, and return this page to the teacher.

Student's name: _____

Name of person(s) to contact about grades/behavior:

Contact number: _____

E-mail: _____

Your expectation for your child's grade in physical education : _____

Is there anything I need to know about your child that may affect his or her ability to comfortably or safely compete in competitive activities during class?

I have read and understand the class syllabus for physical education.

Parent / Guardian signature: _____

Date: _____