



July Breakfast & Lunch Menu

Verndale School District #818

www.verndaleschool.org

**Verndale School
Breakfast Menu**

Menu Subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				B-Dutch Waffle, Peaches, Juice, Milk L-Hot Dog/Bun, Chips, Fruit, Baked Beans, Milk
4	5	6	7	8
B-Frudel bar, Applesauce, Juice, Milk L-Cheeseburger/Bun, Baked Beans, Fruit, Milk	B-Yogurt, Muffin, Mixed Fruit, Juice, Milk L- WG Chicken Pattie/Bun, Broccoli, Fruit, Milk	B-Oatmeal Choc Chip Bar, Peaches, Apple Juice, Milk L-BBQ Pork/Bun, Green Beans,, Fruit, Milk	B-Mini Cream Cheese Bagel, Pears, Juice, Milk L-Chicken Fillet/Bun, Corn , Fruit, Milk	B-Cereal, Poptart, Craisins, Juice, Milk L-Hot Ham & Cheese/Bun, Chips, Carrots, Fruit, Milk
11	12	13	14	15
B-FRED Bar, Applesauce, Juice, Milk L-Sloppy Joe/Bun, Chips, Corn, Fruit, Milk	B-Nutrigrain Bar, Poptart, Mixed Fruit, Juice, Milk L-Bosco Sticks, Fruit, Broccoli, Milk	Cereal, Poptart, Peaches, Juice, Milk L-Popcorn Chicken, Chips, Fruit, Green Beans, Milk	Breakfast Bun, Pears, Juice, Milk L- Pizza, Carrots, Fruit, Milk	Benefit Bar, Craisins, Juice, Milk L-Hot Dog/Bun, Chips, Fruit, Baked Beans, Milk
18	19	20	21	22
B-Yogurt, Muffin, Applesauce, Juice, Milk L-Mini Corn Dogs, Chips, Baked Beans, Fruit, Milk,	B-Frudel Bar, Mixed Fruit, Juice, Milk L-Cheesburger/Bun, Broccoli, Fruit, Milk	B-Dutch Waffle, Peaches, Juice, Milk L-WG Chicken Pattie/Bun, Green Beans, Fruit, Milk	B-Oatmeal Choc Chip Bar, Apple Juice, Pears, Milk L-BBQ Pork/Bun, Chips, Corn , Fruit, Milk	B-Mini Cream Cheese Bagel, Craisins, Juice, Milk L-Hot Ham & Cheese/Bun, Chips, Carrots, Fruit, Milk
25	26	27	28	29
B-Cereal, Pop Tart, Applesauce, Juice, Milk L-Pizza, Broccoli, Fruit, Milk	B-FRED Bar, Mixed Fruit, Juice, Milk L-Sloppy Joe/Bun, Fruit, Carrots, Milk	B-Nutrigrain Bar, Poptart, Peaches, Juice, Milk L-Bosco Sticks, Fruit, Green Beans, Milk	B-Choice of Cereal, Poptart, Pears, Juice, Milk L- Popcorn Chicken, Chips, Corn, Fruit, Milk, Milk	B-Cooks choice, Peaches, Juice, Milk L-Hot Dog, Chips, Fruit, Baked Beans, Milk

MENU SUBJECT TO CHANGE

Questions or Comments? Call or email Vickie Thompson 218-445-5184; vthompson@vps.verndale.k12.mn.us

This institution is an equal opportunity provider



June Lunch Menu 2022

**Verndale School
Lunch Menu**

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Lunch

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	May 31	4	5	6
	Cheeseburger/Bun, French Fries, Lettuce, Peachs, Kiwi, Milk	Corn Dogs, Baked Beans, Celery Sticks, Applesauce, Pineapple, Milk	Bosco Sticks, Marinara Sauce, Cauliflower, Strawberries, Banana, Milk	Sloppy Joe/Bun, Corn, Carrot Sticks, Pears, Grapes, Milk
9	10	11	12	13
Beef Spaghetti, Dinner Roll, Spring Green Lettuce, Celery, Peaches, Kiwi, Milk	Beef Nachos, Tortilla chips, Lettuce, Tomato, Sliced Peaches, Apple, Milk	Elem-Hot Ham & Cheese/Bun, High School-Italian Sub, Cooked Carrots, Lettuce, Orange, Pears, Milk	Breaded Chicken Drumstick, Dinner Roll, Mashed Potatoes, Corn, Strawberries, Pineapple, Milk	Pizza Crunchers, Marinara Sauce, Baked Beans, Apple Sauce, Grapes, Milk
16	17	18	19	20
Hamburger Hotdish, Dinner Roll, Peas, Broccoli, Pears, Pineapple, Milk	French Bread Pizza, Corn, Marinara Sauce, Applesauce, Apple, Milk	Beef Taco, Shredded Cheese, Tortilla Chips, Diced Tomatoes, Spring Green Lettuce, Peaches, Grapes, Milk	Elem-Hot ham and cheese/Bun, H.S. Philly Chicken Sub Celery, French Fries, Strawberries, Mandarin Oranges, Milk	Hot Dog/Bun, Chips, Baked Beans, Carrot Sticks, Pears, Kiwi, Milk
23	24	25	26	27
COOKS CHOICE	COOKS CHOICE	COOKS CHOICE	COOKS CHOICE	COOKS CHOICE Last day of School
30	31			

Menu subject to change

Lunch Options offered Daily:

Grades 9-12 Options: Garden Salad served on serving line

Grades 7-12 Options:

Chef Salad Prepared

Choice of Bento Boxes

Parfait-Yogurt, fruit and Granola

Students may also choose fruit and vegetable items and milk from the serving line

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