

- 2023 -

# OCTOBER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Mountain Vista**

**Breakfast Menu**

**Option 2:**

**Assorted Cereal**

**Option 3:**

**Yogurt Bar  
With Assorted  
Fruit & Toppings**

**Breakfast Prices:**

**Full: \$1.50  
Reduced: \$.30**

2

Breakfast Burrito  
Fruit  
Juice  
Milk

3

Egg Omelet  
Bacon  
Toast  
Fruit  
Juice  
Milk

4

Biscuits  
Sausage Gravy  
Fruit  
Juice  
Milk

5

Frudel  
Fruit  
Juice  
Milk

6

Cereal  
Fruit  
Juice  
Milk

9

10

11

12

13

**Fall Break**

16

Egg Muffin  
Sandwich w/  
cheese  
Fruit  
Juice  
Milk

17

Banana Bread  
Fruit  
Juice  
Milk

18

Scrambled Eggs  
Toast  
Fruit  
Juice  
Milk

19

Pancake Wrap  
Fruit  
Juice  
Milk

20

Cinnamon Rolls  
Fruit  
Juice  
Milk

23

Cereal  
Fruit  
Juice  
Milk

24

French Toast  
Sausage Patties  
Fruit  
Juice  
Milk

25

Chef's Choice  
Fruit  
Juice  
Milk

26

Egg Pattie on a  
Croissant w/cheese  
Fruit  
Juice  
Milk

27

Fruit Smoothie  
Cereal Bar  
Fruit  
Juice  
Milk

30

Bagel  
FF Cream Cheese  
Fruit  
Juice  
Milk

31

Egg Omelet  
Toast  
Fruit  
Juice  
Milk