



LIBERTY COUNTY HIGH SCHOOL

12852 Co Rd 12

BRISTOL, FL 32321

PHONE: 850-643-2241 – FAX: 850-643

2025 Boys Weightlifting Schedule



<u>Date</u>	<u>Location</u>	<u>Time</u>
Jan 6 th	First Official Practice	
Jan 22 nd	Mock Meet	
Feb 5 th	@ Blountstown	3:30
Feb 12 th	FSUHS	3:30
Feb 19 th	PSJ	3:30
Feb 26 th	@ Wewa	3:00
Mar 6 th	Wewa	3:30
Mar 14 th	Guys vs. Gravity (Marianna)	9:00 am
Mar 17 th – 21 st	Spring Break	
Mar 27 th	@ Altha	10:00 am
April 2 nd – 5 th	Regionals TBA	TBA
April 19 th -20 th	State @ RP Funding Center	TBA

Head Coach: Gerald Tranquille
Assistant Coach: Corey Silcox