

# September 2023

## Vista Grande School Lunch Menu



|  | Monday   | Tuesday  | Wednesday   | Thursday   | Friday   |  |
|--|--|--|---|--|--|--|
|  | 4<br>Macaroni & Cheese, Cucumber, Carrot sticks, Peach, Milk | 5<br>Chicken Burrito, Salad, Apple, Milk             | 6<br>Turkey/Cheese Sandwich, Salad Orange Slices, Milk  | 7<br>Beef Tacos, Beans, Fruit, Milk                | 8<br>BBQ Chicken Sandwich, Cabbage Slaw, Fruit, Milk   |  |
|  | 11<br>Chicken Tacos, Salad, Fresh Fruit, Milk                | 12<br>Pasta Salad with Turkey, Fruit, Milk           | 13<br>Chicken Enchiladas, Sweet Corn, Fruit, Milk       | 14<br>Ham and Cheese Sandwich, Salad, Fruit, Milk  | 15<br>Turkey, Veggie Wrap, Fresh Fruit, Milk           |  |
|  | 18<br>Spaghetti and Marinara, Salad, Fruit, Milk             | 19<br>BBQ Chicken Cole Slaw, Rice, Fresh Fruit, Milk | 20<br>Chicken Alfredo, Broccoli, Fruit, Milk            | 21<br>Red Chile Enchiladas Sweet Corn, Fruit, Milk | 22<br>Sloppy Joe Baked Beans Cole Slaw Fruit, Milk     |  |
|  | 25<br>Macaroni & Cheese, Veggie sticks, Peach, Milk          | 26<br>Chicken Burrito, Salad, Apple, Milk            | 27<br>Turkey/Cheese Sandwich, Salad Orange Slices, Milk | 28<br>Beef Tacos, Beans, Carrot Sticks Fruit, Milk | 29<br>Teriyaki Chicken Cabbage Slaw, Rice, Fruit, Milk |  |