








Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
		1 	2 Chicken Patty on w/g Bun FEATURED VEGGIES French Fries Cupped Fruit	3 Mozzarella Sticks with sauce cup FEATURED VEGGIES Cooked Carrots Fresh Fruit	What is a Meal? You must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk A minimum 1/2 cup serving of fruit or vegetable must accompany a reimbursable lunch. Choice of Cold Vegetables Daily <u>Mon:</u> Baby Carrots <u>Tue:</u> Cucumbers <u>Wed:</u> Celery <u>Thurs:</u> Toasty Bean Bites <u>Fri:</u> Caesar Salad Choice of Fruit Seasonal Fresh Fruits, Canned Fruit in Light Syrup, 100% Fruit Juice Choice of Milk 1% White, Fat Free Chocolate, Fat Free Strawberry or Lactaid (with doctor's note) Daily Alternates (Un crustable Meal) Smucker's Peanut Butter & Jelly, Goldfish Crackers and a Cheese Stick. of (Cereal Meal) Assorted Cereals, Goldfish Crackers, Yogurt and a Cheese Stick BEGINNING 1/13- Italian Hoagie- with tomatoes, Lettuce, oregano 
6 French Toast Sticks w/ Sausage Pizza Dippers with sauce cup FEATURED VEGGIES Hash Brown Fresh Fruit	7 Chicken Quesadilla w/ Salsa & Sour cream Pizza Dippers with sauce cup FEATURED VEGGIES Golden Corn Cupped Fruit	8 Meatball Parm Sandwich on w/g Torp Pizza Dippers with sauce cup FEATURED VEGGIES Garlic Spinach Fresh Fruit	9 Asian Sesame Chicken over Brown Rice FEATURED VEGGIES Seasoned Green Beans Cupped Fruit	10 Nardone's: Personal Pizza FEATURED VEGGIES Peas & Carrots Fresh Fruit	
13 Breakfast Sandwich, Egg, Cheese & Bacon on a Bagel Stuffed Crust Pizza FEATURED VEGGIES BBQ Baked Beans Fresh Fruit	14 Walking Tacos w/ a Churro Stuffed Crust Pizza FEATURED VEGGIES Golden Corn Cupped Fruit	15 Grilled Cheese w/ Tomato Soup Stuffed Crust Pizza FEATURED VEGGIES Broccoli Fresh Fruit	16 Popcorn Chicken Mashed Potato Bowl w/ Gravy & Cheese FEATURED VEGGIES Mashed Potatoes & Corn Cupped Fruit	 17 Homemade Pizza: Cheese or Pepperoni FEATURED VEGGIES Mixed Vegetables Fresh Fruit	
20 NO SCHOOL	21 Chicken Patty o w/b Hot Dog on a w/g FEATURED VEGGIES Golden Corn Cupped Fruit	22 Pasta w/ Meat Sauce and a Bread Stick Hot Dog on Bun FEATURED VEGGIES Garlic Spinach Fresh Fruit	23 Chicken Tenders w/ Waffles & Syrup FEATURED VEGGIES Smiley Fries Cupped Fruit	24 Stuffed Bread Sticks w/ sauce cup FEATURED VEGGIES Cooked Carrots Fresh Fruit	
27 Dutch Waffle w/ Sausage Cheeseburger on w/g Bun FEATURED VEGGIES Hash Brown Fresh Fruit	28 Walking Tacos w/ a Churro Cheeseburger on w/g Bun FEATURED VEGGIES Golden Corn Cupped Fruit	 29 Buffalo Chicken Dip with Tortilla Chips & Celery Sticks Cheeseburger on w/g Bun FEATURED VEGGIES BBQ Baked Beans Fresh Fruit	30 Chicken Nuggets w/ Mac & Cheese FEATURED VEGGIES Steamed Broccoli Cupped Fruit	31 Homemade Pizza: Cheese or Pepperoni FEATURED VEGGIES Peas & Carrots Fresh Fruit	
NUTRI SERVE FOOD MANAGEMENT Kristine Colo, Food Service Director 856.224.4900 ext. 2128 GRE@NSFM.COM			Meal Prices Student Lunch \$3.75 Reduced Lunch \$0.00 Faculty Lunch \$5.00		 NUTRI-SERVE FOOD MANAGEMENT, INC. by Metz

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.