Breakfast and Lunch are currently available to <u>ALL</u> students for <u>FREE</u>

Sterling Community School Breakfast & Lunch Menu Fresh Fruits and Veggies served Every Day!

## Nov 2021

11/1	11/2	44/2		11/5
11/1		11/3		11/5
Chicken Tenders		Baked Mac & Cheese		Pizza Day!!
Dinner Roll		-	w/ Cheese & Chips	Pizza Day!!
Fresh Fruit & Veggies Milk	Fresh Fruits & Veggies Milk	Fresh Fruit & Veggies Milk	Fresh Fruit & Veggies Milk	Fresh Fruit & Veggies Milk
Alt. Sunbutter & Jelly	Alt. Sunbutter & Jelly	Alt. Sunbutter & Jelly	Alt. Sunbutter & Jelly	Alt. Sunbutter & Jelly
Breakfast:	Breakfast:	Breakfast:	Breakfast:	Breakfast:
Cereal	Chocolate Chip Muffin	Pastry	Cinnamon Roll	Cereal
11/8	11/9	11/10	11/11	. 11/12
Chicken Salad w/ Dinner Roll		Cheeseburger On a Roll		
Fresh Fruit & Veggies Milk	Fresh Fruits & Veggies Milk	Fresh Fruit & Veggies Milk	NO SCHOOL	NO SCHOOL
Alt. Sunbutter & Jelly	Alt. Sunbutter & Jelly	Alt. Sunbutter & Jelly		
Breakfast: Cereal	Breakfast: Chocolate Chip Muffin	Breakfast:		
11/15	11/16	11/17	11/18	11/19
Grilled	-			Pizza Day!!
Cheese	Nachos			Pizza Day!!
	Fresh Fruit & Veggies			
Milk			Milk	Milk
Alt. Sunbutter & Jelly	Alt. Sunbutter & Jelly	Alt. Sunbutter & Jelly	Alt. Sunbutter & Jelly	Alt. Sunbutter & Jelly
Breakfast:	Breakfast:	Breakfast:	Breakfast:	Breakfast:
Cereal	Choc. Chip Muffin	Pastry	Cinnamon Roll	Cereal
11/22	11/23	11/24	11/25	11/26
Sloppy Joe	Turkey			
on a Roll	Dinner			
Milk	Fresh Fruit & Veggies Milk	NO SCHOOL	NO SCHOOL	NO SCHOOL
Alt. Sunbutter & Jelly	Alt. Sunbutter & Jelly			
Breakfast:	Breakfast:			
Cereal	Choc. Chip Muffin			
11/29	11/30	12/1		12/3
Cheese	Cheeseburger	Chicken Teriyaki	Turkey & Cheese	Pizza Day!!!
Quesadilla	On a Roll	Rice Bowl	Sandwich	Pizza Day!! Froch Fruit & Voggios
Fresh Fruit & Veggies Milk	Fresh Fruit & Veggies Milk	Fresh Fruit & Veggies Milk	Fresh Fruit & Veggies Milk	Milk
Alt. Sunbutter & Jelly			Alt. Sunbutter & Jelly	
Breakfast:	Breakfast:	Breakfast:	Breakfast:	Breakfast:
Cereal	Choc. Chip Muffin	Pastrv	Cinnamon Roll	Cereal

\*Menu subject to change without notice. \*\* Grab&Go Meals may vary from printed menu



## **Child Nutrition Update**

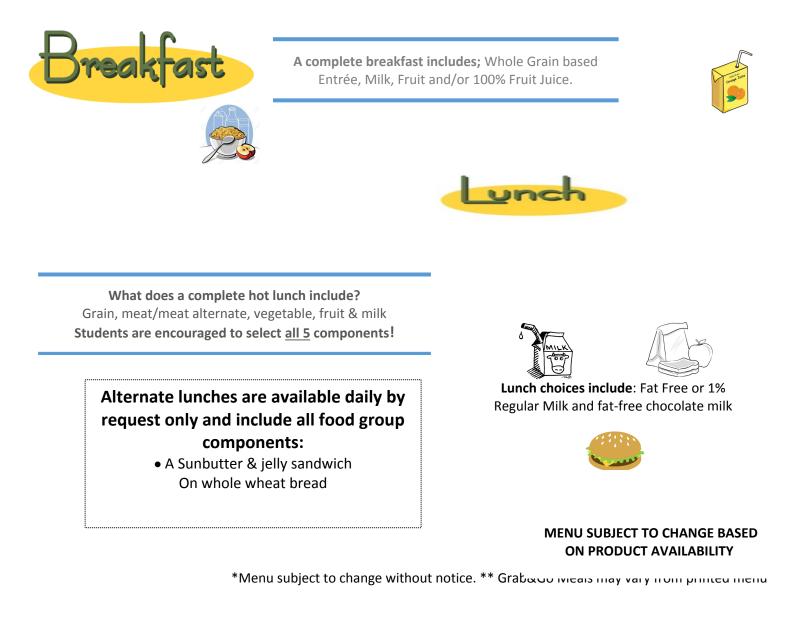


Please be advised that menus are subject to change without notice. However, we will communicate any changes whenever possible. Driver and food and supply shortages are nationwide, and our districts are no exception. We are experiencing shortages, quality, and consistency issues, last-minute replacements, late or delayed deliveries, or no delivery at all. Along with having to contend with an extremely broken supply chain, we are operating with severe staffing constraints in many of our kitchens. Though we are actively hiring, many are brand new to child nutrition and need training, which is difficult when short-staffed.

Though we are all eager to return to pre-covid operations, unfortunately, this is our current reality, making kindness and positivity even more valuable than ever. Please know that we are doing the best we can under the circumstances and remain grateful to provide meals safely to our students every day. Your patience and understanding are greatly appreciated as we continue to navigate our way through these uncertain times.

With appreciation,

## Heather



This is an equal opportunity institution.