

BREAKFAST

DECEMBER 2022
Portage Area Elementary School

Cereals Offered Daily:
Trix
Apple Cinnamon Cheerios
Lucky Charms

Breakfast Kits Offered Daily:
Fudge Pop tart
Strawberry Pop tart
Cocoa Puff Bar

MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO PRODUCT AVAILABILITY

Monday

Tuesday

Wednesday

Thursday

Friday



5
Breakfast Pizza or
Mini Strawberry Filled Bagel
Assortment of Fruit
100% Juice
Choice of Milk

6
Omelet w/Toast or
Mini Strawberry Filled Bagel
Assortment of Fruit
100% Juice
Choice of Milk

7
French Toast Squares or
Mini Strawberry Filled Bagel
Assortment of Fruit
100% Juice
Choice of Milk

1
Chocolate Chip Crumb Cake or
Mini Strawberry Filled Bagel
Assortment of Fruit
100% Juice
Choice of Milk

2
Donut or
Mini Strawberry Filled Bagel
Assortment of Fruit
100% Juice
Choice of Milk

12
Breakfast Pizza or
Mini Strawberry Filled Bagel
Assortment of Fruit
100% Juice
Choice of Milk

13
Egg, Sausage, & Cheese Muffin or
Mini Strawberry Filled Bagel
Assortment of Fruit
100% Juice
Choice of Milk

14
Mini Pancakes or
Mini Strawberry Filled Bagel
Assortment of Fruit
100% Juice
Choice of Milk

8
Raspberry Turnover or
Mini Strawberry Filled Bagel
Assortment of Fruit
100% Juice
Choice of Milk

9
Funnel Cake or
Mini Strawberry Filled Bagel
Assortment of Fruit
100% Juice
Choice of Milk

15
Chocolate Chip Crumb Cake or
Mini Strawberry Filled Bagel
Assortment of Fruit
100% Juice
Choice of Milk

16
Donut or
Mini Strawberry Filled Bagel
Assortment of Fruit
100% Juice
Choice of Milk

19
Breakfast Pizza or
Mini Strawberry Filled Bagel
Assortment of Fruit
100% Juice
Choice of Milk

20
Omelet w/Toast or
Mini Strawberry Filled Bagel
Assortment of Fruit
100% Juice
Choice of Milk

21
French Toast Squares or
Mini Strawberry Filled Bagel
Assortment of Fruit
100% Juice
Choice of Milk

22
Raspberry Turnover or
Mini Strawberry Filled Bagel
Assortment of Fruit
100% Juice
Choice of Milk

23
No School
Happy Holidays

26
**No School/
Christmas
Break**

27
**No School/
Christmas
Break**

28
**No School/
Christmas
Break**

29
**No School/
Christmas
Break**

30
**No School/
Christmas
Break**

What is CEP and what does it mean for me?

- CEP stands for Community Eligibility Provision.
- Under CEP, all students in Portage Area School District are eligible to receive (1) breakfast and (1) lunch at no cost.

The 5 food groups to a school breakfast are:

- Meat/Meat Alternative
- Grain
- Fruit
- Vegetable
- Milk

Choice at least 3 food groups.
Take at least 1/2 cup fruit and/or vegetable.



Meal Prices
2nd Breakfast - \$2.00 Adult Breakfast - \$3.00
Milk (2nd) - \$.50
Bottled Water (Large) - \$.50
Bottled Water (Small) - \$.30

A copy of the menu with the nutritional and allergy information is available at:
<https://www.schoolcafe.com/PortageASD>