

Lunch

November 2021

Monday

Tuesday

Wednesday

Thursday

Friday

1

Chicken Breast Sandwich
Carrots
Mixed Salad (iceberg)
Manager Fruit Choices

2

Meatball Sub w/Tom. Sauce
Peppers & Onions
Fries
Manager Fruit Choices

3

Baked Ziti
Breadstick
Broccoli
Corn
Manager Fruit Choices

4

Salisbury Steak w/Gravy
Mashed Potatoes
Sweet Peas
Carrots
Manager Fruit Choices

5

Tater Tot Bar
Chili (no beans)
Cheese Sauce
Corn Chips
Broccoli
Manager Fruit Choices

8

Hamburger or Cheeseburger
Fries
Mixed Salad (Romaine)
Manager Fruit Choices

9

Turkey & Cheese Sandwich
Corn Chips
Carrots
Mixed Salad
Manager Fruit Choices

10

Pizza
Sweet Potato Fries
Corn
Juice
Manager Fruit Choices

11

Ham & Potato Soup
Grilled Cheese
Corn Chips
Pinto Beans
Manager Fruit Choices



12

Orange Chicken
Rice
Vegetable Egg Roll
Vegetable Blend
Manager Fruit Choices

15

Ham
Cornbread
Mashed Potatoes & Gravy
Collard Greens
Manager Fruit Choices

16

Vegetable Beef Soup
PB&J
Cheetos
Carrot & Celery Sticks
Juice
Manager Fruit Choices

17

BBQ Chicken
Roll(s)
Baked Beans
Carrots
Manager Fruit Choices

18

Pizza
Mixed Salad (iceberg)
Corn on the Cob
Juice
Manager Fruit Choices

19

Turkey & Gravy
Stuffing
Green Beans
Corn on the Cob
Yams
Apple Crisp
Cranberry Juice

22

Hamburger or Cheeseburger
Fries
Manager Choice Veggie
Manager Fruit Choices

23

Turkey & Cheese Sandwich
Corn Chips
Managers Choice for
Vegetables and Fruits

24

Holiday

25

Holiday



26

Holiday

29

Chicken Fries
Fries
Mixed Salad (iceberg)
Green Peas
Manager Fruit Choices

30

Meatloaf
Mashed Potatoes & Gravy
Carrots
Juice
Apple Pie

1

Chicken & Waffle
Green Beans
Corn
Manager Fruit Choices

2

Frito Chili Dog
Salsa
Pickle Spears
Manager Fruit Choices

3

Tacos
Corn Chips
Pinto Beans
Mixed Salad (Romaine)
Manager Fruit Choices

Breakfast

November 2021

Monday

1

**French Toast Sticks
Or Cinnamon Toast
Crunch Bar**
Juice
Manager Fruit Choice

8

**Sausage Biscuit
Or Muffin & Cheese Stick**
Juice
Manager Fruit Choice

15

**French Toast Sticks
Or Cinnamon Toast
Crunch Bar**
Juice
Manager Fruit Choice

22

**Sausage Biscuit
Or Muffin & Cheese Stick**
Juice
Manager Fruit Choice

29

**French Toast Sticks
Or Cinnamon Toast
Crunch Bar**
Juice
Manager Fruit Choice

Tuesday

2

**Pancake & Sausage
Sandwich or
Muffin & Cheese Stick**
Juice
Manager Fruit Choice

9

**Breakfast Pizza
Or Pop Tart**
Cheese Stick
Juice
Manager Fruit Choice

16

**Pancake & Sausage
Sandwich or
Muffin & Cheese Stick**
Juice
Manager Fruit Choice

23

**Breakfast Pizza
Or Pop Tart**
Cheese Stick
Juice
Manager Fruit Choice

30

**Pancake & Sausage
Sandwich or
Muffin & Cheese Stick**
Juice
Manager Fruit Choice

Wednesday

3

**Chicken Biscuit
Or Cereal**
Hashbrown
Juice
Manager Fruit Choice

10

**Cinni Mini or
Nutrigrain Bar**
Yogurt
Juice
Manager Fruit Choice

17

**Chicken Biscuit
Or Cereal**
Hashbrown
Juice
Manager Fruit Choice

24

Holiday

1

**Chicken Biscuit
Or Cereal**
Hashbrown
Juice
Fruit Choice

Thursday

5

**Omelet and Waffle
Or 2 Waffles**
Juice
Manager Fruit Choice

11

**French Toast
Or Cereal**
Bug Bites Cracker
Juice
Manager Fruit Choice

18

**Omelet and Waffle
Or 2 Waffles**
Juice
Manager Fruit Choice

25

Holiday

2

**Omelet and Waffle
Or 2 Waffles**
Juice
Manager Fruit Choice

Friday

6

**Pancakes
Or Cereal**
Yogurt
Juice
Manager Fruit Choice

12

**Waffles
Or Cereal**
Hashbrown
Juice
Manager Fruit Choice

19

Grits Or Cereal
Sausage
Juice
Manager Fruit Choice

26

Holiday

3

Grits Or Cereal
Sausage
Juice
Manager Fruit Choice