

MARCH 2024

Dawson Springs

This Institution is an equal opportunity provider

Monday



Tuesday



Wednesday



Thursday



Friday

4
Chicken Tenders w/Roll or Buffalo Chicken Wrap, Tater Tots, Broccoli, Carrots w/Ranch, Fruit or Juice & Milk

5
Chicken Alfredo w/Garlic Bread, or Rib Sandwich, Peas & Carrots, Cali Veggies, Side Salad, Fruit or Juice & Milk

6
Chicken Fried Steak or Chicken Drumstick, Mashed Potatoes, Green Beans, Roll, Fruit or Juice & Milk

7
Beef & Cheese Nachos or Mac & Cheese, Refried Beans, Fiesta Veggies, Lettuce/Tomato Cup, Fruit or Juice & Milk

1
Pizza or Corndog, Corn, Baby Carrots, Side Salad, Fruit or Sidekick, Cookie & Milk

11
Grilled Cheese or Rib Sandwich, Tater Tots, Broccoli, Coleslaw, Tomato Soup, Fruit, or Juice & Milk

12
Chicken Filet Sandwich or Spicy Chicken Sandwich, Potato Smiles, Glazed Carrots, Lettuce/Tomato, Fruit or Juice & Milk

13
Chicken Fried Steak or Meatloaf, Mashed Potatoes, Green Beans, Roll, Fruit or Juice & Milk

14
Hamburger or Cheeseburger, Fries, Pork-n-Beans, Lettuce/Tomato, Fruit or Juice & Milk

15
Pizza or Corndog, Corn, Baby Carrots, Side Salad, Fruit or Sidekick, Cookie & Milk

18
Chicken Nuggets or General TSO's Chicken w/Rice, Tater Tots, Stir Fry Veggies, Side Salad, Egg Roll, Roll, Fruit or Juice & Milk

19
Rotini w/Garlic Bread, or Meatball Sub, Potato Smiles, Corn on the Cob, Side Salad, Fruit or Juice & Milk

20
Chicken Fried Steak or Chicken Drumstick, Mashed Potatoes, Green Beans, Roll, Fruit or Juice & Milk

21
Chicken Fajita or Crispito w/Queso, Fiesta Veggies, Refried Beans, Salsa & Chips, Fruit or Juice & Milk

22
Pizza or Corndog, Corn, Baby Carrots, Side Salad, Fruit or Sidekick, Cookie & Milk

25
Chili, Chili Dog or Hotdog, Baked Potato Coleslaw, Fritos, Fruit or Juice & Milk

26
Lasagna w/Garlic Bread, or Calzone w/Marinara, Corn on the Cob, Broccoli, Side Salad, Fruit or Juice & Milk

27
Chicken Fried Steak or Turkey Roast, Mashed Potatoes, Green Beans, Roll, Fruit or Juice & Milk

28
Tacos or Chicken Quesadilla, Fiesta Veggies, Refried Beans, Salsa & Chips, Fruit or Juice & Milk

29
Pizza or Corndog, Corn, Baby Carrots, Side Salad, Fruit or Sidekick, Cookie & Milk

Daily Breakfast Items: Cereal, Poptarts, Fruit, Juice & Milk

- Monday: Sausage Biscuit or Mini Pancakes
- Tuesday: Breakfast Pizza or Cinnamon Roll
- Wednesday: Egg & Cheese Biscuit or Mini Donuts
- Thursday: Chicken Biscuit or Banana Bread
- Friday: Sausage Pancake on a Stick

Daily Lunch Menu Items Include:

All of these options come with Vegetable, Fruit & Milk

- Yogurt or Beef Sticks, String Cheese Stick, Muffin & Cheez-its
- Soybutter & Jelly Sandwich w/Cheese Stick & Cheez-its
- Ham & Cheese Sandwich
- Ham or Turkey & Cheese Wrap
- Pizza Lunchable
- Chef Salad w/Roll

Menu is subject to change without notice