

## **2022-2023 Regular Bell Schedule**

Periods	Time	Instructional Time
Doors Open/ Breakfast	7:30 – 7:55	
First Bell	7:55	
1 <sup>st</sup> Block	8:00 – 9:30	90 minutes
Transition	9:30 – 9:35	
Panther Period	9:35 – 10:20	45 minutes
Transition	10:20 – 10:25	
2 <sup>nd</sup> Block	10:25 – 12:25	120 minutes
1 <sup>st</sup> Lunch	11:00 – 11:25	
2 <sup>nd</sup> Lunch	11:30 – 11:55	
3 <sup>rd</sup> Lunch	12:00 – 12:25	
Transition	12:25 – 12:30	
3 <sup>rd</sup> Block	12:30 – 2:00	90 minutes
Transition	2:00 – 2:05	
4 <sup>th</sup> Block	2:05 – 3:45*	100 minutes  (90 minutes for instructional time; afternoon announcements and staggered release time)

\*All non-bus riders are released at 3:45, all bus riders will be released when all buses are present on SCHS campus