

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

Sausage Biscuit **7**  
French Toast Sticks  
**Fruit & Yogurt Smoothie**  
Assorted Muffins, Scones & Cereal Bars w/ Yogurt  
Fresh Fruit, Juice & Milk

Panther Sandwich **1**  
Waffles  
**Fruit & Yogurt Parfait**  
Assorted Muffins, Scones & Cereal Bars w/ Yogurt  
Fresh Fruit, Juice & Milk

Sausage Gravy & Biscuit **2**  
Bagel & Cream Cheese  
**Fruit & Yogurt Smoothie**  
Assorted Muffins, Scones & Cereal Bars w/ Yogurt  
Fresh Fruit, Juice & Milk

Chicken Biscuit **3**  
Pancakes  
**Fruit & Yogurt Parfait**  
Assorted Muffins, Scones & Cereal Bars w/ Yogurt  
Fresh Fruit, Juice & Milk

Breakfast Pizza **4**  
Egg & Cheese Burrito  
**Fruit & Yogurt Smoothie**  
Assorted Muffins, Scones & Cereal Bars w/ Yogurt  
Fresh Fruit, Juice & Milk

Sausage Biscuit **7**  
French Toast Sticks  
**Fruit & Yogurt Smoothie**  
Assorted Muffins, Scones & Cereal Bars w/ Yogurt  
Fresh Fruit, Juice & Milk

Panther Sandwich **8**  
Waffles  
**Fruit & Yogurt Parfait**  
Assorted Muffins, Scones & Cereal Bars w/ Yogurt  
Fresh Fruit, Juice & Milk

Sausage Gravy & Biscuit **9**  
Bagel & Cream Cheese  
**Fruit & Yogurt Smoothie**  
Assorted Muffins, Scones & Cereal Bars w/ Yogurt  
Fresh Fruit, Juice & Milk

Chicken Biscuit **10**  
Pancakes  
**Fruit & Yogurt Parfait**  
Assorted Muffins, Scones & Cereal Bars w/ Yogurt  
Fresh Fruit, Juice & Milk

Breakfast Pizza **11**  
Egg & Cheese Burrito  
**Fruit & Yogurt Smoothie**  
Assorted Muffins, Scones & Cereal Bars w/ Yogurt  
Fresh Fruit, Juice & Milk

Sausage Biscuit **14**  
French Toast Sticks  
**Fruit & Yogurt Smoothie**  
Assorted Muffins, Scones & Cereal Bars w/ Yogurt  
Fresh Fruit, Juice & Milk

Panther Sandwich **15**  
Waffles  
**Fruit & Yogurt Parfait**  
Assorted Muffins, Scones & Cereal Bars w/ Yogurt  
Fresh Fruit, Juice & Milk

Sausage Gravy & Biscuit **16**  
Bagel & Cream Cheese  
**Fruit & Yogurt Smoothie**  
Assorted Muffins, Scones & Cereal Bars w/ Yogurt  
Fresh Fruit, Juice & Milk

Chicken Biscuit **17**  
Pancakes  
**Fruit & Yogurt Parfait**  
Assorted Muffins, Scones & Cereal Bars w/ Yogurt  
Fresh Fruit, Juice & Milk

**BREAK #2**  
**NO SCHOOL**

**BREAK #2**  
**NO SCHOOL**

**BREAK #2**  
**NO SCHOOL**

Sausage Gravy & Biscuit **23**  
Bagel & Cream Cheese  
**Fruit & Yogurt Smoothie**  
Assorted Muffins, Scones & Cereal Bars w/ Yogurt  
Fresh Fruit, Juice & Milk

Chicken Biscuit **24**  
Pancakes  
**Fruit & Yogurt Parfait**  
Assorted Muffins, Scones & Cereal Bars w/ Yogurt  
Fresh Fruit, Juice & Milk

Breakfast Pizza **25**  
Egg & Cheese Burrito  
**Fruit & Yogurt Smoothie**  
Assorted Muffins, Scones & Cereal Bars w/ Yogurt  
Fresh Fruit, Juice & Milk

Sausage Biscuit **28**  
French Toast Sticks  
**Fruit & Yogurt Smoothie**  
Assorted Muffins, Scones & Cereal Bars w/ Yogurt  
Fresh Fruit, Juice & Milk

Panther Sandwich **29**  
Waffles  
**Fruit & Yogurt Parfait**  
Assorted Muffins, Scones & Cereal Bars w/ Yogurt  
Fresh Fruit, Juice & Milk

Sausage Gravy & Biscuit **30**  
Bagel & Cream Cheese  
**Fruit & Yogurt Smoothie**  
Assorted Muffins, Scones & Cereal Bars w/ Yogurt  
Fresh Fruit, Juice & Milk

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**7**  
Crispy Chicken Sandwich  
PB&J Sandwich  
Salad Bar & Baked Potato  
Carrots & Tater Tots  
Fresh Fruit, Juice & Milk

**14**  
**Chicken Fajitas w/ Onions & Peppers**  
PB&J Sandwich  
Salad Bar & Baked Potato  
Broccoli & Refried Beans  
Fresh Fruit, Juice & Milk

**21**  
**BREAK # 2**  
**NO SCHOOL**

**28**  
**Beef Nacho Bowl w/ Fresh Salsa & Toppings**  
PB&J Sandwich  
Salad Bar & Baked Potato  
Corn & Black Beans  
Fresh Fruit, Juice & Milk

**Walking Taco Tuesday w/ Cheese, Lettuce & Tomato**  
PB&J Sandwich  
Salad Bar & Baked Potato  
Corn & Pinto Beans  
Fresh Fruit, Juice & Milk

**8**  
Panther Burger w/ Bacon, Cheese, Lettuce & Tomato  
PB&J Sandwich  
Salad Bar & Baked Potato  
**Baked Beans** & Onion Rings  
Fresh Fruit, Juice & Milk

**15**  
Sausage Gravy & Biscuit w/ Sausage Patty  
PB&J Sandwich  
Salad Bar & Baked Potato  
Carrots & Hash Brown  
Fresh Fruit, Juice & Milk

**22**  
**BREAK # 2**  
**NO SCHOOL**

**29**  
**Chicken Quesadilla w/ Rice**  
PB&J Sandwich  
Salad Bar & Baked Potato  
Carrots & **Southwest Vegetable Blend**  
Fresh Fruit, Juice & Milk

**2**  
**Chicken Pot Pie**  
PB&J Sandwich  
Salad Bar & Baked Potato  
Broccoli & **Sweet Potatoes**  
Fresh Fruit, Juice & Milk

**9**  
**Tex Mex Rice Bowl w/ Fresh Toppings**  
PB&J Sandwich  
Salad Bar & Baked Potato  
Broccoli & Bell Peppers  
Fresh Fruit, Juice & Milk

**16**  
Chicken Tenders w/ Dinner Roll  
PB&J Sandwich  
Salad Bar & Baked Potato  
Corn & Peas  
Fresh Fruit, Juice & Milk

**23**  
Boneless Wing Wednesday & Roll  
PB&J Sandwich  
Salad Bar & Baked Potato  
Carrots & Potato Wedges  
Fresh Fruit, Juice & Milk

**30**  
**Spaghetti Dinner w/ Garlic Knot**  
PB&J Sandwich  
Salad Bar & Baked Potato  
Broccoli & Green Beans  
Fresh Fruit, Juice & Milk

**7**  
Chicken Nuggets & Roll w/ **Panther Sauce**  
PB&J Sandwich  
Salad Bar & Baked Potato  
Corn & **Cucumber Salad**  
Fresh Fruit, Juice & Milk

**10**  
Mini Corn Dogs  
PB&J Sandwich  
Salad Bar & Baked Potato  
Green Beans & **Cucumber Salad**  
Fresh Fruit, Juice & Milk

**17**  
**Chicken & Bacon Ranch Wrap**  
PB&J Sandwich  
Salad Bar & Baked Potato  
Tater Tots & Green Beans  
Fresh Fruit, Juice & Milk

**24**  
**Chicken Alfredo w/ Breadstick**, PB&J Sandwich  
Salad Bar & Baked Potato  
Peas & Broccoli  
**\*Peach Smoothies**  
Fresh Fruit, Juice & Milk

**4**  
**Fresh Pizza Friday**  
PB&J Sandwich  
Salad Bar & Baked Potato  
Fries, Carrots & **Caesar Salad**  
Fresh Fruit, Juice & Milk

**11**  
**Fresh Pizza Friday**  
PB&J Sandwich  
Salad Bar & Baked Potato  
Fries & **Spinach Salad**  
Fresh Fruit, Juice & Milk

**18**  
**BREAK # 2**  
**NO SCHOOL**

**25**  
**Fresh Pizza Friday**  
PB&J Sandwich  
Salad Bar & Baked Potato  
Fries & **Side Salad**  
Fresh Fruit, Juice & Milk

**\*Harvest of the Month is Lettuce! \*Peach Smoothies made with Local Peaches!**

This menu is subject to change due to availability. For more information on which menu items may contain allergens, please contact the cafeteria manager.

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