

JCC 2021-2022 COVID -19 Guidelines

Guidelines will be subject to change related to the current COVID-19 cases in Jackson County. The following document contains information for low to moderate positive COVID-19 case rates in Jackson county and surrounding communities.

What “number” or “percentage” is low to moderate cases of COVID-19-, the number is not defined; we will base it off of the amount of illness seen in the school at the current time. We will evaluate when we see 5% of kids out in a specific classroom (K-6) or 20% of the school population in grades 7-12 where mixing of classes occurs.

It will require a huge community support to keep kids in school and follow the current guidelines from MDH, MDE, and CDC.

If we see an increase in COVID-19 cases, JCC will look to implement more mitigation strategies. Quarantine guidelines may become more broadly recommended as well.

JCC may need to be forced into distant learning for a short time period ONLY if the cases are at a high case rate and affecting our school community.

Testing positive for COVID-19

**Please report to the District Health office Nurse Alyssa Anderson.
507-662-6658 or email alyssa.anderson@jccschools.net**

People who test positive for COVID-19 should stay at home until all three of these things are true:

They feel better.

Their cough, shortness of breath, or other symptoms are better; and,

It has been 10 days since they first felt sick or tested positive; and,

They have had no fever for at least 24 hours, without using medicine that lowers fever.

COVID-19 symptoms fall into two groups:

More common symptoms are one or more of these: fever of 100.4 degrees Fahrenheit or higher; new cough or a cough that gets worse; difficulty/hard time breathing; and new loss of taste or smell.

Less common symptoms are two or more of these: sore throat; nausea; vomiting; diarrhea; chills; muscle pain; extreme fatigue/feeling very tired; new severe/very bad headache; and new nasal congestion/stuffy or runny nose.

Exposure to COVID-19 Guidelines

Guidelines below will be followed when the school has been notified of a positive COVID-19 case.

All personnel in the classroom of the positive COVID case will be notified with a general statement through the email listed in the district school files to the student and their listed guardians.

Alyssa Anderson, will review with the positive COVID case potential close contacts (those who are within 6 feet of the positive COVID-19 for more than 15 mins on a routine exposure), Seating charts and class schedules will be reviewed, interviews with staff respecting all privacy rights may be conducted. Once this is completed those identified as a close contact will receive a phone call and guidelines will be reviewed and discussed.

Non Vaccinated personal

If identified as a close contact and the personnel has no signs or symptoms currently they will be asked to monitor their health. It is recommended to wear a mask for 14 days indoors post exposure and be tested 3-5 days after exposure.

If Identified as a close contact, and currently has or develops signs or symptoms of COVID-19 within the 14 days post exposure, they will be asked to stay home, and monitor signs and symptoms.

If the symptoms improve, or are known to be related to another illness, they can return to work or school. It is recommended to watch signs and symptoms and wear a mask for 14 days indoors after exposure.

If the symptoms become worse, it is recommended to quarantine, the individual will be asked to quarantine for 10 days after the exposure has happened and can return on day 11 as long as their symptoms have improved and they are fever free for 24 hours without fever reducing medications.

If the individual gets tested 3-5 days after exposure and it is negative they can return to work or school on day 7 with documentation of a negative test.

Vaccinated personal or within 90 days of testing positive for COVID-19 post COVID-19 exposure guidelines

Vaccinated person - If a vaccinated person or someone who has had a positive COVID-19 test in the last 90 days becomes exposed to a known positive COVID-19 case and has no signs or symptoms they will not need to be quarantined.

It is recommended they wear a mask indoors for 14 days post exposure

It is recommended they get tested 3-5 days after exposure

If a vaccinated person has been exposed and develops or has signs and symptoms of COVID-19 they should stay home and evaluate.

If symptoms are improving- return to work recommended to wear a mask for 14 days post exposure

If symptoms are getting worse, they will be asked to stay home until symptoms have improved or it is 10 days post exposure. It is recommended they get tested for COVID-19, 3-5 days post exposure.

If they do get tested 3-5 days post exposure and it is negative they can return to work

If they do not get tested for COVID-19 they are asked to remain home and return to work or school on day 11 post exposure.

If symptoms are related to another illness, okay to return to work as routine.

Vaccines are offered for all individuals 12 years of age or older, contact your local clinic for a vaccine appointment.

Exception: In the Pre K–12 indoor classroom setting, the close contact definition excludes students who were within 3 to 6 feet of an infected student (laboratory-confirmed) if both the infected student and the exposed student(s) correctly and consistently wore well-fitting masks the entire time.

TESTING: MDE has recommended that each school district offers COVID-19 testing. JCC has reviewed the information and have determined that we will not be offering testing in person at this time, but we will offer the pick up of test kits. <https://www.health.state.mn.us/diseases/coronavirus/schools/testing.html>

COVID-19 testing kits will be available for pick up on every Tuesday from the health office in your students health office. The completed test will need to be returned by Wednesday at 2pm to your students health office. JCC schools will ship out the COMPLETED vault test.

Vault Testing will be the test offered- a Saliva test.

Vault saliva Zoom-enabled test: ▪ People will register for a Vault Health account and test kits at

covidtest.vaulthealth.com. ▪ Components of registering with Vault Health include: ▪ Reviewing how the test

works ▪ Entering personal information ▪ Entering residential address ▪ Signing HIPAA results authorization ▪ Reviewing test information and terms and conditions ▪ Entering any symptoms and/or exposure ▪ Joining Zoom and providing sample.

Covid Vaccine info <https://www.health.state.mn.us/diseases/coronavirus/schools/vault.pdf>

Testing is always offered at your local clinic.

EMAIL alyssa.anderson@jccschools.net with questions or concerns.