

Menus For August/September

Owosso Public Schools Bentley Bright Beginnings



This institution is an equal opportunity provider. Menus are subject to change.

Monday, August 28

Breakfast

Mini Pancakes
Raisins
100% Fruit Juice
Michigan Milk

Lunch

PopCorn Chicken
WG Fresh Roll
Broccoli
Watermelon
Michigan Milk

Tuesday, August 29

Breakfast

WG Breakfast Round
Clementine's
100% Fruit Juice
Michigan Milk

Lunch

Soft Taco
Refried Beans
Cinnamon Apple Sauce
Michigan Milk

Wednesday, August 30

Breakfast

WG Breakfast Bread
Apple Slices
100% Fruit Juice
Michigan Milk

Lunch

Perfect WG Pizza
Peas & Carrots
Apple Slices
Michigan Milk

Thursday, August 31

Breakfast

WG Apple Cinnamon Toast
Pear Cup
100% Fruit Juice
Michigan Milk

**1/2
Day**

Friday, Sept 1



Every complete meal
we serve comes with
your choice of lowfat
or nonfat milk!

Thursday, August 24

Breakfast

WG Banana Bread
Fruit Cup
100% Fruit Juice
Michigan Milk

Lunch

Zoo Crew
Chicken Nuggets
Whole Grain Roll
Mashed Potatoes
Baby Carrots
Michigan Milk

Friday, August 25

Breakfast

WG Waffle
Fruit Cup
100% Fruit Juice
Michigan Milk

Lunch

Perfect WG Pizza
Tossed
Romaine Salad
Fresh Veg Cup
Michigan Milk

OPS Food & Nutrition Department

We are excited to have our students back to school
and eating FREE nutrition meals again this school
year.

Please feel free to reach out to our department with
any questions.....

989.729.5486

Michele = Prince@owosso.k12.mi.us or

Joy = Hartman@owosso.k12.mi.us

Please feel free to visit our website for more
information and links to online forms and menu's
[https://www.owosso.k12.mi.us/
foodnutritionservices](https://www.owosso.k12.mi.us/foodnutritionservices)



We're SO GLAD to see
you again! It's going to be a
GREAT YEAR!



LABOR DAY

**NO SCHOOL
MONDAY,
SEPTEMBER 4**

Tuesday, Sep 5

Breakfast

WG Benefit Bar
Peach Cup
100% Fruit Juice
Michigan Milk

Lunch

Chicken Drumstick
WG Fresh Roll
Mashed Potatoes
Mixed Fruit
Michigan Milk

Wednesday, Sept 6

Breakfast

WG Cereal Bar
Michigan Apple
100% Fruit Juice
Michigan Milk

Lunch

Cheeseburger
WG Bun
Seasoned Potatoes
Baby Carrots
Michigan Milk

Thursday, Sept 7

Breakfast

WG Breakfast Round
Clementine's
100% Fruit Juice
Michigan Milk

Lunch

WG Zoo Crew
Broccoli
Diced Pears
Michigan Milk

Friday, Sept 8

Breakfast

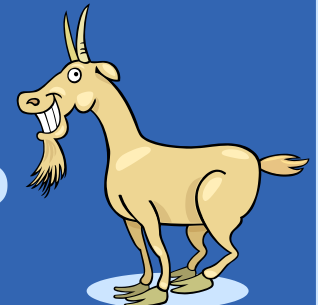
WG Waffle
Fruit Cup
100% Fruit Juice
Michigan Milk

Lunch

Perfect WG Pizza
Tossed
Cooked Carrots
Fresh Veg Cup
Michigan Milk

I am the letter

G



goat

Monday, Sept 11

Breakfast
 WG Breakfast Bar
 Raisins
 100% Fruit Juice
 Michigan Milk

Lunch
Breakfast for Lunch
 WG Waffle
 Sausage Patty
 Hash Brown
 Michigan Milk

Tuesday, Sept 12

Breakfast
 WG Cinnamon Roll
 Apple Sauce
 100% Fruit Juice
 Michigan Milk

Lunch
 WG Zoo Crew Chicken
 Nuggets
 WG Fresh Roll
 Mashed Potatoes
 Sliced Peaches
 Michigan Milk

Wed., Sept 13

Breakfast
 WG Banana Bread
 Fruit Cup
 100% Fruit Juice
 Michigan Milk

Lunch
 WG Bosco Sticks
 Zucchini Coins
 Watermelon Cup
 Michigan Milk

Thursday, Sept 14

Breakfast
 WG Breakfast Bun
 Apple Slices
 100% Fruit Juice
 Michigan Milk

Lunch
 WG Chicken Tenders
 Peas & Carrots
 Pineapple Bites
 Michigan Milk

Friday, Sept 15

Breakfast
 WG Breakfast Bread
 Apple Slices
 100% Fruit Juice
 Michigan Milk

Lunch
 Perfect WG Pizza
 Peas & Carrots
 Apple Slices
 Michigan Milk

Monday, Sept 18

Breakfast
 WG Apple Cinnamon Toast
 Pear Cup
 100% Fruit Juice
 Michigan Milk

**National
 Cheeseburger Day**
 Cheeseburger
 Baked Mi Beans
 Fresh Apple
 Michigan Milk

Tuesday, Sept 19

Breakfast
 WG Breakfast Round
 Fruit Cup
 100% Fruit Juice
 Michigan Milk

Lunch
 WG Mac & Cheese
 WG Fresh Roll
 Sliced Cucumbers
 Perfect Peaches
 Michigan Milk

Wed., Sept 20

Breakfast
 WG Breakfast Bar
 Apple Slices
 100% Fruit Juice
 Michigan Milk

Lunch
 WG Chicken Fingers
 WG Fresh Roll
 Squash Cubes
 Orange Wedges
 Michigan Milk

Thursday, Sept 21

Breakfast
 WG Benefit Bar
 Banana
 100% Fruit Juice
 Michigan Milk

Lunch
 Soft Taco's
 Shredded Lettuce
 Shredded Cheese
 Mixed Fruit
 Michigan Milk

Friday, Sept 22

Breakfast
 WG Breakfast Bread
 Apple Slices
 100% Fruit Juice
 Michigan Milk

Lunch
 Perfect WG Pizza
 Peas & Carrots
 Apple Slices
 Michigan Milk

Monday, Sept 25

Breakfast
 WG Breakfast Bun
 Fruit Cup
 100% Fruit Juice
 Michigan Milk

Lunch
 WG Zoo Crew
 Chicken Nuggets
 WG Fresh Roll
 Mashed Potatoes
 Apple Slices
 Michigan Milk

Tuesday, Sept 26

Breakfast
 WG Cereal Bar
 Michigan Apple
 100% Fruit Juice
 Michigan Milk

Lunch
 WG Calzone
 Sweet Corn
 Fresh Orange Slices
 Michigan Milk

Wed., Sept 27

Breakfast
 WG Waffle
 Pear Cup
 100% Fruit Juice
 Michigan Milk

Lunch
 WG Bosco Sticks
 Zucchini Coins
 Watermelon Cup
 Michigan Milk

Thursday, Sept 28

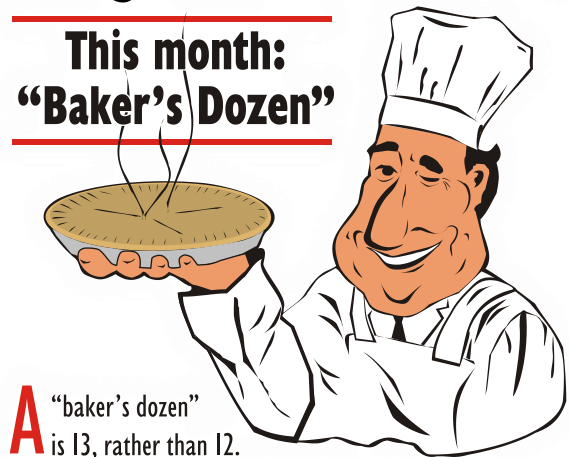
Breakfast
 WG Banana Bread
 Fruit Cup
 100% Fruit Juice
 Michigan Milk

Lunch
 Chicken Patty
 WG Bun
 Green Beans
 Mixed Fruit
 Michigan Milk

Friday, Sept 29

Breakfast
 WG Breakfast Bread
 Apple Slices
 100% Fruit Juice
 Michigan Milk

Lunch
 Perfect WG Pizza
 Peas & Carrots
 Apple Slices
 Michigan Milk



A "baker's dozen" is 13, rather than 12. The term comes from way back in the 13th century, when bakers in England could be punished severely for not giving their customers as much bread, by weight, as they had paid for. To avoid the punishment, bakers would include an extra piece in each dozen, just to be sure!