



THE TROJAN PRIDE

NOVEMBER 2022

A Newsletter from Your Public School

360.291.3244



Homecoming Senior Court 2022. Left to right: Ashly Parish, Owen Little, Kali Cox, King Tristan Baker, Queen Charlie Carper, Cheyenne Nygaard, Logan Baldwin, Kail Homan, Layla Smith, Zane Guiltner, Payton Peterson, and last year's queen Charlie Belanger escorted by Jesse Justice.

PRINCIPALS' CORNER

We can't believe we are looking into November already. Time is moving fast and we will be into the holiday season before we know it. It has been great to feel some normalcy with school in all aspects. We are focused on learning, treating others with respect, maintaining a positive attitude and having fun at school. Good things are happening around our school. Recently, we had Homecoming, Homecoming Olympics, Student of the Month Assemblies, a few pep assemblies, Taste Washington Day, Enrichment days (arts/crafts, pumpkin patch, basketball camp), Fire Safety Week (Thank you Lewis County Fire District 11!) and a Middle School Dance. Our upcoming events include Veterans' Day assembly (Nov. 10 at 1:30), Thanksgiving Meal for students and staff, Senior Night for fall sports, Enrichment Basketball Camp (Oct 28), High School Job Fair at White Pass School, Dress-up days, Elementary Fall Festival, and much more. We look forward to more fun activities!

Thank you for your continued support of our school community. We look forward to a productive and positive school atmosphere this year.

Mr. Pontius and Mr. Shepherd

CLOCKS GO BACK!

Clocks go back an hour on the first Sunday of November which is Nov. 6!



New Staff Member!



Meet Abby Russell, Our New 1st Grade Teacher!

Here is a brief bio of Abby Russell: "My name is Abby Russell, I was born and raised here in Lewis County and could not imagine living anywhere else. After graduating from Centralia High School, I went and played softball at Centralia College and then transferred to Eastern Washington University. While at Eastern, I received my degree in Elementary Education with a minor in literacy, reading and writing. A few years later I received my master's degree in Learning and Technology from Western Governors University. I started my teaching career at Winlock where I taught first grade and coached high school softball and middle school basketball for the last four years. When I am not in the classroom, I like to spend time with my two Huskies, Kona and Grimm. I also like to spend time with my husband Dakota (who is a graduate of Pe Ell!) and re-watching my favorite shows on Netflix."

Abby with her husband Dakota and their two huskies from left to right Grimm and Kona.



NOVEMBER		PE ELL SCHOOL MENU		2022	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
11/07/22	11/08/22	11/09/22	11/10/22	11/11/22	
		BREAKFAST			
Pancake Sausage Stick Fruit & Juice Milk	Cereal & Cheese Stick Fruit & Juice Milk	Oatmeal & Toast Fruit & Juice Milk	Chocolate Donut Fruit & Juice Milk	NO SCHOOL!!!	
		LUNCH			
Tuna Salad On A Hoagie Veggie Sticks Tortilla Chips & Salsa Fresh Fruit & Milk	Pizza Salad Corn Pineapple & Milk	Waffles & Sausage Hashbrowns Fruit Cup Milk	Chicken Burger Fries Fresh Fruit Dessert & Milk	VETERANS DAY!!! THANK YOU FOR YOUR SERVICE!!!	
		BREAKFAST			
11/14/22	11/15/22	11/16/22	11/17/22	11/18/22	
Breakfast Burrito Fruit & Juice Milk	Yogurt & Granola Fruit & Juice Milk	Pop Tarts Fruit & Juice Milk	Breakfast Pizza Fruit & Juice Milk	NO SCHOOL!!!	
		LUNCH 🍷			
Taco Bake Salad Green Beans Pears & Milk	Hot Dog Veggie Sticks Baked Beans Applesauce & Milk	Thanksgiving Feast W/All The Trimmings!!!	Turkey Sandwich Salad Chips Fruit Cup & Milk	HAPPY FRIDAY!!!	
		BREAKFAST			
11/21/22	11/22/22	11/23/22	11/24/22	11/25/22	
English Muffin & Jam Fruit & Juice Milk	Cereal & Cheese Stick Fruit & Juice Milk	NO SCHOOL!!!	NO SCHOOL!!!	NO SCHOOL!!!	
		LUNCH			
Teriyaki Chicken Rice Stir Fry Veggies Peaches & Milk	Pizza Salad Corn Pineapple & Milk	THANKSGIVING	BREAK!!!	HAPPY FRIDAY!!!	
		BREAKFAST			
11/28/22	11/29/22	11/30/22	12/01/22	12/02/22	
Ham Egg Bar & Toast Fruit & Juice Milk	Yogurt & Granola Fruit & Juice Milk	Pancake Sausage Stick Fruit & Juice Milk	Fruit Churros Fruit & Juice Milk	NO SCHOOL!!!	
		LUNCH			
Chicken Nuggets Goldfish Crackers Celery Sticks Fresh Fruit & Milk	Soft Taco Lettuce & Tomato Refried Beans Pears, Jello & Milk	Chili & Crackers Cheese & Onion Applesauce Cinnamon Roll & Milk	Cheeseburger Lettuce & Tomato Fries Fresh Fruit & Milk	HAPPY FRIDAY!!!	
DAILY PRICES:					
BREAKFAST GRADES TK-12	FREE	WE WILL BE UTILIZING THE COMMUNITY ELIGIBILITY PROVISION!!! ALL STUDENT MEALS WILL BE FREE FOR THE 22-23 SCHOOL YEAR!	"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER."		
LUNCH GRADES TK-12	FREE				
ADULT BREAKFAST	\$3.00				
ADULT LUNCH	\$4.85				
CHILD VISITOR BREAKFAST	\$1.50				
CHILD VISITOR LUNCH	\$3.00		MENU SUBJECT TO CHANGE		
MILK OR JUICE	\$0.45				

HIGH SCHOOL NEWS

“Champions keep playing until they get it right” – Billie Jean



SENIOR REMINDERS !

Seniors will be starting their job shadows in November for their senior projects. We will be discussing the senior project and deadlines also in November. Students that are interested in attending a trade school or college should be signing up for financial aid. All students need to register to vote when they turn 18, and all males need to remember to sign up for the draft.



SENIORS RULED THE WEEK



JUNIORS ROCKED THE DANCE!



SOPHOMORES
WERE SMOOTHE!

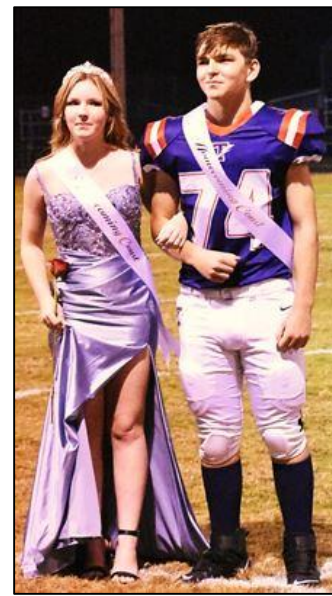


FRESHMEN MADE A GREAT SHOWING!



PHOTOWALL:

SPIRIT WEEK,
HOMECOMING
COURT & GAME



Once again, **Spirit Week** was a blast. Held October 3 – 6, the highlight of the week was the **Disney Dance Off**, won by the Juniors as featured on the previous page. But the Seniors ruled by winning the overall title at the Homecoming Olympics and the Titans won their homecoming game against Ilwaco 48 - 8.

THIS PAGE TOP to BOTTOM LEFT: Students “eat it out” at the pie eating competition; Sophomores & the Juniors battle in the tug-of-war and Homecoming King and Queen Tristan Baker and Charlie Carper. **TOP to BOTTOM RIGHT:** Freshmen cheer their team and Freshmen Court Ava King and Hunter Harris; Junior Court Trace Shanklin and Kylie Lyons; Sophomore Court Ricki Coleman and Jakob Hayes; Senior Court members Kail Homan and Layla Smith, and Kali Cox, Zane Guiltner, and Payton Peterson.



ELEMENTARY & MORE NEWS!

"Children are not things to be molded, but are people to be unfolded."

A Big Thank You!!



Thank you Pacific Lions Club for helping us with our vision screenings!

AN EASY THANKSGIVING TREAT

If you need dessert for your Thanksgiving dinner this year but don't want to make the usual pumpkin pie, then why not try something new? That new thing being "pudding mess".

Ingredients

- 2 packs of instant pudding (follow instructions on the box)
- 1 container of cool whip
- 1 Graham cracker pie crust
- 1 Oreo pie crust

Instructions

- Follow the pudding box instructions to make the pudding
- Put into bowl with all of the cool whip
- Break up the 2 pie crusts and fold into the mix
- Mix well before putting into fridge in a covered bowl for 2 hours then enjoy!



Penny Drive Results

1st place:	2nd grade	\$236.27
2nd place:	5th grade	\$178.52
3rd place:	Kindergarten	\$154.48
4th place:	3rd grade	\$52.24
5th place:	4th grade	\$41.30
6th place:	1st grade	\$3.81
Grand Total Earned:		\$666.62



With Lewis Co. Fire District #11 Matching Donation, grand total donated to UW Burn Center was \$1,333.24.

FOOD ITEMS BROUGHT TO SCHOOL

Just a reminder – based on health concerns, our school prohibits home-prepared food or beverages from being brought to classrooms to share with students. For this reason, only commercially packaged foods and drinks may be used. If you wish to celebrate a birthday at school, please clear it with the classroom teacher involved well in advance so that time can be arranged for it. This also pertains to Middle School Big Deal Days and dances. See School Handbook for more information.



AFTERNOON PICKUPS

All students needing to be picked up at the end of the day **MUST** be picked up by the cafeteria doors for safety reasons. If you have any questions, please contact the school office.

Book Fair

From December 5-12, the elementary will be having a book fair. The book fair will be located in the library.



More Info to Come!



Dress Up Days

Date	Event
Dec 21	Christmas Spirit Day
Feb 23	Comfy Day
April 27	Backwards Day
June 15	Sports Day

MISC. NEWS

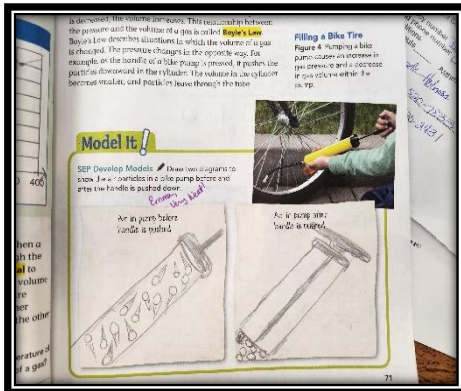


Future Business Leaders of America

The FBLA club will be going on two field trips in the first week of November: one being a job fair and the other one being an FBLA fall conference. The two trips are to Morton and Lower Columbian College in Longview. The trip to the job fair will take place on November 2 and the Fall conference will take place on November 4. FBLA is going to the job fair for "gaining points for champion chapter and for experience", Mrs. Schimmy said. The fall conference is a yearly FBLA greeting ceremony for new students joining our regions club and instructions for the year's later conferences.

CONCESSION PRICES

As basketball season starts, so does concessions operated by FBLA. We are doing our best to keep prices as close to last year as possible, but please know some of your favorites cost more for us to purchase, so you may see an increase in some items. We appreciate your understanding and your business! Go Trojans!



6TH GRADE SCIENCE ART
By Emma Schwartz

Veterans Day Assembly

The Pe Ell School ASB is putting on an assembly on Nov. 10 from 1:30 pm 2:30 pm in honor of all Veterans. It will be held in the big gym. All community members are invited to attend. If you are a veteran or know a veteran that you would like to honor at the assembly, please contact Mrs. Magruder at



smagruder@peell.k12.wa.us

We need your coffee cans!!!



Mrs. Markee is looking for donations of empty metal coffee cans to be used for students attending Cispus. The coffee cans must be the large metal ones like the one in the picture above. The cans can be dropped off at the school office.



Just a reminder that School doors open at **7:45**. Please do not drop off students before this time. Student drivers, walkers, and bike riders, please arrive at **7:45** because there is no supervision before this time. If there is a situation that a student needs to be early, please call office and arrangements can be made as needed with Mr. Pontius (TK-8) or Mr. Shepherd (9-12)



We are looking for students in grades 3-6 to attend the after school program. This program will assist with organization, homework completion, enrichment learning time, art projects, and more. After school program is Monday - Wednesday from 3:30 – 4:45 with transportation home available.



PARENTS/GUARDIANS:

As we head into the fall season, this is a quick reminder to be mindful of the beginning of cold and flu season. It is important that we work together to keep our children healthy. Viruses/Common Colds spread easily among children in schools, and families with school-age children have more infections than others. By keeping our children flu-free, we benefit the community. You can help prevent the spread of flu and the common cold or help your child get better if he/she does get sick by following a few simple steps:



- If possible, you and your child should get a flu shot to help prevent infection with the flu.
- **Remind your child to cover his/her nose and mouth with a tissue when sneezing or coughing and dispose of the tissue immediately. We teach them to cough or sneeze into the bend of their elbow, or to cough down into the front of their own shirt to help keep as many germs as possible off the hands.**
- Have your child wash his/her hands frequently with soap and warm water for at least 20 seconds.
- Use hand sanitizer if soap and water is not available. Always follow with soap and water as soon as it is available.
- Disinfect frequently touched surfaces and shared items at least once a day.
- Ensure that bathrooms are stocked with soap, hand towels and tissues.
- **Teach your child not to touch his/her mouth, nose and eyes.**
- **If your child is sick and has a fever, keep him/her at home to prevent the spread of illness to others.**
- **Your child should be naturally fever free (temp below 100 degrees, per DHEC guidelines, without Tylenol or Motrin) for at least 24 hours before returning to school. This is very important!**

A good rule of thumb is to keep your child at home if he or she has a fever of 100 degrees or more. When temperature is present in the morning prior to school (99.0 or greater) it will only climb higher as the day progresses. If your child has cold or flu symptoms as well, please do not give Tylenol or Motrin to cover the fever and send them to school. As soon as the medicine wears off, the fever will return, and you will have exposed your child's classmates and teachers to your child's illness. Also, when your child has fever, he/she is even more at risk for other illnesses/ viral infections. There are many reasons why it is best to keep a sick child at home.

Flu is a serious illness and children with the flu should not come to school. Flu symptoms include fever, chills, cough, sore throat, headache, and muscle aches. You must contact the doctor with these symptoms. If you are unsure about the symptoms, contact your doctor early.

Cold symptoms include stuffy nose, sneezing, sore throat, and hacking cough. Colds often come on gradually and are usually not serious. However, symptoms can become severe, and you may need to keep your child at home to get rest and plenty of fluids to prevent worsening of symptoms. If you are treating the symptoms with "cold medicines" at home prior to school, please be sure that they are the non-drowsy type medicines so that your child will be able to stay awake. Save the "nighttime" medicines for bedtime. Again, if your child has a fever (100 degrees or more) he/she should stay at home until fever free for at least 24 hours. If your child does develop a fever along with cold symptoms, you will want to contact the child's doctor.

Here are some tips to help prevent spreading your germs to others, and to avoid catching someone else's germs.

Keep your germs to yourself

- Cover your nose and mouth with a tissue when sneezing, coughing or blowing your nose.
- Discard used tissues in the trash as soon as you can.
- Always wash your hands after sneezing, blowing your nose, or coughing, or after touching used tissues or handkerchiefs.
- Wash hands often if you are sick.
- Use warm water and soap or alcohol-based hand sanitizers to wash your hands.
- Try to stay home if you have a cough and fever.
- See your doctor as soon as you can if you have a cough and fever and follow their instructions. Take medicine as prescribed and get lots of rest.
- If asked, use face masks provided in your doctor's office or clinic's waiting room.
- Follow office and clinic staff's instructions to help stop the spread of germs.

Keep the germs away

- Wash your hands before eating, or touching your eyes, nose or mouth.
- Wash your hands after touching anyone who is sneezing, coughing or blowing their nose.
- Don't share things like towels, lipstick, toys, or anything else that might be contaminated with respiratory germs.

Ashley O'Neal BSN, RN

Board of Directors

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PE ELL SCHOOLS



TROJAN PRIDE

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District Administration

Kyle MacDonald, Superintendent
 Bobby McCalden, Business Manager
 Brandon Pontius, TK-8 Principal
 Keith Shepherd, HS Dean of Students/AD
 Julie Castro, Secretary
 Lisa Miller, District Secretary

RURAL ROUTE 4 POSTAL CUSTOMER



NOVEMBER CALENDAR

Nov 2	College/Career Fair – Morton	
Nov 3	HS VB Districts	TBD
Nov 4	FBLA Fall Conference – Lower Columbia CC	
	HS FB Crossover vs Adna @ Valley	7:00
Nov 5	HS VB Districts	5:45
Nov 7	MS GBB @ Ocosta	5:45
Nov 9	Hi-Cap Field Trip – Fort Vancouver	
	MS GBB vs North Beach	5:45
Nov 10	VETERANS DAY ASSEMBLY	1:30 p.m.
Nov 11 - 12	NO SCHOOL – VETERANS DAY	
	HS VB – STATE	TBD
Nov 14	MS GBB @ Valley	5:45
Nov 16	MS GBB vs Valley	5:45
Nov 17	Hearing Screenings	
	School Board Meeting – Library	5:30
Nov 19	Youth Wrestling Meet	8 a.m.
Nov 21	MS GBB @ Raymond	5:45
Nov 22	Hi-Cap Field Trip – Centralia	
	MS GBB vs S. Bend	5:45
Nov 23 – 24	NO SCHOOL – THANKSGIVING BREAK	
Nov 28	MS GBB @ Ilwaco	5:45
Nov 29	HS BBB/GBB vs Winlock	5:45
Nov 30	MS GBB vs Ocosta	5:45
Dec 2	HS BBB @ Onalaska	5:45
Dec 3	HS BBB/GBB vs Oakville	5:45

* Events are subject to change – please check Website for updates

**REMINDER: Please make sure you return
 ALL office paperwork, EMERGENCY
 forms, etc.**

REMEMBER your class, your friends, your team, and your experiences....**WITH A YEARBOOK!** See Julie in the office to purchase now at the low price of \$30 or the family discount of 2 for \$50. Prices will go up, and if you forgot to get last year's, there are still a few left. See Julie in the office for that as well.

TROJAN PRIDE NEWSLETTER TEAM

Editor: Mrs. Leza Schimelpfenig

Design Team: Dylan Brown, Michael Bontempo, Navarra

Chappell, Kian Eddy, Odin Hasby, Wyatt Kissner, Coleson Myhre

STUDENTS: Be the first to find ALL the hiding turkeys (shown right) for a prize from Ms. Schimmy!



STUFF TO KNOW

SNOW BUS ROUTES

If snow routes are called, bus routes will be modified to the following:

Mrs. Arrington

No Jones Rd., Railroad St., Wells Rd. or 1st St. and S. 1st St. (Can meet the bus at the corner of 1st St./Railroad or First St./Jones Rd.)

Mrs. Phelps

No Katula (Can meet the bus at Highway 6/Mauerman wide spot by underpass) No Kobe Rd. (Can meet the bus at Dryad Fire Hall)

Mrs. Risley

No Chandler Rd, No Toepelt Rd. (Can meet the bus at Elk Creek/Chandler or Toepelt Rd./Elk Creek or Dryad Fire Hall) No PeEll McDonald Rd past Mauerman.

Mrs. Engel

No Beam Rd. (Can meet the bus at Highway 6/Mauerman wide spot by underpass)

**Bus changes will be posted to Notify Me through the school website.
 We encourage parents to sign up for notifications!**

REMINDER!

**Make sure to keep your
 children at home when they
 are sick!**

