# September 2022 BREAKFAST MENU

Menu is subject to change.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| | | | 1 | 2 |
| | | | French Toast Sticks<br>Syrup<br>Yogurt<br>Milk/Juice<br>Cereal/Milk | Grits<br>Sausage<br>Fruit<br>Milk/Juice<br>Cereal/Milk |
| 5 | 6 | 7 | 8 | 9 |
| **LABOR DAY** | Croissant w/Sausage, Egg & Cheese<br>Fruit<br>Milk/Juice<br>Cereal/Milk | Steak Biscuit<br>Fruit<br>Milk/Juice<br>Cereal/Milk | Cheese Toast<br>Sausage<br>Fruit<br>Milk/Juice<br>Cereal/Milk | Grits<br>Sausage Patty<br>Fruit<br>Milk<br>Juice |
| 12 | 13 | 14 | 15 | 16 |
| Chicken Biscuit<br>Fruit<br>Milk/Juice<br>Cereal/Milk | Breakfast Pizza<br>Yogurt<br>Milk/Juice<br>Cereal/Milk | Pancakes w/Syrup<br>Sausage link<br>Fruit<br>Milk/Juice<br>Cereal/Milk | Croissant w/Ham, Egg and Cheese<br>Fruit<br>Milk/Juice<br>Cereal/Milk | Grits<br>Sausage<br>Fruit<br>Milk/Juice<br>Cereal/Milk |
| 19 | 20 | 21 | 22 | 23 |
| Sausage Biscuit<br>Yogurt<br>Milk/Juice<br>Cereal/Milk | Cheese Toast<br>Sausage<br>Fruit<br>Milk/Juice<br>Cereal/ Milk | Croissant w/Sausage, Egg & Cheese<br>Yogurt<br>Milk/Juice<br>Cereal/Milk | French Toast Sticks<br>Syrup<br>Fruit<br>Milk/Juice<br>Cereal/Milk | Grits<br>Sausage<br>Fruit<br>Milk/Juice<br>Cereal/Milk |
| 26 | 27 | 28 | 29 | 30 |
| Steak Biscuit<br>Fruit<br>Milk/Juice<br>Cereal/Milk | Pancakes w/Syrup<br>Sausage<br>Yogurt<br>Milk/Juice<br>Cereal/Milk | Breakfast Pizza<br>Fruit<br>Milk/Juice<br>Cereal/Milk | Sausage, Egg & Cheese Biscuit<br>Yogurt<br>Milk/Juice<br>Cereal/Milk | Grits<br>Sausage<br>Fruit<br>Milk/Juice<br>Cereal/Milk |

# September 2022 LUNCH MENU

Menu is subject to change

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| | | | 1 | 2 |
| | | | Fish Sandwich<br>French Fries<br>Cal. Blend Veg.<br>Fruit/Jello<br>Milk/Juice | Spaghetti w/Meat<br>Salad<br>Corn on the Cob<br>Roll<br>Fruit<br>Milk/Juice |
| 5 | 6 | 7 | 8 | 9 |
| **LABOR DAY** | BBQ Pork Sand.<br>French Fries<br>Green Beans<br>Fruit/Jello<br>Milk/Juice | Salisbury Steak<br>Mashed Pot.<br>Gravy<br>Broccoli w/Cheese<br>Roll<br>Fruit<br>Milk/Juice | Hamburger<br>French Fries<br>Butter Beans<br>Fruit<br>Milk/Juice | Taco Salad<br>Corn on the Cob<br>Fruit<br>Brownies<br>Milk/Juice |
| 12 | 13 | 14 | 15 | 16 |
| Chicken Alfredo<br>Salad<br>Broccoli w/Cheese<br>Roll<br>Fruit/Jello<br>Milk/Juice | Sausage Dog<br>Peppers/Onions<br>French Fries<br>Whole Kernel Corn<br>Fruit<br>Milk/Juice | Beef a Roni<br>Green Beans<br>Salad<br>Roll<br>Fruit<br>Milk/Juice | Pizza<br>Whole Kernel Corn<br>Salad<br>Fruit/Jello<br>Milk/Juice | Chicken Sandwich<br>French Fries<br>Cal. Blend Veg.<br>Fruit<br>Milk/Juice<br>Cake |
| 19 | 20 | 21 | 22 | 23 |
| Chicken Tenders<br>Mac n Cheese<br>Cabbage<br>Roll<br>Fruit<br>Milk/Juice | BBQ Pork Sand.<br>French Fries<br>Green Beans<br>Fruit/Jello<br>Milk/Juice | Spaghetti w/Meat<br>Corn on the Cob<br>Salad<br>Roll<br>Fruit<br>Milk/Juice | Turkey, Ham &<br>Cheese Sub<br>Lettuce/Tomato<br>Nacho Chips<br>Fruit<br>Milk/Juice | Salisbury Steak<br>Rice/Gravy<br>Collard Greens<br>Roll/Cornbread<br>Fruit<br>Milk/Juice<br>Cookies |
| 26 | 27 | 28 | 29 | 30 |
| Taco Salad<br>Whole Kernel Corn<br>Fruit<br>Fruit/Jello<br>Milk Juice | Hamburger<br>French Fries<br>Cal. Blend Veg.<br>Fruit/Pudding<br>Milk/Juice | Beef a Roni<br>Broccoli w Cheese<br>Salad<br>Roll<br>Fruit | Hotdog w/Chili &<br>Cheese<br>French Fries<br>Green Beans<br>Fruit | Chicken Alfredo<br>Butter Beans<br>Salad<br>Roll/ Cornbread<br>Fruit |