



WADENA-DEER CREEK ELEMENTARY SCHOOL

MARCH 2025 BREAKFAST AND LUNCH MENU

Students eat **FREE!**



Breakfast is served 7:50am-8:30 am **Adult breakfast:** \$2.40 Lunch is served 10:45am-12:45 pm **Adult Lunch:** \$5.00

1%, and fat free milk choices and whole grains are offered with each meal as well as 2 fruit choices. All grains are whole grain rich

Lactose free milk is available with written request from parents

Ranch dressing is offered with fresh vegetables daily

Monday	Tuesday	Wednesday	Thursday	Friday
3 Sausage pancake on stick, syrup, fruit, juice, milk Hot dog/bun, ketchup, Baked beans, baby carrots, fruit choices	4 Biscuit, sausage gravy, fruit, juice, milk Sloppy Joe /bun, Roasted root blend veggies, Fresh Baby spinach, fruit choices	5 Scrambled eggs, toast, fruit, juice, milk Cheese quesadilla, steamed carrots, fresh tomato wedges, fruit choices	6 Early risers hashbrown, toast, fruit, juice, milk Pizza Crunchers, Steamed green beans, fresh grape tomatoes, fruit choices, milk	7 French toast sticks, syrup, fruit, juice, milk Italian dunker, marinara, Roasted root blend veggies, Fresh Baby spinach, fruit choices
10 Cereal, fruit, juice, milk Corn dog, ketchup, Baked beans, fruit choices, fresh romaine lettuce and tomato wedges	11 Waffle sandwich, fruit, juice, milk Bosco sticks, fresh baby carrots, Sicilian blend veggies, fruit choices	12 Egg patty, English muffin, fruit, juice, milk Popcorn chicken, dinner roll Mashed potato/gravy, fresh cucumber slices, fruit choices	13 Breakfast pizza, fresh orange, fruit punch, milk Chicken al Fredo with pasta, Bread slice, butter, steamed green beans, fresh baby carrots, fruit choices	14 Waffles, syrup, diced pears, assorted juice, milk Cheese pizza, BBQ sauce, steamed broccoli, fresh grape tomatoes, fruit choices
17 Breakfast sandwich, fruit, juice, milk Cheeseburger/bun, ketchup, Baked fries, fresh romaine lettuce, tomato slices, fruit choices	18 Breakfast pizza, fruit, juice, milk Mini Corn dogs, ketchup, fresh cauliflower and broccoli, Baked beans, fruit choices	19 Pancakes, syrup, fruit, juice, milk Totally taco Max Snax, fresh red and green peppers, Roasted potatoes, fruit choices	20 French toast sticks, syrup, fruit, milk Turkey in gravy, dinner roll, mashed potatoes, fresh romaine lettuce and grape tomatoes, fruit choices	21 Cheese omelet, toast, jelly, fruit, juice, milk Italian dunkers, marinara sauce, steamed Normandy blend veggies, fresh cucumbers, fruit choices
24 Cereal, fruit, juice, milk Breaded chicken patty w/ bun, mayo, Baked fries, ketchup, fresh veggies, fruit choices	25 Breakfast pizza, fruit, orange Juice, milk Walking taco, shredded cheese, taco sauce, salsa, tomatoes, lettuce, refried beans, fruit choices	26 Pancakes, syrup, fruit, apple Juice, milk Orange chicken & rice, Asian blend veggies, fresh broccoli, fruit choices	27 French toast sticks, syrup, fruit, juice, milk Chicken nuggets & onion rings, Steamed green beans, fresh baby carrots, fruit choices	28 Scrambled eggs, toast, fruit, juice, milk Cheese Pizza, Steamed carrots, fresh romaine lettuce, grape tomatoes, fruit choices
31 Sausage pancake on stick, syrup, fruit, juice, milk Hot dog/bun, ketchup, baked beans, baby carrots, fruit choices	April 1 Waffle sandwich, fruit, juice, milk Sloppy Joe /bun, Roasted root blend veggies, Fresh Baby spinach, fruit choices	2 Early risers hashbrown, toast, fruit, juice, milk Cheese quesadilla, steamed carrots, fresh tomato wedges, fruit choices	3 Scrambled eggs, toast, fruit, juice, milk Pizza Crunchers, Steamed green beans, fresh grape tomatoes, fruit choices, milk	4 French toast sticks, syrup, fruit, juice, milk Mac & Cheese, steamed mixed vegetables, fresh romaine and tomatoes, fruit choices

Menu is subject to change due to availability of items Questions? Comments? Call or email Sue Motzko Food Service Director 218-632-2396; smotzko@wdc2155.k12.mn.us

This institution is an equal opportunity provider



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<p>10 Cereal, fruit, juice, milk</p> <p>Corn dog, ketchup, Baked beans, fruit choices, fresh romaine lettuce and tomato wedges</p>	<p>11 Waffle sandwich, fruit, juice, milk</p> <p>Bosco sticks, fresh baby carrots, Sicilian blend veggies, fruit choices</p>	<p>12 Egg patty, English muffin, fruit, juice, milk</p> <p>Popcorn chicken, dinner roll Mashed potato/gravy, fresh cucumber slices, fruit choices</p>	<p>13 Breakfast pizza, fresh orange, fruit punch, milk</p> <p>Chicken al Fredo with pasta, Bread slice, butter, steamed green beans, fresh baby carrots, fruit choices</p>	<p>14 Waffles, syrup, diced assorted juice, milk</p> <p>Cheese pizza, BBQ sauce, steamed broccoli, fresh tomatoes, fruit choices</p>
<p>17 Breakfast sandwich, fruit, juice, milk</p> <p>Cheeseburger/bun, ketchup, Baked fries, fresh romaine lettuce, tomato slices, fruit choices</p>	<p>18 Breakfast pizza, fruit, juice, milk</p> <p>Mini Corn dogs, ketchup, fresh cauliflower and broccoli, Baked beans, fruit choices</p>	<p>19 Pancakes, syrup, fruit, juice, milk</p> <p>Totally taco Max Snax, fresh red and green peppers, Roasted potatoes, fruit choices</p>	<p>20 French toast sticks, syrup, fruit, milk</p> <p>Turkey in gravy, dinner roll, mashed potatoes, fresh romaine lettuce and grape tomatoes, fruit choices</p>	<p>21 Cheese omelet, toast, fruit, juice, milk</p> <p>Italian dunkers, marinara, steamed Normandy blend, fresh cucumbers, fruit choices</p>
<p>24 Cereal, fruit, juice, milk</p> <p>Breaded chicken patty w/ bun, mayo, Baked fries, ketchup, fresh veggies, fruit choices</p>	<p>25 Breakfast pizza, fruit, orange Juice, milk</p> <p>Walking taco, shredded cheese, taco sauce, salsa, tomatoes, lettuce, refried beans, fruit choices</p>	<p>26 Pancakes, syrup, fruit, apple Juice, milk</p> <p>Orange chicken & rice, Asian blend veggies, fresh broccoli, fruit choices</p>	<p>27 French toast sticks, syrup, fruit, juice, milk</p> <p>Chicken nuggets & onion rings, Steamed green beans, fresh baby carrots, fruit choices</p>	<p>28 Scrambled eggs, toast, fruit, juice, milk</p> <p>Cheese Pizza, Steamed green beans, fresh romaine lettuce, tomatoes, fruit choices</p>
<p>31 Sausage pancake on stick, syrup, fruit, juice, milk</p> <p>Hot dog/bun, ketchup, baked beans, baby carrots, fruit choices</p>	<p>April 1 Waffle sandwich, fruit, juice, milk</p> <p>Sloppy Joe /bun, Roasted root blend veggies, Fresh Baby spinach, fruit choices</p>	<p>2 Early risers hashbrown, toast, fruit, juice, milk</p> <p>Cheese quesadilla, steamed carrots, fresh tomato wedges, fruit choices</p>	<p>3 Scrambled eggs, toast, fruit, juice, milk</p> <p>Pizza Crunchers, Steamed green beans, fresh grape tomatoes, fruit choices, milk</p>	<p>4 French toast sticks, syrup, fruit, juice, milk</p> <p>Mac & Cheese, steamed green beans, fresh romaine vegetables, fresh roma tomatoes, fruit choices</p>

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