

JANUARY

Monday	Tuesday	Wednesday	Thursday	Friday
3 HOLIDAY	4 NO SCHOOL TODAY	5 Cheese Pizza Chef Salad Tomatoes & Carrots w/Dip Black Bean Salad Red Apples Fat Free Milk Chocolate Milk	6 Chicken a la King over Rice Tuna Salad on Croissant Bun Southern Mustard Greens Assorted Fruit Juices Fresh Fruit Cup Cornbread Low Fat Milk Chocolate Milk	7 Chili Dog Grilled Chicken Salad Confetti Coleslaw Fresh Fruit Bowl Ketchup Mustard Snack Cookies Low Fat Milk Chocolate Milk
10 Hamburger Steak w/ Gravy Chef Salad Steamed Rice Italian Sliced Carrots Fresh Fruit Bowl Mexican Cornbread Chocolate Milk Fat Free Milk	11 Fish Sandwich Trimming Chicken Salad w/Crackers Spicy Fries Fruit Slushes Assorted Fruit Juices Ketchup Tartar Sauce Chocolate Milk Fat Free Milk	12 BBQ Pulled Pork Burger Grilled Chicken Salad Baked Beans Fresh Pears Fresh Bananas Chocolate Chip Cookie Low Fat Milk Chocolate Milk	13 Chicken Noodle Soup and Sandwich Fruit and Yogurt Plate Crisp Cut Sweet Potatoes Fresh Oranges Chocolate Milk Fat Free Milk	14 Sausage Pizza Tuna Salad on Croissant Bun Cheesy Broccoli Frozen Fruit Juice Cups Assorted Fruit Juices Fat Free Milk Chocolate Milk
17 HOLIDAY	18 Vegetable Soup and Sandwich Combo Grilled Fajita Salad Green Pea Salad Fresh Apples Fresh Grapes Low Fat Milk Chocolate Milk	19 Pepperoni Pizza Wedge Fruit and Yogurt Plate Carrot-Raisin Salad Red Apples Fresh Bananas Fat Free Milk Chocolate Milk	20 Cheeseburger Trimming Chef Salad Seasoned Potato Wedges Fresh Fruit Cup Ketchup Mayonnaise Mustard Sugar Cookie Low Fat Milk Chocolate Milk	21 Chicken Nuggets Tuna Salad with Crackers Mashed Potatoes with Cheese Black-Eyed Peas Fresh Oranges Fresh Plums Barbecue Sauce Whole Wheat Roll Low Fat Milk Chocolate Milk
24 Chicken Spaghetti Tuna Salad Salad Peas and Carrots Fresh Fruit Bowl Whole Wheat Garlic Toast Chocolate Milk Fat Free Milk	25 Chili Con Carne W/ Beans Chicken Salad Sandwich Mexicali Corn Chilled Peaches Saltine Crackers Low Fat Milk Chocolate Milk	26 Philly Cheese Steak Sandwich Chef Salad Crisp Cut Sweet Potatoes Fresh Bananas Snack Cookies Fat Free Milk Chocolate Milk	27 Seasoned Baked Chicken Chef Salad Steamed Rice Southern Green Beans Tropical Fruit Whole Wheat Roll Low Fat Milk Chocolate Milk	28 Mexican Pizza Chicken Tenders Salad Tossed Salad w/ Dressing Refried Beans Fresh Plums Fresh Pears Fat Free Milk Chocolate Milk
31 Chili Dog Grilled Chicken Salad Confetti Coleslaw Fresh Fruit Bowl Ketchup Mustard Snack Cookies Low Fat Milk Chocolate Milk				
"This Institution is an Equal Opportunity Provider"		9th-12th		Menu Subject to Change