

# CONNECTING WITH THE SCHOOL COUNSELOR



January 16, 2023  
Martin Luther King, Jr.,  
Day of Service

January is  
Get Organized Month

Get organized this month  
and start with the area  
that really bothers you.

**HAPPY  
NEW  
YEAR**

Happy, Healthy Kids TIP:

Research suggests that 20 minutes of uninterrupted, quality time with your child is more valuable than hours spent together multi-tasking. This short burst of focused time together builds your connection and makes your child feel valued, important, and loved.

**We are Learning!**

**Dependable** – being trustworthy and reliable towards people around you

My Go-To People – differentiate between a safe person and an unsafe person

**Let's CONNECT!**

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