Lunch 8-12

Monday	Tuesday	Wednesday	Thursday	Friday
	J. G.		John Wayne Casserole Grilled Chix Sandwich Fruit and Yogurt Plate Grilled Chicken Salad Chef Salad Saltine Crackers Croutons Ranch Dressing Whole Kernel Corn Summer Squash Vegetable Juice Fresh Fruit Bowl Chilled Fruits Blueberries w Topping Fruit Juice Whole Wheat Roll Low Fat Milk Chocolate Milk Oatmeal Raisin Cookie Mayonnaise Mustard	Philly Cheese Steak Sandwich Turkey & Cheese/Bun Fruit and Yogurt To Go Grilled Chicken Salad Croutons Saltine Crackers Ranch Dressing Spinach Salad Tater Tots Cucumber Slices w/Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Mayonnaise Mustard Ketchup Tart Lemon Squares
5	6	7	8	9
Chicken Fajitas Hamburger Fruit and Yogurt To Go Chef Salad Saltine Crackers Croutons Ranch Dressing Spanish Rice Spinach Salad Cucumber Slices w/Dip Steamed Broccoli Glazed Carrots Vegetable Juice Fresh Orange Smiles Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Graham Crackers Mayonnaise Mustard Ketchup	BBQ Pork Sandwich Grilled Chix Sandwich Fruit and Yogurt To Go Chix Salad w/Crackers Grilled Chicken Salad Saltine Crackers Ranch Dressing Garden Salad W/Dressing Crinkle Cut Fries Baked Beans Broccoli Florets w/ Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Assorted Gelatins with Whipped Topping Mayonnaise Mustard Ketchup	Chicken Spaghetti Turkey & Cheese Wrap Tuna Salad Chef Salad Saltine Crackers Croutons Ranch Dressing Steamed Carrots Green Peas Vegetable Juice Fresh Orange Smiles Chilled Fruits Fruit Juice Garlic Toast Low Fat Milk Chocolate Milk Banana Pudding	Beefy Nachos Grande Turkey & Cheese/Bun Chef Salad Croutons Saltine Crackers Ranch Dressing Whole Kernel Corn Raw Veggies with Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Mayonnaise Mustard Dick & Jane Cookies	Pepperoni Pizza Wedge Turkey & Cheese/Bun Chix Salad/Croissant Chix Salad w/Crackers Saltine Crackers Ranch Dressing Garden Salad W/Dressing Crinkle Cut Fries Broccoli Salad Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Mayonnaise Mustard Tart Lemon Squares
12 Sloppy Joe on Bun Southern Chicken	13 Hamburger Steak/Gravy Turkey & Cheese Wrap	14 Orange Chicken Grilled Cheese Sandwich	15 Beef Tips Steamed Rice	16 Southwest Dip & Chips Corn Dog
Sandwich Fruit and Yogurt To Go Chix Salad w/Crackers Saltine Crackers Ranch Dressing Tossed Salad w/ Dressing Baked Beans Crinkle Cut Fries Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Mayonnaise Mustard Ketchup Graham Crackers	Fruit and Yogurt To Go Chef Salad Croutons Saltine Crackers Ranch Dressing Tossed Salad w/ Dressing Mashed Potatoes Southern Turnip Greens Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruited Gelatin Fruit Juice Mexican Cornbread Low Fat Milk Chocolate Milk Mayonnaise Mustard Brownies	Fruit and Yogurt To Go Chef Salad Croutons Saltine Crackers Ranch Dressing Spinach Salad Fried Brown Rice Steamed Broccoli Steamed Carrots Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Whole Wheat Roll Low Fat Milk Chocolate Milk Assorted Gelatins with Whipped Topping	Ham and Cheese Wrap Fruit and Yogurt To Go Chef Salad Croutons Saltine Crackers Ranch Dressing Spinach Salad Seasoned Green Beans Raw Veggies with Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Whole Wheat Roll Low Fat Milk Chocolate Milk Mayonnaise Mustard Assorted Puddings	Fruit and Yogurt To Go Grilled Chicken Salad Saltine Crackers Ranch Dressing Tossed Salad w/ Dressing Whole Kernel Corn Glazed Carrots Vegetable Juice Fresh Orange Smiles Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Mayonnaise Mustard Ketchup Assorted Brk Bread

7/23/24, 9:17 AM Lunch 8-12

19 20 21 23 **Buffalo Hot Wings** Pepperoni Calzone Cheesy Chix /Rice Spaghetti/Meat Sauce Walking Tacos Chili Dog . Hamburger Corn Dog Turkey & Cheese/Bun Ham & Cheese on Bun' Fruit and Yogurt To Go Fruit and Yogurt To Go Chix Salad w/Crackers Fruit and Yogurt To Go Chef Salad Grilled Chicken Salad Chef Salad Chef Salad Chix Salad w/Crackers Croutons Saltine Crackers Saltine Crackers Saltine Crackers Chef Salad Saltine Crackers Ranch Dressing Ranch Dressing Croutons Croutons Saltine Crackers Garden Salad Ranch Dressing Ranch Dressing Croutons Spanish Rice W/Dressing Spanish Rice Steamed Broccoli Ranch Dressing Whole Kernel Corn Crinkle Cut Fries Spinach Salad Glazed Carrots Spinach Salad Raw Veggies with Dip Cucumber Slices w/Dip Seasoned Green Beans Baked Beans Vegetable Juice Vegetable Juice Seasoned Green Beans Mixed Vegetables Fresh Orange Smiles Vegetable Juice Fresh Fruit Bowl Chilled Fruits Vegetable Juice Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fresh Orange Smiles Fresh Fruit Bowl Fruit Juice Chilled Fruits Fruit Juice Chilled Fruits Chilled Fruits **Garlic Toast** Fruit Juice Low Fat Milk Fruit Juice Fruit Juice Low Fat Milk **Garlic Toast** Chocolate Milk Whole Wheat Roll Low Fat Milk Chocolate Milk Low Fat Milk Mayonnaise Mayonnaise Low Fat Milk Chocolate Milk Chocolate Milk Mustard Chocolate Milk **Graham Crackers** Mustard Assorted Puddings Assorted Brk Bread **Brownies** Mavonnaise Banana Pudding Mustard Ketchup 26 27 28 29 Sweet Chili Meatballs Chicken Tenders Cheeseburger **Buffalo Hot Wings** Beefy Nachos Grande on Hoagie Bun **Dutch Waffle** Meat Lovers Pizza Cheesy Breadsticks Turkey & Cheese/Bun Grilled Chix Sandwich Turkey & Cheese Wrap Fruit and Yogurt To Go Chef Salad Chix Salad w/Crackers Grilled Chicken Salad Grilled Chicken Salad Chef Salad Saltine Crackers Chef Salad Saltine Crackers Chef Salad Saltine Crackers Saltine Crackers Ranch Dressing Croutons Saltine Crackers Ranch Dressing Tossed Salad w/ Croutons Croutons Ranch Dressing Ranch Dressing Dressing Croutons Spinach Salad Ranch Dressing Tossed Salad w/ Dressing Broccoli Florets w/ Dip Spinach Salad Whole Kernel Corn Tossed Salad w/ Dressing Yam Patties Tater Tots Macaroni and Cheese Raw Veggies with Dip Crinkle Cut Fries Seasoned Green Beans Vegetable Juice Black-Eyed Peas Vegetable Juice Vegetable Juice Fresh Fruit Bowl Seasoned Cabbage Fresh Fruit Bowl Cucumber Slices w/Dip Fresh Fruit Bowl Chilled Fruits Chilled Fruits Vegetable Juice Vegetable Juice Fresh Orange Smiles Chilled Fruits Fruited Gelatin Fresh Fruit Bowl Fruit Juice Chilled Fruits Fruit Juice Fruit Juice Chilled Fruits Low Fat Milk Low Fat Milk Fruit Juice Low Fat Milk Fruit Juice Chocolate Milk Low Fat Milk Chocolate Milk Chocolate Milk Cornbread Mavonnaise Assorted Gelatins with Mustard Chocolate Milk Ketchup Low Fat Milk Tart Lemon Squares Ketchup Whipped Topping Fruit Crisp Chocolate Milk Mayonnaise Pancake Syrup Mayonnaise Mustard Variety of Dipping Sauce Mustard Chocolate Chip Cookie Ketchup Assorted Puddings