July/August 2024

Mon	Tue	Wed	Thu	Fri
This institution is an equal opportunity provider.	Howest		GEORGIA grown	
All menus are subject to change.	W. W. COLO	Melon	WG (Whole Grain)	
		July 31 Breakfast WG Cereal / Fruit	1 Breakfast WG Pancake / Fruit	2 Breakfast WG Sausage Biscuit/Jelly/Fruit
		Lunch Chicken Nuggets, WG Mac n Cheese Green Beans Fruit	Lunch Beef Lasagna w/ WG Noodles WG Roll Butter Peas Fruit	Lunch Hamburger / WG Bun Lettuce/Tomato/Pickles Waffle Fries Fruit
5 Breakfast WG Cereal / Fruit	6 Breakfast WG Cheese Toast / Fruit	7 Breakfast WG Cereal / Fruit	8 Breakfast WG Pancake / Fruit	9 Breakfast WG Sausage Biscuit/Jelly/Fruit
Lunch Pepperoni Pizza, WG Crust Whole Kernel Corn Fruit	Lunch Chicken Tenders, WG WG Roll Creamed Potatoes Green Beans	Lunch Spaghetti w/Meat Sauce Yeast Roll Baby Limas Fruit	Lunch PB&J Uncrustable Baked Chips Fresh Veggies w/Dip Fruit	Lunch Deli Turkey/Ham/Cheese on WG Bun Tater Tots Fruit
12 Breakfast WG Cereal / Fruit	13 Breakfast Breakfast Pizza / Fruit	14 Breakfast WG Cereal / Fruit	15 Breakfast WG Cheese Toast / Fruit	16 Breakfast WG Sausage Biscuit/Jelly/Fruit
Lunch Pepperoni Pizza, WG Crust Whole Kernel Corn Fruit	Lunch Beef Nachos / WG Tortilla Chips Steamed Broccoli Fruit	Lunch Chicken & Rice WG Roll Oven Fried Okra Yam Patty	Lunch Chicken Breast Nuggets WG Roll Fried Rice Veggie Roll (Sweet & Sour Sauce)	Lunch PB&J Uncrustable Crinkle Cut Fries Fresh Veggies w/Dip
19 Breakfast WG Cereal / Fruit	20 Breakfast WG Breakfast Pizza / Fruit	21 Breakfast WG Cereal / Fruit	22 Breakfast WG Pancake / Fruit	23 Breakfast WG Sausage Biscuit/Jelly/Fruit
Lunch Chicken Fajitas/WG Tortilla Lettuce & Tomato Salsa Cup Whole Kernel Corn	Lunch Shepherd's Pie WG Roll Peas & Carrots Fruit	Lunch Chicken Nuggets, WG Mac n Cheese Green Beans Fruit	Lunch Beef Lasagna w/ WG Noodles WG Roll Butter Peas Fruit	Lunch Hamburger / WG Bun Lettuce/Tomato/Pickles Crinkle Cut Fries Fruit
26 Breakfast WG Cereal / Fruit Lunch Pepperoni Pizza, WG Crust Whole Kernel Corn Fruit	27 Breakfast WG Cheese Toast / Fruit Lunch Chicken Tenders, WG WG Roll Creamed Potatoes Green Beans	28 Breakfast WG Cereal / Syrup Lunch Spaghetti w/Meat Sauce Yeast Roll Baby Limas Fruit	29 Breakfast WG Breakfast Pizza / Fruit Lunch Oven Fried Chicken WG Cornbread Seasoned Rice Yams Fruit	30 Breakfast WG Sausage Biscuit/Jelly/Fruit Lunch Deli Turkey/Ham/Cheese on WG Bun Tater Tots Fruit