

FALL INTO GOOD FOOD!

the pepi companies

MENU

SOUTHLAND ACADEMY

OCTOBER

Good Food Brighter Days!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Sausage/Bacon Grits Eggs Pancakes Hashbrowns	Baked Chicken Fried Fish Baked Beans Mac N Cheese French Fries
Corn Dog Baked Chicken French Fries Green Beans Veggies	Chicken Quesadillas Chicken Nuggets Yellow Rice Corn Cheese/Cheese Dip	Baked Chicken Chicken Ranch Pasta Veggies Cheese Sticks French Fries	Boneless BBQ Wings Chicken Tenders Mac N Cheese Lima Beans French Fries	Baked Chicken Hamburger Steak Mashed Potatoes Green Beans Rolls
COLUMBUS DAY! NO SCHOOL!	Fried Pork Chops Chicken Nuggets Yellow Rice Broccoli French Fries	Baked Chicken Pizza Corn on the Cobb Cheese Sticks French Fries	Chicken & Dumplings Popcorn Chicken White Rice Steamed Veggies Potato Wedges	Chicken Wings Hot Dog Corn Nuggets Sweet Peas French Fries
Hamburger French Fries Sweet N Sour Chicken Fried Rice Egg Rolls	Baked Chicken Chicken Tenders Mashed Potatoes Green Beans Corn	Chicken Alfredo Country Fried Steak Broccoli Cheese Sticks Garlic Knots	Sausage/Bacon Grits Eggs French Toast Sticks Hashbrowns	Boneless BBQ Wings Chicken Nuggets Mac N Cheese Sweet Peas French Fries
Meatballs N Gravy Corn Dogs Mashed Potatoes Green Beans French Fries	Fried Chicken Baked Chicken Yellow Rice Corn Nuggets Sweet Peas	Chicken Ranch Pasta Pizza Veggies Cheese Sticks French Fries	Chicken Quesadillas Baked Chicken Spanish Rice Corn Chips/Cheese Dip	Baked Chicken Popcorn Chicken Fried Okra Lima Beans French Fries

DINNER ROLLS OR GARLIC BREAD WILL BE SERVED DAILY!

HAM & CHEESE SUBS, TURKEY & CHEESE SUBS, AND PB&J'S AVAILABLE DAILY!

FRUIT CUPS, YOGURT CUPS, AND JELLO CUPS ARE AVAILABLE DAILY!

REMINDER: PLEASE REVIEW YOUR STUDENT'S ACCOUNT BALANCES WEEKLY!

HAPPY FALL Y'ALL!

♡ Good Food. Happy Students. Brighter Tomorrows. ♡