#### Your Monthly Newsletter Information

#### DEC SY 2022-2023

# Laguna Division of Early Childhood



INSIDE

Early Head Start

Sunny Side

Chinatown

**Turquoise Springs** 

Casa Blanca

Pre-School

Head Start

Encinal

Seama

Paguate

-Family Service Providers-

-Education Manager-

-FRSFA Coordinator-

-Special Education Coordinator--Health Aide-

-Program Assistant-

#### P.O Box 798 Laguna, NM 87026 Phone: (505) 552-6544 Fax: (505) 552-7533

Dear DEC Parents and Families,

Let me begin by extending you all a Happy New Year filled with many successes and continued progress. It is my hope that during winter break, you had a chance to catch up with family and friends and enjoy some rest and relaxation.



At DEC, we place an elevated significance on seeing the children showing continued success and academic progress as they move through their journey while here at DEC. I am delighted to begin our work for the second half of the school year to ensure that learning continues. As we ring in the new year, we see this as an opportunity to ensure that the children are on track, prepared and ready for the second half of the year, and that our instructional and support team remains energized.

DEC continues to strive to achieve high quality experiences and strong outcomes for preschool children in the learning environment, daily routine, adult-child relationships, teaching practices, and family engagement. We believe that every child, regardless of circumstances at birth, has the ability to reach their full potential.

As always, thank you for your continued support.

Appreciatively,

Ruth Hidalgo Director <u>r.hidalgo@lagunaed.net</u> 505.552.6544



1/10- School resumes
1/11- Blue Day- Wear anything blue
1/13- Move & Groove into the new year
1/26- Nutrition Activity- Snap Peas





## CASS 700m

#### Contact information:

**TEACHERS: Andrea Lucario & Kay-Mani Riley** 

EMAILS: a.lucario@lagunaed.net & km.riley@lagunaed.net

**CLASSROOM NEWS!** 

The theme for January is "Lights". The children will explore a variety of lights. We will discover what objects make light, how to turn lights on and off, what happens when we block light, what kinds of things light shines through, and how do use lights. Activities will be sent home to discover lights that you have at home.

The Cultural theme for this month is Dancing, Throwing, and Traditional Food. The language is being used with the children throughout the day: meal times, during play, and reading. The children were attentive to the demonstration of Mama Doll Making by the Office of Laguna Learning. The children got to touch and taste the dough and corn husk.

## **ACHEIEVMENTS/ MILESTONES**

Two of the children have been standing up and taking more steps on their own.

Two children are in the beginning stages of potty training.

The children are all explorers and show curiosity every day in their daily learning.

The children are saying more words and we write it down on our word wall.

### New words to learn for the month of January

Lamp, flashlight, lantern, light switches, sun, traffic signals,









Governor, Village Officials, Bread, Stew, Come Eat, Red and Green Chili

1/11/2023—Color of the Month: **BLUE** 

#### **UPCOMING EVENTS**

1/13 Family Engagement-Move & Groove into the New Year





Nutrition Activity Snap Peas



1/26







TEACHER: Sandra Lewis EMAIL : s.lewis@lagunaed.net



TEACHER NAME(S): Candice Lucero and Raina Victorino EMAIL(S): c.lucero@lagunaed.net/r.victorino@lagunaed.net

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#### **CLASSROOM NEWS!**

Happy New Year to all our Families!!

We hope that everyone enjoyed their time at home. If you traveled any place, we hope that you enjoyed your time away. Now it is time to get back to work and finish out the school year.

We are now moving into a new month, and new year. In the first week back at school we will work on getting back into our daily routine, which I am sure will take everyone some time. In the month of January we will focus on "Lights". Our study will consist of how lights work, what are lights used for, and the different colors/ shapes. In our culture curriculum we will have an opportunity to visit our newly elected officials. In the month of January we will also focus on our Health by including exercise in our daily routine also including an event that involves the whole family "Moving and Grooving to the New Year."

## UPCOMING EVENTS

2023

HAPPY NEW YEAR

1/10 Children return to school

- 1/11 Wear the color BLUE
- 1/13 Family Engagement Activity

1/26 Nutrition Activity



#### NEW WORD TO LEARN IN JANUARY:

Governor

Village official

Bread

Come eat

Green/Red chili stew



Singing our Good morning song and reciting our daily praver in Keres.





#### ACHIEVEMENTS/ MILESTONES

ANUAR

Get back into our daily routine.

Coming to school ready to learn

Using our self-help skills: going to the potty (pulling our pants down and back up), washing our hands, drying our hands, and throwing our paper towel in the trash.

Using our Gross Motor Skills: Playing outdoors, walking to the playground.

Using our Fine Motor Skills: by using our hands and fingers to engage in activities at the table.

Eating at the table for breakfast, lunch and snack.

Language: using our words to express our needs and wants.

Resting our bodies at nap time.

DATE TO REMEMBER/ STUDENTS CELEBRATIONS

#### Happy New Year 2023!!

Please remember to dress your child according to the weather. Bigger jackets is a plus.



**Evelyn Garcia & Marilou Arkie** 



EMAIL: e.garcia@lagunaed.net/ m.arkie@lagunaed.net

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#### CASA BLANCA NEWS!

Happy New Year! This month, we begin the study of Lights! You and your child can point out where the lights are at home or during a car ride. In town, take notice of the traffic lights and what colors are showing. Talk about red light and green light rules, we will be using these commands at school for a game and when going on walks.

If you are able to lend the classroom old flashlights and night-lights, that will be greatly appreciated! We will write your child's name on masking tape and place it on your light to be returned at the end of the month.

Lastly, we hope to meet our new tribal officials, scheduling will be determined. We plan to send a card acknowledging their positions and responsibilities to our villages.

### **UPCOMING EVENTS**

1/10-Return to school

1/11—Wear something BLUE

1/13—Move'N'Groove into the New Year 1/26—Nutrition Activity-Snap Peas





Bread, stew, "come eat"

Red chili, green chili



Governor Village Official

> Blue Lamps

Lights

Traffic lights Night-light Lanterns

**LED** lights



Headlamps

Light switch



Lampshade Glow sticks

sun

CONTRACTOR OF THE

#### Achievements/ Milestones

We are working hard on having conversations. Practice speaking out loud of what you are doing, take a sportscaster approach: where are you going, what do you see, what should you do, etc.

Talking out loud will help your child make connection of words and actions. Also, young children often repeat what you are saying. You can expand on the conversation by adding what will happen next.



Finally, please refrain from using "baby-talk". Young child speech is adorable, their lisps and words for different things can be tempting to repeat. Don't correct in a stern way, simply repeat what is said with the correct words; such as, instead of bankit, say blanket.

## **Birthday Shout-Out**



We are celebrating two January birthdays! Happy Birthday to A. Fernando and D. Lorenzo. We wish

you well as you continue your journey into Head Start! Please remember us and say "Hi!" when we see you on our way to the playground. Thank you for being a part of Laguna Early Head Start!





Seama Classion Teachers: Mrs. Venessa Deutsawe, Mrs. Leona Peacock &

Ms. Royce Kie

#### **UPCOMING EVENTS**

1/11– Wear something BLUE to school.

1/13-Move and Grove/Family Engagement.

1/16-Bring in something that is BLUE.

1/23-Wear BLUE socks.

1/26-Nutrition Activity-PEAS

Parental Involvement





-peas



#### Seama Classroom News!

Email: v.deutsawe@lagunaed.net

L.peacock@lagunaed.net

R.kie@lagunaed.net

In the Month of January Seama Room will begin learning about Exercise. What do our bodies need in order to move and exercise. There are so many ways we can exercise and move our bodies. Regular physical activity is one of the most important things you can do for your health. Being physically active can improve your brain health, help manage weight, reduce the risk of disease, strengthen bones and muscles, and improve our ability to do everyday activities. Play improves the cognitive, physical, social, and emotional well-being of children and young people. Through play, children learn about the world and themselves. They also learn skills they need for study, work and relationships such as: confidence.

Cultural Life ways-Learning to repeat words-Morning Prayer, Meal Prayer, Colors, Numbers, Month, Days of the week, Foods, Directions, Governor, Blue, stew, red & green chili.

#### **Achievements/ Milestones**

We, had lots of fun in the Month of December the Seama Classroom learned about lights, the many ways different we use light. Where does light come from? What is natural light and artificial light? Children were able to observe the different types of lights like the lamps, flash lights, night lights, string lights, candles. Some of the lights needed batteries and some used electricity. Children observed different types of bulbs we use every day at home. We did shadow puppets with our hands making different kinds of objects and animals. Children used their shadow to make ginger-bread people out of our shadows and decorated them. Cool!



#### DATE TO REMEMBER/ STUDENTS CELEBRATIONS

Winter Break-December 23rd children will be released @ 11:00am for

Winter Break winter break. See you back on January 10, 2023!

Birthdays for January Happy Birthday!

C. Sarracino & A. Day & Mrs. Peacock

Paguate Classroom Phone: 505-552-6544 ext. 5109 Teacher Juana-j.natseway@lagunaed.net Ms. Maddie-m.francis@lagunaed.net



## Laguna Classroom News!

Happy 2023! A new year! Times races on. I hope the you are

ready to send your babies off to the "big school!" We will be working on getting our children ready to transition into Kindergarten. We have some work to do but with the encouragement from both home and school we can get them ready.



#### **MILESTONES**

Laguna room continues to accomplish social skills:

You would not think something as simple as learning to communicate with other is a so difficult. It is when you have 17 children in a classroom playing together, using their language to convey their thoughts to one another.

During our November Parent Teacher Conference teachers mentioned that we are working to get the children to communicate with one another. We have seen some great progress. Modeling and using words for children. Continue to model positive interactions at home.

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A STREET REPORT

## **Family Service Providers**

Kathleen Herrera (EHS/PHS) and Tiffany Touchin (PHS)

## January 2023

## Greeting families,

**INCENTIVES! INCENTIVES!** FOR ATTENDING THE PARENT EDUCATION AND/OR PARENT COMMITTEE MEETINGS. The meetings will continue with January's meetings. Topics: Suggestions for Friendship Day, 2/14 and Signs of Early Autism. Look for the flyer in this month's newsletter.





May ALL families have good blessings for the New Year!

Continue to be safe, keep warm and enjoy ALL the

celebrations during the month of January.

## Upcoming Events:

January 2 -6......WINTER BREAK, NO SCHOOL January 9......Professional Development (No students) January 10......First day back to school January 11.....Blue Day January 13......Blue Day January 13......Parent Committee Meeting @ 11:00 am January 31......Parent Education Meeting

## **Contact Information:**

Kathleen Herrera Program Cell Phone: (505) 290-9163 Email: <u>k.herrera@lagunaed.net</u> Fax number: 552-7533

## **Contact Information:**

Tiffany Touchin Program Cell Phone: (505) 220-2549 Email: <u>t.touchin@lagunaed.net</u> Fax number: 552-7533



Greetings families,

Happy New Year! I hope you and your families enjoyed the holidays with loved ones.

Before the children went on winter break, the children had the hands on experience of making mama dolls and pueblo cookies. The Office of Language Learning demonstrated the mama doll making. Ms. Gayleen and Ms. Angela demonstrated the pueblo cookie baking. The children made their own unique creations, while learning the Laguna language and having fun!

We look forward to the second half of the school year with more hands on activities.

Thank you,

Gayleen Ruben, Education Manager





Greetings Families,

Hope everyone is doing well, staying warm and getting ready for the new year!

Just a few announcements regarding ERSEA/Childcare.

- Enrollment is open for EHS/PHS until April 14, 2023
- Childcare is available for all children enrolled in EHS and PHS. Childcare times are 7:30 am 9:00 am for PHS children, 7:30 am 8:45 am for EHS children and 2:00 pm 5:00pm for PHS children and 3:30 pm 5:00 pm for EHS children

If you have any questions regarding enrollment/childcare, I can be reached at 505-552-6544 ext. 5004 or 505-235-9286.

Enjoy the holidays, be safe, stay warm and have an enjoyable winter break. I hope to see everyone in the next year.

DEC ERSEA Coordinator/Child Care Manager Patricia Charlie





## Disabilities Services Coordinator Margaret Mascareñaz

#### Information:

-

Development and Learning While Enjoying Stories & Books With Young Children

Sharing stories and books with infants, toddlers and/or preschoolers in your family can be one of the most treasured times of their day and your day. Sharing books with young children also supports their development and learning in many ways. A few examples are:

\*Learning about themselves and others: Books help children learn about how people are the same and different. They help young children of all ages identify and handle their emotions and to feel connected to their families. (EX. "The puppy is happy, look at his face -expand on child's understanding of "happy).

\*Learning about moving: Interacting with books encourages very young children to use their fine-motor skills (fingers & hands) like reaching for, touching or grasping books. As babies get older, they will touch, point and pat pictures. Older children can use their large motor skills (arms, legs, full-body) to act out the motions of the characters in the book.

\*Communication: Young infants enjoy sounds of language as you read simple books. Young children learn new words for naming animals, objects, actions, feelings and ideas. Storytelling and book reading help children learn new words, and helps build complex language skills. For older children who are have many activities with books, research shows these children learn to read better than children who have few book experiences (Wells, 1986).



#### Tips

Some points to remember for reading books with children:

\*Select books for each child's developmental level

\*Rotate and add new book to encourage different interests BUT

Keep old favorites available for repeated (and repeated and repeated)

readings. Children have their "favorite book" that they may

Want to hear over and over.

\*keep talking to child throughout the whole reading and afterwards to encourage language.

Families: ENJOY snuggling with your child/children as you read a book, enjoy your time together.

If families with infants/toddlers/preschoolers have any concerns regarding their child's development, they may contact their child's teacher or the DEC Disabilities Coordinator for information.

#### PLEASE NOTE UPCOMING SPECIAL EVENT

#### **Grants/Cibola County School District**

IS offering a CHILD FIND EVENT-free developmental screening

For children ages 3 and above.

WHEN: Thursday, January 19, 2023. Time: 9:00-2:00

WHERE: Special Ed. Complex in Grants

Contact person: Desiraye Lopez- 505-285-2643

Thank you. Happy and Safe Holidays!



## Health Aide Lorisa Pacheco (505)552-6544/(505) 240-0793

### **Greetings Families,**

The local and national news have issued an alert on a triple-edmic. This triple-edmic consists of Covid-19, Flu, RSV. All these illnesses have to been known to be highly contagious, symptoms are similar and are causing children to be hospitalized.

In order to avoid the spread to children and staff, and avoid a school closure, here is the protocol:

- **1.** Monitor your child for congestion, runny nose, fever, sneezing, and or coughing prior to sending him or her to school.
- 2. If your child is showing symptoms, please keep your child home. Please call the front office to report your child's absence @ (505)-552-6544.
- 3. Have your child seen by a medical professional and checked for Flu, RSV and COVID. If your child tests positive for any of the illnesses mentioned, your child will need to stay home until released by a medical professional.
- 4. Once your child is well, please providing a doctor's noting stating that your child can return to school.

#### **At-Home Covid Kits**

Visit the website of <u>Covid.gov</u> and get free at-home Covid tests for this winter. Every U.S. household is eligible to order 4 free kits. It includes free shipping.

And Lastly, Thank you parents and families for keeping your child home and safe when they're feeling ill. And thank you for following our Covid produces and wearing masks when coming on campus.

Happy 2023 Families and Friends,

## **Program Assistant**

Welcome back. I hope you all had a nice Winter break and are off to a great start to the new year.

On Tuesday, January 3<sup>rd</sup> and Thursday, January 5<sup>th</sup> from 10:00 am to 2:00 pm on both days; Laguna EOC has designated these days for all LDoE students and staff to get tested at the Mesita pod in order to return to in-person learning. Please pre-register your child and take the code with you to the pod. All students and staff cleared by the EOC with a negative test result, may return back to program in-person the week of January 9<sup>th</sup> (*students return on January 10, 2023*).

We will continue with monthly testing for all children that are up-to-date on their vaccinations and bi-weekly testing for children that are unvaccinated and over-due between vaccination doses. Children 6 months and older are eligible to start a Pfizer(3 dose) or Moderna(2 dose) series. If your child has turned 5 years old, they are eligible for the Omicron booster. You may contact the Laguna Community Health Center to schedule an appointment @ 505-238-3198 or 505-431-0711. Please remember to send me updated Covid Cards if your child has received a dose. I will then update your child's information here at school. We continue to encourage all parents to get your child vaccinated.

DEC continues on the journey with Covid Safe Practices, all individuals 2 years of age and older continue wearing masks. We also want to reiterate to parents and family members to wear a mask when at the bus stop and at drop-off/pick-up. We continue asking the precautionary Covid questions, taking temperatures and using hand sanitizer. Surfaces are wiped down and sanitized daily. Instructional staff continue sanitizing classroom toys and instructional materials. Multipurpose staff continue with bus sanitization after both AM and PM bus runs. Custodial staff continue with daily cleaning of all the buildings. Your DEC team is working diligently together to ensure your child is in a safe environment. I would like to acknowledge the staff for all their efforts in this area, keep up the great job.

I can't thank parents enough for your continued cooperation. I know it gets tough from time to time but you are all handling it all very well. From registering your child to get tested, to getting them vaccinated, to monitoring their symptoms and keeping them home when they are not feeling well, Parents, you are doing an excellent job!!! THANK YOU!!!

As always, I am here to help. Should you have any questions or require information please don't hesitate to contact me. Have a prosperous New Year and stay safe.



Iris Gallegos, Program Assistant/Covid-19 Records Keeper <u>i.gallegos@lagunaed.net</u> Office Phone: 505-552-6544 ext. 5100 Program Cell: 505-290-9314

