## October 2024

## **BREAKFAST MENU**

### Menu is subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Profits Coam Carry Coam Coam Coam Coam Coam Coam Coam Coam	1 Scrambled Eggs	2 Croissant w/Ham,	3 Pancakes/Syrup	4 Grits
	Bacon	Egg and Cheese	Sausage	Bacon
	Yogurt	Fruit	Fruit	Fruit
	Milk/Juice	Milk/Juice	Milk/Juice	Milk/Juice
	Cereal/Milk	Cereal/Milk	Cereal/Milk	
Choose MyPlate gov				
7	8	9	10	11
Sausage Biscuit	French Toast Sticks	Chicken Biscuit	Breakfast Pizza	Grits
Fruit	Syrup	Fruit	Yogurt	Sausage Patty
Milk/Juice	Fruit	Milk/Juice	Milk/Juice	Fruit
Cereal/Milk	Milk/Juice	Cereal/Milk	Cereal/Milk	Milk
	Cereal/Milk			Juice
14	15	16	17	18
	Scrambled Eggs	Pancakes w/Syrup	Chicken Biscuit	Grits
	Sausage Patty	Sausage	Fruit	Bacon
Columbus Day	Yogurt	Yogurt	Milk/Juice	Fruit
	Milk/Juice	Milk/Juice	Cereal/Milk	Milk
	Cereal/Milk	Cereal/Milk		Juice
21	22	23	24	25
Steak Biscuit	Cheese Toast	French Toast Sticks	Sausage Biscuit	Grits
Fruit	Ham	Syrup	Fruit	Sausage Link
Milk/Juice	Fruit	Fruit	Milk/Juice	Fruit
Cereal/Milk	Milk/Juice	Milk/Juice	Cereal/Milk	Milk
CCICALITATIK	Cereal/Milk	Cereal/Milk	CCICai/IVIIIK	Juice
	Coroun with	Coroanii		Juice
28	29	30	31	
Breakfast Pizza	Scrambled Eggs	Pancakes w/Syrup	Sausage, Egg &	
Yogurt	Bacon	Sausage	Cheese Biscuit	Entre Dany
Milk/Juice	Yogurt	Yogurt	Yogurt	Grains
Cereal/Milk	Milk/Juice	Milk/Juice	Milk/Juice	Vegetables Protein
	Cereal/Milk	Cereal/Milk	Cereal/Milk	
				Choose MyPlate gov

## October 2024

# **LUNCH MENU**

### Menu is subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Hamburger Chili Cheese Fries Baked Beans Fruit	2 Pork Chops Collard Greens Mashed Potatoes Roll	3 Hot Wings Oven Fries Green Beans Fruit	Managers Choice
	Milk/Juice	Fruit Milk/Juice	Milk/Juice	
7	8	9	10	11
Steak Nuggets	Beef a Roni	Sausage Dog	Salisbury Steak	Hot Wings
Mashed Pot.	Broccoli w Cheese	Peppers/Onions	Rice/Gravy	Oven Fries
Gravy	Salad	French Fries	Butter Beans	Green Beans
English Peas	Roll	Baked Beans	Roll/Cornbread	Fruit
Roll	Fruit	Fruit	Fruit	Milk/Juice
Fruit	Milk/Juice	Milk/Juice	Milk/Juice	
Milk/Juice			Cookies	
14	15	16	17	18
	Taco Salad	Pork Chops	Steak Nuggets	Pizza
	Corn on the Cob	Collard Greens	Mashed Pot.	Salad
Columbus Day	Fruit	Mashed Potatoes	Gravy	Green Beans
	Brownies	Roll	English Peas	Fruit
	Milk/Juice	Fruit	Roll	Milk/Juice
		Milk/Juice	Fruit	Cookies
			Milk/Juice	
24	22	23	24	25
Hot Wings	Salisbury Steak	BBQ Sandwich	Baked Chicken	Sausage Dog
Oven Fries	Rice/Gravy	Potato Wedges	Breast	Peppers/Onions
Green Beans	CollaButter Beans	Salad	Baby Lima Beans	French Fries
Fruit	Roll/Cornbread	Fruit	Potato Wedges	Baked Beans
Milk/Juice	Fruit	Milk/Juice	Roll Fruit	Fruit
	Milk/Juice		Milk/Juice	Milk/Juice
	Cookies			
28	29	30	31	
Chicken Alfredo	Hamburger	Pork Chops	Pizza	
Salad	Chili Cheese Fries	Collard Greens	Salad	Fruits
	Baked Beans	Mashed Potatoes	Green Beans	
Broccoli w/Cheese				Vegetie
Roll	Fruit	Roll	Fruit	Protein
	1	Roll Fruit	Fruit Milk/Juice	Protest