

18 Popcorn Chicken with Fried Rice **Glazed Carrots** Fruit Salad

25

Stuffed

**Baked Potato** 

Hot Roll

Mac & Cheese

Carrot Dippers

Fruit Medley

Soft Tacos Pinto Beans Spanish Rice Lettuce & Tomato Pineapple

> 26 Quesadillas Spanish Rice Pinto Beans Garden Fresh Salad Fruit Cup

YOU ROCK

20 Chicken & Waffles **Mashed Potatoes** Steamed Vegetables Berries & Cream

Popcorn Chicken Hot Roll **Mashed Potatoes** Seasoned Corn Fruit Cup

Cheese Pizza Seasoned **Green Beans** Fresh Salad Strawberry Apple Sauce

Spaghetti with Meat Sauce Garlic Bread Steamed Vegetables Fresh Salad

**Fruit Dessert** 

Chicken Sandwich Basket with Fries Lettuce & Pickles Fresh Baked Cookie Fresh Fruit

22

Cheese Burger

Basket with Fries

Lettuce & Pickles

Fresh Baked

Cookie

Fresh Fruit

## pre-kinder

## Back to School Fuel!

School is back and so are yummy lunches!

- Apples give your brain a boost
- Sandwiches give you super strength
- Veggies help you stay sharp

Don't forget to:

- Drink water
- Try something new
- Have fun in the lunchroom

Let's make this the tastiest year ever!



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This institution is an equal opportunity provider.

