


Lunch 8-12 High School

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Chili Cheese/Corn Chips Hamburger Chef Salad Saltine Crackers Croutons Ranch Dressing Whole Kernel Corn Glazed Carrots Vegetable Juice Fresh Orange Smiles Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Mayonnaise Mustard Ketchup Chocolate Chip Cookie
4 Holiday	5 Parent Conference Day	6 Meat Lovers Pizza Mexican Pizza Fruit and Yogurt Plate Grilled Chicken Salad Chef Salad Saltine Crackers Croutons Ranch Dressing Whole Kernel Corn Raw Veggies with Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Fruit Slushes Low Fat Milk Chocolate Milk Dick & Jane Cookies	7 Grilled Chix Sandwich Ham & Cheese on Bun Fruit and Yogurt Plate Chef Salad Saltine Crackers Croutons Ranch Dressing Crinkle Cut Fries Seasoned Green Beans Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Sugar Cookie	8 Cheeseburger Chix Patty Sandwich Trimmings Fruit and Yogurt Plate Chef Salad Saltine Crackers Croutons Ranch Dressing Crinkle Cut Fries Baked Beans Carrot, Pepper Strips, and Broccoli Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Ketchup Mayonnaise Mustard Fruit Crisp
11 Chicken Tenders Ham & Cheese on Bun Fruit and Yogurt Plate Chef Salad Ranch Dressing Saltine Crackers Croutons Mashed Potatoes Cheesy Broccoli Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Whole Wheat Roll Low Fat Milk Chocolate Milk Variety of Dipping Sauce Ketchup Mayonnaise Mustard Dick & Jane Cookies	12 Hamburger Steak/Gravy Turkey & Cheese/Bun Fruit and Yogurt Plate Chef Salad Saltine Crackers Croutons Ranch Dressing Black-Eyed Peas Southern Turnip Greens Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Cornbread Low Fat Milk Chocolate Milk Mayonnaise Mustard Assorted Puddings	13 Chicken with Alfredo Sauce Corn Dog Grilled Chicken Salad Chef Salad Saltine Crackers Croutons Ranch Dressing Herbed Broccoli Raw Veggies with Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Whole Wheat Roll Low Fat Milk Chocolate Milk Mustard Assorted Gelatins with Whipped Topping	14 John Wayne Casserole Grilled Chix Sandwich Grilled Chicken Salad Chef Salad Saltine Crackers Croutons Ranch Dressing Whole Kernel Corn Summer Squash Vegetable Juice Fresh Fruit Bowl Chilled Fruits Blueberries w Topping Fruit Juice Whole Wheat Roll Low Fat Milk Chocolate Milk Graham Crackers Mayonnaise Mustard	15 Chicken Fajitas Hamburger Grilled Fajita Salad Chef Salad Saltine Crackers Croutons Ranch Dressing Spanish Rice Cucumber Slices w/Dip Glazed Carrots Vegetable Juice Fresh Orange Smiles Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Assorted Puddings Mayonnaise Mustard Ketchup

18	19	20	21	22
Spicy Chicken Breast Sandwich Grilled Chix Sandwich Fruit and Yogurt Plate Chix Salad w/Crackers Chef Salad Croutons Saltine Crackers Ranch Dressing Baked Beans Broccoli Florets w/ Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Sugar Cookie Mayonnaise Mustard Ketchup	Chicken Spaghetti Turkey & Cheese Wrap Tuna Salad Chef Salad Saltine Crackers Croutons Ranch Dressing Steamed Carrots Green Peas Vegetable Juice Fresh Orange Smiles Chilled Fruits Fruit Juice Garlic Toast Low Fat Milk Chocolate Milk Banana Pudding	Meat Lovers Pizza Pepperoni Pizza Wedge Turkey & Cheese/Bun Chix Salad/Croissant Grilled Chicken Salad Saltine Crackers Ranch Dressing Whole Kernel Corn Broccoli Salad Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Tart Lemon Squares Mayonnaise Mustard	Italian Rotini Casserole Ham & Cheese on Bun Tuna Salad Chef Salad Saltine Crackers Croutons Ranch Dressing Spinach Salad Seasoned Green Beans Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Whole Wheat Roll Low Fat Milk Chocolate Milk Mayonnaise Mustard Assorted Gelatins with Whipped Topping	Walking Tacos Corn Dog Chef Salad Croutons Saltine Crackers Spanish Rice Ranch Dressing Whole Kernel Corn Raw Veggies with Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Mayonnaise Mustard Dick & Jane Cookies
25	26	27	28	29
Glazed BBQ Meatballs on Hoagie Bun Corn Dog Fruit and Yogurt Plate Grilled Chicken Salad Chef Salad Saltine Crackers Croutons Ranch Dressing Crinkle Cut Fries Cucumber Slices w/Dip Vegetable Juice Fresh Orange Smiles Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Ketchup Mayonnaise Mustard Chocolate Chip Cookie	Chicken Tenders Dutch Waffle Turkey & Cheese Wrap Fruit and Yogurt Plate Chef Salad Saltine Crackers Croutons Ranch Dressing Yam Patties Seasoned Green Beans Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Assorted Gelatins with Whipped Topping Pancake Syrup Variety of Dipping Sauce	Breaded Pork Chop Chix Patty Sandwich Fruit and Yogurt Plate Chef Salad Saltine Crackers Croutons Ranch Dressing Black-Eyed Peas Seasoned Cabbage Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Cornbread Low Fat Milk Chocolate Milk Mayonnaise Mustard Ketchup Assorted Puddings	Beefy Nachos Grande Turkey & Cheese/Bun Chef Salad Croutons Saltine Crackers Ranch Dressing Whole Kernel Corn Raw Veggies with Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Mayonnaise Mustard Chocolate Chip Cookie	Stuffed Crust Pizza Meat Lovers Pizza Cheeseburger Fruit and Yogurt Plate Chef Salad Saltine Crackers Croutons Ranch Dressing Broccoli Florets w/ Dip Tater Tots Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruited Gelatin Fruit Juice Low Fat Milk Chocolate Milk Ketchup Fruit Crisp

This institution is an equal opportunity provider.