



## Guide To Community Resources

(All area codes begin with 863, unless noted otherwise.)

### ABUSE: CHILD & ADULT:

Abuse Hotline	800-962-2873
Guardian Ad Litem Program	534-4605
Gulf Coast Community Care	904-3000
Peace River Center Domestic Violence Shelter	
Women, Men, & Families	413-2700

### ADOPTION:

<b>Catholic Charities-</b> Lakeland	686-7153
Winter Haven	299-7983
Children's Home Society	519-3906
Devereux	298-4400
Florida Baptist Children's Home	688-4981
Florida Adoption Info Center	1-800-96-ADOPT

### AIDS AWARENESS:

Nat'l STD & AIDS Hotline	1-800-342-AIDS
Spanish	1-800-545-SIDA
Nat'l Prevention Info Network	1-800-458-5231
TDD	1-800-243-7012
Patient Care Services	519-8233
Polk County Health Department	413-2620
Central Florida Health Care	676-0022

**ALCOHOL/DRUG ABUSE:**

ACTS	428-1520
AA	687-9275
Al-Anon	687-3800
Toll Free	1-866-539-3030
Central Florida Behavioral Health	813-993-4446
Drug Helpline	1-800-662-HELP
Mothers Against Meth	519-0000
NA Helpline	683-6030
New Life Ministry	682-7842
Jeff Allen, PhD	676-4556
PRIDE Partnership of Polk County	294-1853
Talbot House Ministries	687-8475
Teen Challenge	647-1944
Tri-County Human Services	709-9392
The Recovery Village	352-771-2700

**COUNSELING & MENTAL HEALTH:**

Anchor House Ministries (Boys)	665-1916
Bay Care Inpatient Program for Children	727-834-3965
Bethany Center (Grief Services)	284-1669
Cornerstone Hospice (Grief Services)	421-3840
FL Division of Blind Services	499-2385
Catholic Charities-Lakeland	686-7153
Catholic Charities-Winter Haven	299-7983
Central Florida Behavioral Health	813-993-4446
Central Florida Health Care	676-0022
Children's Home Society	519-3906
Florida Sherriff's Youth Villa	533-0371

Frostproof Care Center	635-5555
HELP of fort Meade	285-6600
Innovations in Counseling	294-8845
Kindelan, McDanal, & Assoc.	877-1855
National Alliance for Mentally Ill	616-9642

**Peace River Center**

Lakeland	248-3300
Bartow	519-3750
Polk County Veteran's Affairs	534-5220

**Psychological Associates of Central Florida**

Dr. Marshall	644-8470
Women's Resource Center	294-5318
Salvation Army-Lakeland	682-8179
Sandy Pines	561-744-0211
St. Joseph's Behavioral Health	813-870-4300
Sun Coast Behavioral Health	941-251-5000
Tri-County Human Services	709-9392
Winter Haven Hospital	294-7062

**Youth & Family Alternatives**

(Truancy, Behavior, Substance Abuse)	499-2430
University Behavioral Center	407-281-7000

**DENTAL CLINICS:**

Central Florida Health Care	676-0022
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**Polk County Health Dept.**

Auburndale	965-6333
Lakeland	413-2636
Lake Wales	676-0210

**DISABILITY SERVICES:**

Achievement Academy	683-6504
Arthritis Foundation	1-800-283-7800
Center for Independent Living	413-2722
Central Florida Speech & Hearing	686-3189
Central FL Deaf Services	688-9394
TDD	688-9394
Child Find	534-0946
USF/Infant & Toddler Program	701-1233
Deaf Services/Polk County	701-0544
Easter Seals Camp Challenge	352-383-4711
Epilepsy Services of West FL	686-5880
FL Diagnostic & Learning Resources	534-0950
FL Relay Services	800-955-8770
FL School of the Deaf & Blind	800-344-3732
Goodwill Industries	701-1351
Gulf Coast Community Care	904-3000
Alliance for Independence	665-3846
PCSB ESE Services	534-0930
PCSB Special Olympics	534-0955
Polk Training Center	956-1620
Sunrise Community	680-2817
Tampa Lighthouse for the Blind	299-3633

**DISASTER/EMERGENCY:**

Citizens' Information Line	534-0321
FEMA	1-800-621-3362
Special Needs Shelter	534-5600

**EDUCATION RESOURCES:**

FL. Diagnostic & Learning Resource 534-0950  
Learning Resource Center 688-9477

**EMERGENCY YOUTH SHELTERS:**

George Harris Youth Shelter 595-0220

**EMPLOYMENT & JOB TRAINING:**

Goodwill Industries 701-1351  
Experience Works (Seniors) 967-9631

**Polk WORKS**

Winter Haven 508-1100  
Lakeland 967-9631  
Veteran's Services 683-5627 ext 140

**Vocational Rehabilitation**

Lakeland 680-5534  
Winter Haven 291-5280

**FAMILY & PARENTING RESOURCES:**

Family Fundamentals 686-1221  
Head Start 533-0015

**FOOD, MEDICINE, FINANCIAL AID:**

Auburndale Relief Association 967-9711

**Catholic Charities**

Lakeland 686-1651  
Winter Haven 299-7983  
Church Service Center 533-5822

**Dept. of Children & Families**

SNAP, Food Stamps, Medicaid 1-866-762-2237  
Emergency Services 294-1939

Frostproof Care Center	635-5555
HELP of Fort Meade	285-6600
HOPE Center	683-8182
Lake Wales Care Center	676-6678
Lighthouse Ministries	687-3705
Mulberry Services	425-1523
Polk Social Services	534-5387

**Salvation Army**

Lakeland	682-8179
Winter Haven	291-5107
Haines City	422-9640
SHARE Program	800-536-3379
Talbot House Ministries	687-8475
WIC (Women's, Infants & Children)	863-519-7542
The Outreach Center	665-7700

**HEALTH SERVICES & EDUCATION:**

**American Cancer Society**

Lakeland	688-2326
Winter Haven	294-0661
American Heart Association	686-8421
Red Cross	294-5941
Central FL Health Care	676-0022
Gen. FL. Speech & Hearing	686-3189
Achievement Academy	683-6504
Children's Medical Services	1-800-741-2250
Citizen CPR	680-1277
Epilepsy Services	686-5880
FL Kid Care	1-888-352-5437

Bartow Office	534-5313
Learning Resource Center	688-9477
March of Dimes	687-8909
National Kidney Foundation	1-800-927-9659

**Polk County Health Department Clinics**

Auburndale	965-5400
Bartow	519-7916
Haines City	421-3204
Lakeland	413-2620
Lake Wales	678-4144
Talbot House Ministries	687-8475

**HOMELESS SERVICES:**

Homeless Coalition of Polk	687-8386
Lake Wales Care Center	676-6678
Lighthouse Ministries (Men only)	687-3705

**Salvation Army**

Lakeland	682-8179
Winter Haven	291-5107
Women’s Resource Center	294-5318
Women’s Care Center	534-3844
Talbot House Ministries	687-8475

**DOMESTIC VIOLENCE SHELTERS:**

**Peace River (Polk)**

Hotline	413-2700
<b>Peace River (Highlands)</b>	386-1167

Legal Guidance, Bartow Court House

Outreach Advocate

863-534-4350; 863-534-4180

**HOME HEALTH SERVICES:**

Amedisys Home Health	297-1871
Good Shepherd Hospice	297-1880
Cornerstone Hospice	421-1482
Polk Elderly Services	534-5320

**HOUSING: LOW INCOME:**

Habitat For Humanity	688-4660/292-2256
USDA	420-4833

**HOUSING ASSISTANCE:**

Anchor House Ministries	665-1916
<b>Housing Authority</b>	
Bartow	533-6311
Haines City	421-3680
Lake Wales	687-2911
Lakeland Winter Haven	294-7369
Family Health Line	1-800-451-2229
Florida Baptist Children's Home	698-8811
Florida Sherriff's Youth Ranch	533-7557
George Harris Youth Ranch	595-0220
HUD	813-228-2501
New Horizon's	428-1520
Section 8 Housing	534-5240



**HOUSING REHABILITATION:**

Lakeland Housing Division	834-3360
Lake Wales Care Center	676-6678
USDA	420-4833

**HOUSING TRANSITIONAL:**

Lake Wales Care Center	676-6678
Salvation Army (Lakeland)	682-8179
Talbot House Ministries	687-8475
Tri-County Human Services	701-7373
Women's Care Center	534-3844

**LEGAL SERVICES:**

Dept. of Revenue (Child Support)	800-622-5437
Florida Rural Legal Services (Civil)	688-7376
Heart of FL Legal Aid (Divorce)	519-5663

**MIGRANT SERVICES:**

ALPI	956-3491
ESCORT	1-800-234-8848
Immigration Services	1-800-375-5283
Migrant Education	534-0655
Social Security Admin.	1-800-772-1213

**PARENT EDUCATION & SUPPORT:**

Family Fundamentals	686-1221
Health Dept. (Healthy Start)	413-2620

**PERSONAL DEVELOPMENT:**

American Red Cross	294-5941
Big Brothers/Big Sisters	682-5191
Boys/Girls Club	686-1719
Citrus Center Boys/Girls Club	967-1532
Parks & Recreation Dept.	534-4341

**Women's Resource Center**

Lakeland	687-5627 ext 107
Winter Haven	294-5318
YMCA-Lakeland	644-3528
Lake Wales	676-9441

**PRESCRIPTION PROGRAMS:**

- GoodRX.com
- Needy meds.com
- Pparx.org
- TogetherRxaccess.com

**SENIOR CITIZENS SERVICES:**

Alzheimer's Information Line	292-9210
American Assoc. of Retired Persons	666-1908

**Catholic Charities**

Lakeland	686-7153
Winter Haven	299-7983
Dept. of Children & Families	619-4100
Faith In Action	682-7249
Lake Morton Sr Center	687-2988
Polk Elderly Services	534-5320

**SUPPORT GROUPS:**

National Alliance for Mentally Ill	686-1221 ext. 221 or 667-2068
AIDS Support Group	291-3737 or 678-1106
Alzheimer's Support Group	294-3144 or 299-1064
Amputee Support Group	293-1121 ext 1171
Aphasia Support Group	293-1121 ext 2726
Autism Support Group	686-1221 ext 221
Bounce	409-5049
Brain Injury Support Group	293-1121
Breast Cancer Support Group	291-6705
Breast Feeding Class	687-1100 ext 2097
Breathe Better With Support	965-5400
Cancer Support Group	291-6705
Diabetes Support Group	676-1433 ext 4166 or 284-1604
Domestic Violence Support Group	294-5318
Eating Healthy For Life	676-1433 ext 4166
Epilepsy Support Group	686-5880
Family & Caregivers Support Group	294-7056 ext 3673
Fibromyalgia Support Group	299-5170, 676-1433 ext 4166
First Month's Club for Parents	294-7020
First Steps Club for Parents	294-7020
Grief Support Group	297-1877
GoGrandmaGo	644-8239
Lifeliink Donor Awareness Group	324-3186
Lupus Support Group	956-3904
Prostate Cancer Support Group	291-6705
Polk County Mentally Ill Alliance	413-2788
Newborn Care Class	687-1100 ext 2097
Ostomy Club	293-1121 ext 1511
Foster Parent Support Group	686-1211 ext 221

Parkinson's Support Group	297-1706
Perinatal Bereavement	325-9742 or 294-7044
Prepare Childbirth Classes	687-1100 ext 2097
Pulmonary Rehab Support	284-1985
Rape Crisis Support Group	299-5025
Stroke Support Group	297-1807
Support Group for The Blind	293-6429
Teen Prenatal Classes	687-1100 ext 2097
Thyroid Support Group	357-7238

**TRANSPORTATION:**

Citrus Cars	508-1100 ext 342
Citrus Connection	688-7433 or 688-5438
Division of Motor Vehicles	499-2323
Bartow Tag Agency	534-4711
Lakeland Tag Agency	499-2351
Polk County Human Services (Medicaid)	534-5200
Polk County Transportation	534-5630

**YOUTH SERVICES/SHELTER:**

Bill Duncan Excel Center	665-1916
Don Woods Excel Center	1-800-451-2229
Florida Baptist Childrens Home	698-8811
Florida Sherriff's Youth Ranch	533-7557
George Harris Youth Center	595-0220
New Horizons	428-1520
STAR Boot Camp (court order)	519-3995
Tampa Bay Academy	813-677-6700
University Behavioral Center	407-281-7000

