



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

2

Fall Break

3

Fall Break

4

Fall Break

5

Fall Break

6

Fall Break

9

Teacher Professional Development Day  
No Students

10

Assorted Cold Cereal  
Toaster Pastry  
Sausage & Biscuit  
Rice Treat Bar  
Assorted Fruit Juice  
Hot Cinnamon Apples  
Milk-Variety  
Jellies

11

French Toast Sticks  
Bacon, Egg, Cheese Biscuit  
Assorted Fruit Juices  
Rosey Applesauce  
Chocolate Milk  
Low Fat White Milk  
Syrup  
Jellies

12

Banana Bread  
Cheese Block  
Sausage Pancake Stick  
Assorted Fruit Juices  
Fresh Oranges  
Milk-Variety  
Syrup  
Jellies

13

Ham & Southern Biscuit  
Fruit Flavored Cereal Bar  
Wheat Toast  
Assorted Fruit Juice  
Slices Apples & Grapes  
Chocolate Milk  
Low Fat White Milk  
Jellies

16

Assorted Muffin Loaf  
Fruit Flavored Cereal Bar  
Ham & Southern Biscuit  
Assorted Fruit Juice  
Apple Slices in a Bag  
Chocolate Milk  
Low Fat White Milk  
Jellies

17

Breakfast Sliders  
Assorted Cold Cereal  
Strawberry Yogurt Snack Mix  
Assorted Fruit Juice  
Bananas  
Chocolate Milk  
Low Fat White Milk  
Jellies

18

Waffles in a Bag  
Bacon, Egg, Cheese, Biscuit  
Assorted Fruit Juices  
Oranges  
Chocolate Milk  
Low Fat White Milk  
Jellies

19

Chicken Patty & Biscuit  
Apple Frudel  
Assorted Fruit Juices  
Sliced Apples & Grapes  
Chocolate Milk  
Low Fat White Milk  
Jellies]

20

Pancakes  
Sausage Patty  
Sausage & Southern Biscuit  
Assorted Fruit Juices  
Kiwi  
Milk-Variety  
Jellies  
Syrup

23

Blueberry Muffin Loaf  
Toaster Pastry  
Cinnamon Rolls  
Assorted Fruit Juices  
Apple Slices in a Bag  
Chocolate Milk  
Low Fat White Milk

24

Assorted Cold Cereals  
Rice Treat Bar  
Sausage & Southern Biscuit  
Assorted Fruit Juices  
Bananas  
Milk-Variety  
Jellies

25

Breakfast Boat  
Whole Wheat Toast  
Bacon & Biscuit  
Assorted Fruit Juices  
Rosey Applesauce  
Milk-Variety  
Jellies

26

Waffles in a Bag  
Breakfast Sausage Pizza  
Assorted Fruit Juices  
Pear Halves  
Chocolate Milk  
Low Fat White Milk  
Syrup  
Jellies

27

Sausage & Southern Biscuit  
Fruit Flavored cereal Bar  
Whole Wheat Toast  
Assorted Fruit Juices  
Sliced Apples & Grapes  
Milk-Variety  
Jellies

30

Cheese Toast  
Chicken Patty  
Chicken Patty & Biscuit WG  
Assorted Fruit Juices  
Assorted Fruit  
Chocolate Milk  
Low Fat Milk  
Jellies

31

Bacon & Biscuit  
Pancakes  
Bacon Strips  
Assorted Fruit Juices  
Assorted Fruit  
Chocolate Milk  
Low Fat White Milk  
Jellies

Monday	Tuesday	Wednesday	Thursday	Friday
2 Fall Break	3 Fall Break	4 Fall Break	5 Fall Break	6 Fall Break
9 Professional Development Day No Students	10 Meatloaf Loaded Baked Potato Roll WG Peas & Carrots Mashed Potatoes Orange Smiles Pineapple Tidbits Milk-Variety Cookie	11 John Wayne Casserole Garlic Toast Chef Salad w/ Crackers & Croutons Seasoned Lima Beans Baby Carrots w/Dip Assorted Fruit Juice Chilled Peaches Milk-Variety	12 Lemon Pepper Chicken Pepperoni Pizza Wedge Southern Mustard Greens Cornbread Mashed Potatoes Apple Delicious Mandarin Fruit Cup Milk-Variety	13 Spaghetti w/ Meat Sauce Chicken Nuggets Yeast Roll Crinkle Cut Fries Garden Salad with Dressing Banana or Apples in a Bag Milk-Variety Cookie
16 Cheesy Chicken & Rice Loaded Baked Potato Roll Southern Green Beans Broccoli Salad Fruit Slush Apple Delicious Milk-Variety Cookie	17 + Chef Salad Stromboli Raw Veggies w/Dip Crinkle Cut Fries Fruited Gelatin Applesauce Milk-Variety	18 Country Fried Steak Sandwich Loaded Baked Potato Baked Beans Sweet Potato Fries Chilled Peaches Sliced Apples & Grapes Milk-Variety	19 Beef and Bean Burrito Fried Catfish Hushpuppies Potato Wedges Tossed Salad w/dressing Orange Smiles Kiwi Milk-Variety Cookie	20 Chef Salad Mexican pizza Carrots, celery, cucumbers w/dip Corn on Cob Banana or Sliced Apples in a Bag Milk-Variety Assorted Pudding Cups
23 Bacon Cheeseburger Loaded Baked Potato Spicy Fries Raw Veggies w/dip Fruit Cocktail Apple Delicious Milk-Variety Choc/Vanilla Pudding	24 Beef Ravioli Garlic Bread Chef Salad Sweet Potato Casserole Cream Style Corn Fruit Slush Chilled Diced Pears Milk-Variety	25 Beef Tips over Noodles Yeast Roll Country Fried Steak Sandwich Southern Lima Beans Crinkle Cut Fries Rosey Applesauce Orange Smiles Milk-Variety Cookie	26 Chicken Quesadilla Stuffed Crust Pizza Carrots and Red Peppers w/dip Cheesy Broccoli Strawberry Slices Pineapple Tidbits Milk-Variety	27 Boneless Buffalo Hot Wings Loaded Baked Potato Roll Seasoned Potato Wedges Creamy Coleslaw Banana or Sliced Apples in a Bag Milk-Variety Cookie
30 General Tso's Chicken over Rice Beef Steak Burger Garden Salad Sweet Potato Fries Banana Berry Blend Assorted Fruit Juice Milk-Variety Cookie	31 Chicken Nuggets Yeast Roll Loaded Baked Potato Cheesy Broc/Cauliflower Crinkle Cut Fries Orange Smiles Fruit Slush Milk-Variety			

MENUS MAY CHANGE DUE TO THE FOOD SUPPLY AVAILABILITY.  
NORTH TIPPAAH SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY EMPLOYER.

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<b>2</b> Fall Break	<b>3</b> Fall Break	<b>4</b> Fall Break	<b>5</b> Fall Break	<b>6</b> Fall Break
<b>9</b> <b>Professional Development Day No Students</b>	<b>10</b> Meatloaf Loaded Baked Potato Cheese Pizza Peas & Carrots, Mashed Potatoes, Broccoli Florets w/Dip, Orange Smiles Pineapple Tidbits, Apple Delicious Milk-Variety Cookie	<b>11</b> John Wayne Casserole w/Garlic Toast Chef Salad Beef and Bean Burrito Seasoned Lima Beans, Baby Carrots w/ Dip, Creamy Coleslaw, Assorted Fruit Juices, Chilled Peaches, Fruited Gelatin Milk-Variety	<b>12</b> Lemon Pepper Chicken with cornbread Pepperoni Pizza Wedge Fish Sandwich Mustard Greens, Mashed Potatoes, Southern Green Beans, Apple Delicious, Mandarin Fruit Cup. Frozen Fruit Juice Cup Milk-Variety	<b>13</b> Spaghetti w/ Meat Sauce Chicken Nuggets Cheesy Macaroni Yeast Roll, Crinkle Cut Fries, Garden Salad, Cheesy Broc./Cauli, Banana, Apples in a Bag, Flavored Raisins Milk-Variety Cookie]
<b>16</b> Cheesy Chicken and Rice Loaded Baked Potato Chicken Egg Roll w/ Fiesta Rice Roll, Southern Green Beans, Broccoli Salad, Mexicali Corn, Fruit Slush, Apple Delicious, Apple Sauce Milk-Variety Cookie	<b>17</b> Chef Salad Stromboli Hamburger Raw Veggies w/Dip, Crinkle Cut Fries, Broccoli Salad, Fruited Gelatin, Applesauce, Orange Smiles Milk-Variety	<b>18</b> Country Fried Steak Sandwich Loaded Baked Potato Cheeseburger Baked Beans, Sweet Potato Fries, Lima Beans, Chilled Peaches, Sliced Apples & Grapes, Apple Delicious Milk-Variety	<b>19</b> Beef and Bean Burrito Fried Catfish w/Hushpuppies BBQ Rib Sandwich Tossed Salad, Seasoned Potato Wedges, Creamy Coleslaw, Orange Smiles, Kiwi, Frozen Fruit Cups Milk-Variety Cookie	<b>20</b> Chef Salad Mexican Pizza Fruit & Yogurt Plate Carrots, Celery, & Cucumbers w/dip; Corn on Cob; Glazed Carrots; Banana; Flavored Raisins; Apples in a Bag Milk-Variety Assorted Pudding Cups
<b>23</b> Bacon Cheeseburger Loaded Baked Potato Mac-n-Cheese with Ham Slice Roll, Spicy Fries, Raw Veggies w/Dip, Corn on Cob, Fruit Cocktail, Apple Delicious, Assorted Fruit Juices Milk-Variety Chocolate/Vanilla Pudding	<b>24</b> Beef Ravioli w/Garlic Bread Chef Salad Country Fried Steak Sandwich Sweet Potato Casserole, Cream Style Corn, Broccoli Salad, Fruit Slush, Chilled Diced Pears, Assorted Fruit Juice Milk-Variety	<b>25</b> Beef Tips over Noodles Loaded Baked Potato Turkey Cheese Wrap Roll, Lima Beans, Crinkle Cut Fries, Confetti Coleslaw, Rosey Applesauce, Orange Smiles, Banana Berry Blend Milk-Variety Cookie	<b>26</b> Chicken Quesadilla Stuffed Crust Pizza Chef Salad Southern Green Beans, Carrots & Red Peppers w/Dip, Cheesy Broccoli, Strawberry Slices, Pineapple Tidbits, Banana Berry Blend Milk-Variety	<b>27</b> Boneless Buffalo Hot Wings Loaded Baked Potato BBQ Rib Sandwich Roll, Creamy Coleslaw, Seasoned Potato Wedges, Broccoli Florets w/Dip, Banana, Apples in a Bag, Flavored Raisins Milk-Variety Cookie
<b>30</b> General Tso's Chicken over Rice Beef Steak Burger Chef Salad Garden Salad, Sweet potato Fries, Raw Vegetables w/Dip, Banana Berry Blend, Assorted Fruit Juice, Pineapple Tidbits Milk-Variety Cookie	<b>31</b> Chicken Nuggets Loaded Baked Potato Cheese Pizza Roll, Crinkle Cut Fries, Baby Carrots w/Dip, Fruit Slush, Apple Delicious, Orange Smiles Milk-Variety			