

SUMTER COUNTY HIGH SCHOOL

	October 2nd	October 3rd	October 4th	October 5th	October 6th
Hot Breakfast	Sausage Biscuit Juice Fruit	Egg, Cheese & Sausage Burrito Hashbrown Juice Fruit	French Toast Sticks Juice Fruit	Chicken Biscuit Juice Fruit	Mini Pancakes Sausage Patty Juice Fruit
Cold Breakfast	Bowl of Cereal (Assorted Variety) Banana Apple Juice	Super Donut Holes Fruit Juice	2oz Muffin Fruit Juice Fruit	Bowl of Cereal (Assorted Variety) Yogurt Apple Juice Fruit	Cereal Bar Chex Mix Juice Fruit
	October 9th	October 10th	October 11th	October 12th	October 13th
Hot Breakfast	Scrambled Eggs WG Grits Hashbrown Patty	French Toast Sticks Fruit Juice	Sausage Biscuit Orange Juice Fruit	Chicken Biscuit Orange Juice Fruit	FALL BREAK No School
Cold Breakfast	Bowl of Cereal (Assorted Variety) Banana Apple Juice	Blueberry Loaf Yogurt Smoothie Fruit	Pop Tart Yogurt Apple Juice Fruit	Bowl of Cereal (Assorted Variety) Yogurt Apple Juice Fruit	
	October 16th	October 17th	October 18th	October 19th	October 20th
Hot Breakfast	French Toast Sticks Fruit Juice	Sausage Biscuit Orange Juice Fruit	Dave's Cinnamon Bun Grape Juice Fruit	Chicken Biscuit Orange Juice Fruit	Scrambled Eggs WG Grits Hashbrown Patty
Cold Breakfast	Pop Tart Yogurt Apple Juice Fruit	Chocolate Chip Muffin Top Fruit Juice Fruit	Yogurt Parfait (Yogurt, Fresh Fruit, Granola) Apple Juice	Bowl of Cereal (Assorted Variety) Banana Apple Juice	Blueberry Loaf Yogurt Smoothie Fruit
	October 23rd	October 24th	October 25th	October 26th	October 27th
Hot Breakfast	Sausage Biscuit Juice Fruit	Egg, Cheese & Sausage Burrito Hashbrown Juice Fruit	French Toast Sticks Juice Fruit	Chicken Biscuit Juice Fruit	Mini Pancakes Sausage Patty Juice Fruit
Cold Breakfast	Bowl of Cereal (Assorted Variety) Banana Apple Juice	Super Donut Holes Fruit Juice	2oz Muffin Fruit Juice Fruit	Bowl of Cereal (Assorted Variety) Yogurt Apple Juice Fruit	Yogurt Parfait (Yogurt, Fresh Fruit, Granola) Apple Juice
	October 30th	October 31st			
Hot Breakfast	Scrambled Eggs WG Grits Hashbrown Patty	French Toast Sticks Fruit Juice			
Cold Breakfast	Bowl of Cereal (Assorted Variety) Banana Apple Juice	Blueberry Loaf Yogurt Smoothie Fruit			

Sumter County High School

	Monday	Tuesday	Wednesday	Thursday	Friday
	October 2nd	October 3rd	October 4th	October 5th	October 6th
Entrée #1	Copy Cat KFC Bowl (Chicken Chunks- Mashed Potatoes- Corn- Brown Gravy)	Max Stixs (2) w/ Marinara Cup	Beefy Nachos w/ Queso	Chicken Wings	Corn Dog
Entrée #2	Chicken Tenders	Cheeseburger w/ Lettuce & Tomato	BBQ Sandwich	Regular or Spicy Chicken Sandwich	Uncrustable Sandwich w/ Cheese Stick
Sides	Rockin'ola Diablo Corn Crunch Tater Tots Corn Fruit	Salsa Cup Lettuce & Tomato Potato Wedges Carrots & Broccoli w/ Ranch Fruit	Potato Wedges Baked Beans Broccoli & Carrots w/ranch Fruit	Crinkle Cut Fries Celery & Carrots w/ Ranch Munchies Mix Corn Kettle Crunch Fruit`	Doritos Corn Cucumber Slices w/Ranch
Pizza	Smart Mouth Pizza	Smart Mouth Pizza	Smart Mouth Pizza	Smart Mouth Pizza	Smart Mouth Pizza
Fruit & Veg	Side Salad Fruit	Carrots & Celery w/ Ranch Fruit	Side Salad Fruit	Side Salad Tater Tots Fruit	Potato Wedges Dried Chick Peas Fruit
Salad	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar w/ Baked Potato Bar
Meat Options	Chicken Strips Black Beans Hard Boiled Egg Shredded Cheddar Queso Cheese	Diced Ham Diced Turkey Chickpeas Hard Boiled Egg Shredded Cheddar	Chicken Strips Chickpeas Hard Boiled Egg Shredded Cheddar Queso Cheese	Chicken Salad Diced Ham Hard Boiled Egg Shredded Cheddar	Chili w/ Beans Black Beans Hard Boiled Egg Queso Cheese Shredded Cheddar
Grain, Bean & Starchy Veg	Tortilla Chips Fruit	Bread Stick Crackers Fruit	Tortilla Chips Fruit	Banana Muffin Crackers Fruit	Crackers Doritos Fruit

Sumter County High School

	Monday	Tuesday	Wednesday	Thursday	Friday
	October 9th	October 10th	October 11th	October 12th	October 13th
Entrée #1	Spaghetti w/ Meatsauce	BBQ Chicken	Loaded Tots w/Cheese & Ground Beef, Lettuce, Tomato, Jalepeno, Sour Cream & Salsa	Cheeseburger w/ Lettuce & Tomato Sweet Potato Fries Cucumber Slices w/ranch Fruit	F A L L B R E A K
Entrée #2	Chicken Tenders	Spicy Chicken Sandwich	BBQ Sandwich	Uncrustable PB & J String Cheese Stick	
Sides	Cooked Broccoli Bread Stick Sweet Potato Fries Side Salad Fruit	Crinkle Cut Fries Mac & Cheese Green Beans Celery Sticks w/ Ranch Dinner Roll Fruit	Coleslaw Potato Wedges Baked Beans Fruit	Doritos Potato Wedges Broccoli & Carrots w/ Ranch Fruit	
Pizza	Smart Mouth Pizza	Smart Mouth Pizza	Smart Mouth Pizza	Smart Mouth Pizza	
Fruit & Veg	Side Salad Fruit	Carrots & Celery w/ Ranch Fruit	Side Salad Fruit	Side Salad Tater Tots Fruit	
Salad	Salad Bar	Salad Bar	Salad Bar	Pre-Made Salad w/ Carrot, Cucumber, Tomato	
Meat Opations	Chicken Strips Black Beans Hard Boiled Egg Shredded Cheddar Queso Cheese	Diced Ham Diced Turkey Hard Boiled Egg Shredded Cheddar	Chicken Strips Corn Hard Boiled Egg Shredded Cheddar Queso Cheese	Diced Ham Hard Boiled Egg Shredded Cheddar	
Grain & Fruit	Tortilla Chips Fruit	Sun Chips Muffin (Variety) Fruit	Tortilla Chips Bread Stick Fruit	Muffin (Variety) Club Crackers Fruit	

Sumter County High School

	Monday	Tuesday	Wednesday	Thursday	Friday
	October 16th	October 17th	October 18th	October 19th	October 20th
Entrée #1	Breaded Pork Parmesean Sandwich	2 Taco Tuesday Tacos w/ lettuce & Tomato	Chicken Wings	Cheesy Chicken Quesedilla	Ranchero Taco Pizza
Entrée #2	Turkey Hoagie w/ Lettuce & Tomato	Chicken Tenders	BBQ Sandwich	Cheeseburger w/ Lettuce & Tomato	Regular OR Spicy Chicken Sandwich
Sides	Baked Potato or Crinkle Cut Fries Cooked Broccoli Carrot Sticks w/ Ranch	Corn Celery Sticks Chex Mix	Baked Beans Tater Tots Carrot Sticks w/ Ranch Dinner Roll Munchies Mix	Potato Wedges Cucumber Slices Tortilla chips Salsa	Side Salad Carrot Sticks w/ Ranch Tater Tots Fruit
Pizza	Smart Mouth Pizza	Smart Mouth Pizza	Smart Mouth Pizza	Smart Mouth Pizza	Smart Mouth Pizza
Fruit & Veg	Crinkle Cut Fries Broccoli w/ Ranch	Carrots & Cucumbers w/ Ranch Fruit	Side Salad Tater Tots Fruit	Carrots & Celery w/ Ranch Fruit	Side Salad Dried Chick Peas Fruit
Salad	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Meat Options	Chicken Strips Hard Boiled Egg Shredded Cheese Queso Cheese	Diced Ham Diced Turkey	Chicken Strips Queso Cheese	Beef Vegetable Soup Diced Turkey	Tuna Salad Cheese Cubes
Grain & Fruit	Tortilla Chips w/ Queso Black Beans Corn	Cheese Its Club Crackers Green Peas	Tortilla Chips w/ Queso Black Beans Rockin' Ola Corn Crunch Buffalo Ranch	Corn Muffin Crackers Chickpeas	Apple Loaf Crackers Kernal Corn

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	Monday	Tuesday	Wednesday	Thursday	Friday
	October 23rd	October 24th	October 25th	October 26th	October 27th
Entrée #1	Copy Cat KFC Bowl (Chicken Chunks- Mashed Potatoes- Corn- Brown Gravy)	Beefy Nachos w/ Queso	Max Stix (2) w/ Marinara Cup	Chicken Wings	Corn Dog
Entrée #2	Spicy Chicken Tenders	Unrustable w/ Cheese Stick	BBQ Sandwich	Regular or Spicy Chicken Sandwich	Cheeseburger w/ Lettuce & Tomato
Sides	Rockin'ola Diablo Corn Crunch Tater Tots Corn Fruit	Salsa Cup Lettuce & Tomato Corn Carrots & Broccoli w/ Ranch Fruit	Potato Wedges Baked Beans Broccoli & Carrots w/ranch Fruit	Crinkle Cut Fries Celery & Carrots w/ Ranch Munchies Mix Corn Kettle Crunch Fruit	Doritos Lettuce & Tomato Potato Wedges Cucumber Slices w/Ranch
Pizza	Smart Mouth Pizza	Smart Mouth Pizza	Smart Mouth Pizza	Smart Mouth Pizza	Smart Mouth Pizza
Fruit & Veg	Side Salad Fruit	Carrots & Celery w/ Ranch Fruit	Side Salad Fruit	Side Salad Tater Tots Fruit	Potato Wedges Dried Chick Peas Fruit
Salad	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar w/ Baked Potato Bar
Meat Options	Chicken Strips Black Beans Hard Boiled Egg Shredded Cheddar Queso Cheese	Diced Ham Diced Turkey Chickpeas Hard Boiled Egg Shredded Cheddar	Chicken Strips Chickpeas Hard Boiled Egg Shredded Cheddar Queso Cheese	Chicken Salad Diced Ham Hard Boiled Egg Shredded Cheddar	Chili w/ Beans Black Beans Hard Boiled Egg Queso Cheese Shredded Cheddar
Grain, Bean & Starchy Veg	Tortilla Chips Fruit	Bread Stick Crackers Fruit	Tortilla Chips Fruit	Banana Muffin Crackers Fruit	Crackers Doritos Fruit

Sumter County High School

	Monday	Tuesday	Wednesday	Thursday	Friday
	October 30th	October 31st			
Entrée #1	Cheeseburger w/ Lettuce & Tomato Sweet Potato Fries Cucumber Slices w/ranch Fruit	BBQ Chicken Mac & Cheese Green Beans Celery Sticks w/ Ranch Dinner Roll Fruit			
Entrée #2	Chicken Tenders	Spicy Chicken Sandwich			
Sides	Sunchips w/Salsa Carrot Sticks w/ Ranch Fruit	Crinkle Cut Fries Celery Sticks w/ Ranch Fruit			
Pizza	Smart Mouth Pizza	Smart Mouth Pizza			
Fruit & Veg	Side Salad Fruit	Carrots & Celery w/ Ranch Fruit			
Salad	Salad Bar	Salad Bar			
Meat Opations	Chicken Strips Black Beans Hard Boiled Egg Shredded Cheddar Queso Cheese	Diced Ham Diced Turkey Hard Boiled Egg Shredded Cheddar			
Grain & Fruit	Tortilla Chips Fruit	Sun Chips Muffin (Variety) Fruit			