

**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**


**Offered Daily:**  
 \*Variety of Powerpacks  
 \*Sandwiches


**1**
**2**
**NO SCHOOL**
**3**
**NO SCHOOL**
**Nugs**
**6**

Chicken Nuggets  
 Sweet Potato Fries  
 WW Dinner Roll  
 Sliced Cucumbers

**Taco Tuesday**
**7**

Seasoned Ground Beef  
 on a WG Tortilla  
 Lettuce, Tomato, Shredded Cheese  
 Black Beans & Corn  
 Cherry Tomatoes

**Goulash**
**8**

Macaroni with Meat Sauce  
 Garlic Bread  
 Peas  
 Red Pepper Strips

**Dippers**
**9**

Cheese Filled Breadstick  
 Marinara Sauce  
 Green Beans  
 Mixed Vegetable Cups

**Pizza**
**10**

Cheese, Pepperoni,  
 Assorted Pizza  
 Mixed Vegetables  
 Carrot & Celery Sticks

**Chicken Patty**
**13**

Chicken Patty  
 on WG Bun  
 Waffle Fries  
 Roasted Broccoli  
 Red Pepper Strips

**Quesadilla Day**
**14**

Cheese or Chicken on a WG Tortilla  
 Cheesy Refried Beans  
 Corn  
 Sliced Cucumbers

**Brunch for Lunch**
**15**

Mini Pancakes  
 Sausage Links  
 Hash Browns  
 Honey Carrots  
 NYS Grape Juice

**Mozzarella Sticks**
**16**

Mozzarella Sticks  
 Marinara Sauce  
 Garlic Bread  
 Green Beans  
 Cherry Tomatoes

**Pizza**
**17**

Cheese, Pepperoni,  
 Assorted Pizza  
 Roasted Cauliflower  
 Carrots & Celery Sticks

**Martin Luther King Jr. Day**
**20**
**Loaded Nachos**
**21**

Seasoned Ground Beef  
 Tortilla Chips w/ Nacho Cheese  
 Salsa, Sour Cream, Tomatoes  
 Steamed Corn  
 Baby Carrots

**Popcorn Chicken**
**22**

Popcorn Chicken  
 Smile Fries  
 Green Beans  
 WW Dinner Roll  
 Baby Carrots

**Corn Dogs**
**23**

Corn Dog  
 Sweet Potato Fries  
 Baked Beans  
 Cherry Tomatoes

**Pizza**
**24**

Cheese, Pepperoni,  
 Assorted Pizza  
 Mixed Vegetables  
 Carrot & Celery Sticks

**Chicken Tenders**
**27**

Chicken Tenders  
 w/ Dipping Sauce  
 Seasoned Pasta  
 Peas  
 Sliced Cucumbers

**Cheeseburgers**
**28**

Cheeseburgers on a WW Roll  
 Lettuce, Tomatoes  
 Tater Tots  
 Baked Beans  
 Baby Carrots


**29**
**Subs**
**30**

Turkey or Ham on a  
 WG Sub Rolls  
 Chips  
 Potato Salad  
 Red Pepper Strips

**Pizza**
**31**

Cheese, Pepperoni,  
 Assorted Pizza  
 Roasted Broccoli  
 Carrot & Celery Sticks

**Due to Food Supply Issues, menu may change at any time.**

We have a variety of fruit and vegetables available daily. Milk is included with their meal, but is not mandatory. Students must take 3 components with one being a serving of a fruit or vegetable to receive a free meal. If you have any questions, please call (518) 696-2378 ext. 1117, or email [scheffco@hlcs.org](mailto:scheffco@hlcs.org)