Ventnor K-8
Lunch MENU

November 2026



MAKE IT A MEAL!
Choose at least **3** of **5** meal components for the school lunch price:

Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

Fruit & Veggie Selection
Hot & Cold Vegetable of the Day
Fresh Fruit, Cupped Fruit and 100% Fruit Juice Available Daily
Students may choose two ½ cup servings.

Milk Selection
1% White Milk, Fat Free Chocolate, Fat Free Strawberry

Available Daily
Sunbutter and Jelly Sandwich with Goldfish and a Cheese Stick
½ Cheese Sandwich with Yogurt
Toasted Cheese Sandwich

(V) Vegetarian | (VG) Vegan | (GF) Gluten-Free

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Cheeseburger on a Bun Buffalo chicken Salad Ham & Cheese Hoagie Steamed Broccoli Cucumber Slices	3 Nachos Grande Turkey BLT Salad Turkey & Cheese Hoagie Latin-Inspired Beans Golden Corn	4 French Toast Sticks with Sausage Links Buffalo chicken Salad Ham & Cheese Hoagie Tri-Taters Carrot Sticks	5 School Closed	6 School Closed
9 Chicken Patty on a Bun Buffalo chicken Salad Ham & Cheese Hoagie Steamed Broccoli Romaine Salad	10 Chicken Soft Tacos Turkey BLT Salad Turkey & Cheese Hoagie Latin-Inspired Rice Tomato Salad	11 Italian Dunkers with Marinara Buffalo chicken Salad Ham & Cheese Hoagie Hash Brown Potato Cucumber Slices	12 Hot Ham & Cheese on a Pretzel Bun Chicken Ceasar Salad Turkey & Cheese Hoagie Mashed Potatoes Baby Carrots	13 Cheese Pizza Buffalo chicken Salad Ham & Cheese Hoagie Roasted Zucchini Red Pepper Strips
16 Chicken Nuggets with Breadstick Buffalo chicken Salad Ham & Cheese Hoagie Oven Fries Baby Carrots	17 Walking Taco with Pretzel Stick Turkey BLT Salad Turkey & Cheese Hoagie Green Beans Caesar Salad	18 Cheeseburger Buffalo chicken Salad Ham & Cheese Hoagie Mashed Potatoes Green Pepper Strips	19 Mac & Cheese Chicken Ceasar Salad Turkey & Cheese Hoagie Stewed Tomatoes Corn Salad	20 Pepperoni Pizza Buffalo chicken Salad Ham & Cheese Hoagie Roasted Sweet Potatoes Chickpea Salad
23	24	25	26 **Happy Thanksgiving**	27 School Closed
30 Pasta with Meatballs Buffalo chicken Salad Ham & Cheese Hoagie Steamed Mixed Veggies Cucumber Slices				

Lunch Prices

Student	$3.85
Adult	$5.00

YOUR DINING SERVICES TEAM
Dawn Janelli, Food Service Director
(609) 487-7900 ext. 5070 | Dawn.Janelli@metzcorp.com

Metz
CULINARY MANAGEMENT
ENVIRONMENTAL SERVICES

Ventnor Pre K
Lunch MENU

November 2026



Pre-K Lunch is pre-ordered and served in the classroom as a complete meal. A complete meal includes: Meat/Meat Alternate, Whole Grain, Fruit and 1% White Milk.

A complete meal will be served to each student who orders lunch.

Milk Selection
1% White Milk,

Available Daily
Sunbutter and Jelly Sandwich with Goldfish and a Cheese Stick
½ Cheese Sandwich with Yogurt
Toasted Cheese Sandwich

(V) Vegetarian | (VG) Vegan | (GF) Gluten-Free

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Cheeseburger on a Bun Steamed Broccoli Fresh or Cupped Fruit 1% White Milk	3 Nachos Grande Golden Corn Fres or Cupped Fruit 1% White Milk	4 French Toast Sticks with Sausage Links Tri-Taters Fresh or Cupped Fruit 1% White Milk	5 School Closed	6 School Closed
9 Chicken Patty on a Bun Romaine Salad Fresh or Cupped Fruit 1% White Milk	10 Chicken Soft Tacos Latin-Inspired Rice Fresh or Cupped Fruit 1% White Milk	11 Italian Dunkers with Marinara Cucumber Slices Fresh or Cupped Fruit 1% White Milk	12 Hot Ham & Cheese on a Pretzel Bun Mashed Potatoes Fresh or Cupped Fruit 1% White Milk	13 Cheese Pizza Roasted Zucchini Fresh or Cupped Fruit 1% White Milk
16 Chicken Nuggets Oven Fries Fresh or Cupped Fruit 1% White Milk	17 Walking Taco with Pretzel Stick Green Beans Fresh or Cupped Fruit 1% White Milk	18 Cheeseburger Mashed Potatoes Fresh or Cupped Fruit 1% White Milk	19 Mac & Cheese Stewed Tomatoes Fresh or Cupped Fruit 1% White Milk	20 Pepperoni Pizza Roasted Sweet Potatoes Fresh or Cupped Fruit 1% White Milk
23	24	25	26 **Happy Thanksgiving**	27 School Closed
30 Pasta with Meatballs Buffalo chicken Salad Ham & Cheese Hoagie Steamed Mixed Veggies Cucumber Slices				

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