

A.D.A.P.T.

ALVORD DAWGS ATHLETIC PERFORMANCE TRAINING

SUMMER 2024

Camp Coordinators: Alvord Coaching Staff

Age Groups: All Alvord boy & girl athletes entering 7th-12th grades this Fall (2024)

Training Dates: June 3rd - June 21st & July 8th - July 19th (MON-THU) ***No Training June 24-July 5***

Training Session Times: 9AM - 10:30AM

Cost: FREE!

Location: Alvord High School Weight Room & Football Field/Track

Name: _____

Fall '24 Grade: _____

Address: _____

City: _____ Zip: _____

Phone: (____) _____ - _____

By signing below, parents agree to the following: I hereby agree to allow my child to attend the Alvord Athletic Performance Training Camp. This authorization shall waive, release, and absolve the camp staff and employees from any liability for all injuries and/or illnesses occurred at camp. The Alvord Athletic Performance Training camp is not responsible for any items lost at the camp. I give permission for the staff to act for me in their best judgment in an emergency concerning my child. I also certify that the above mentioned participant does not have any physical problems which would impede him/her from participating in the clinic activities.

Parent/Guardian Signature: _____

CHANGE YOUR BEST